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The Upland News

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THE FIR CHOP — Upland Mayor George Gibson makes the first symbolic chop on Mountain Avenue utility poles which are being removed as the final step of a beautification project. Back-up support is offered by Southern California Edison Company Operations Manager Lloyd Smith (left), Upland City Manager Lee Travers, and

Edison area Manager Randy Bond. Twenty-four poles will be removed with wires being placed underground in the project which will cost Edison Company \$200,000 when complete. Other companies involved in the undergrounding project include General Telephone and Theta Cable TV. (Photo by Lynne Locke)

Council oks residence facility for seniors

By Lynne Locke

Upland City Council Monday night approved establishment of a senior citizens residence facility at the northwest corner of Euclid Avenue and Ninth Street.

The council voted approval after hearing support for the project from neighboring residents who had opposed a home for "problem" girls proposed for the same site and had opposed a mentally retarded facility which was operated for several years at that address.

At the urging of neighboring residents the council decided to limit the senior citizen home conditional use permit to exclude mentally retarded delinquent and alcoholic people.

The facility will provide room and board, but not nursing care, for a maximum of 26 senior citizens in contrast to the 12-16 teenage girls under the previous proposal.

Council members questioned whether the facility was large enough for the number of proposed residents and indicated concerns about the safety of the building in case of fire.

The limit of 26 residents is based on the number of bedrooms available and the amount of income that would be necessary for the business to be economically sound, according to Bill Davis, who represented operator Gwendolyn Chap.

Although the facility will not be licensed by the state Department of Health, kitchen facilities must be approved by the county Health Department and safety features such as doorways and stairs must be approved by the Upland Fire and Building departments.

The council also approved construction of a racquetball facility southeast of Foothill Boulevard and Mountain Avenue with the condition that City Engineer Fred Blanchard work out access roads to Mountain Avenue and Foothill Boulevard to minimize traffic disturbance.

The facility will not have traffic access from Golden Rain Street in order to limit the effect on the adjacent residential neighborhood.

In personnel matters Monday night the council approved the appointment of acting Police Chief Coy Estes to succeed John A. Westley when he retires Aug. 1.

The council also approved the appointment of Gene "Bill" Young as planning director to replace Rod

Anderson who will coordinate the city's federally funded programs.

Young was associate planner in Anaheim where he coordinated housing and community development projects. The appointment is effective Aug. 1.

Upland's first woman police officer was approved by the council Monday night. Sandra Shuster was named to probationary status as a police officer, effective Aug. 1.

The council confirmed Mayor George Gibson's appointments of Jerry Morris and Donald Brownell to their second four-year terms on the Planning Commission.

The council also confirmed Gibson's appointment of John Zinda to fill a vacancy on the commission created by the resignation of Leo Leal. Hal Bailin opposed Zinda's appointment citing his connections with a limited development group, Citizens for Quality Living.

Bailin, who exchanged words with group representatives on several occasions, said he did not personally oppose Zinda, but added, "I do not think this group has shown the degree of responsibility necessary" to function "impartially and fairly" on the Planning Commission.

Gibson noted Zinda's continuing interest and involvement in city planning and commented, "I look

forward to additional balance on the commission as a result of the appointment."

Zinda was a strong supporter of Gibson in the March mayoral election against former Mayor Abner Haldeman and has consistently requested the city to require larger lot sizes in the northwest section of Upland.

Council members agreed to request appointment of City Manager Lee Travers to fill a vacancy on the board of directors of the San Antonio Water Co.

Bailin informed council members of the formation of a citizens advisory board to a regional committee which administers the requirements of the clean water act and invited members to nominate citizens to represent Upland on the advisory board. Councilwoman Ina Petokas represents the city on the official board.

In other recent actions the council:

— Awarded Amick Construction Co. of Ontario a \$51,344 contract to construct water mains and related work on 16th Street between Central and Benson avenues.

— Approved annexation of a total of 60 acres between Wilson and Benson avenues north of 16th Street.

Help for disadvantaged youths

County offers summer jobs

Economically disadvantaged young people, 18-21 years old, can qualify for one of 2,400 summer jobs available through the County Schools Occupational Services Division.

Funds for the program have been made available through Comprehensive Employment and Training Act (CETA) Title I grants from the Inland Manpower Association.

To qualify for the "Summer Youth Program," young adults must meet disadvantage criteria, which is based on family income. For exam-

ple, a young person from a family of four would be eligible if the family's income did not exceed \$5,500 per year.

Young people in the West End, who feel their family income qualifies them, should apply in person at the West End Multi-Service Center, 200 S. Euclid Ave., Ontario.

Mable Harris, program director, said "By adding the Summer Youth Program to the division's services, we will be able to provide work experience for a segment of the coun-

ty's population that has traditionally found employment difficult to find."

The 2,400 jobs are located in many public and private non-profit corporations throughout the county. Jobs provide up to 26 hours per week for nine weeks. Interested young people should apply for the summer jobs as soon as possible as all placements will be made on a first-come basis.

The Occupational Services Division has relocated in the Employment Development Department, 1148 W. Second Ave., San Bernardino. Among the many services offered to CETA enrollees are transportation assistance, qualification services, job development, placement services and work experience. For information on the program call (805) 383-3541.

Uplander leaves today on 9,000-mile bike trip

Uplander David Harwich is leaving today to start a 9,000-mile bicycle trip expected to last more than three months.

Harwich, who has been a bicycle rider since the age of 4, plans to ride alone from Portland, Oregon to Washington, D.C., New York and Massachusetts.

Why would person ride off alone to the East Coast for three months? "Well, it's the Bicentennial year, and I love to ride bikes," Harwich said.

He took a similar bicycle trip in British Columbia and Washington state two years ago, but that trip was a disappointment because he "didn't do an great riding."

Plans include averaging 100 miles per day or more with most of the sight seeing postponed until he

reaches the East Coast.

Then Harwich plans to see historic sights in Washington D.C. and New York. A highlight of the trip will be visits to four Massachusetts towns named "Harwich."

Harwich commented his last name is unusual and said he hopes to find out where the town names came from. He also plans to visit some friends in Boston he hasn't seen for 15 years.

The trip starts today with a plane flight to Portland which is the gateway to the best cross country bicycle route, according to Harwich.

When he returns to Upland in November, Harwich will have covered more than 9,000 miles and seen a lot of the northern United States from the ground up.

Upland family involved in twilight camp

Girl Scouts study the five senses

By Lynne Locke

West End Brownie and Junior Scouts and their families will attend a "Five Sense Affair" tonight to conclude activities at Pepper Grove day camp.

But four members of one Upland family have been involved in the entire six-day twilight camp which followed the theme: learning about

the five senses of seeing, hearing, tasting, smelling and touching.

Kristen Hartmetz of Upland Junior Troop 1177 participated in group singing, crafts projects and hiking, while her older sisters Karen and Karyl served as camp aides and her mother Evelyn worked as a group leader.

The four were among more than

80 scouts, adults and aides who participated in games, arts, crafts and meal preparation highlighting the study of the five senses, according to codirector Coralynn Geiger of Cucamonga.

Tonight's family event will allow day campers and families to test their own senses as they view exhibits prepared by each group of campers.

One craft group made brightly colored "Eyes of God" to emphasize the sense of seeing. Another used pie tins and beverage can pop tops to make noisy tambourines for the sense of hearing.

Other activities included sensing the park through sight, hearing, touch and smell. Girls became acquainted not only with the natural qualities of the park but also the human qualities when they made posters and puppets after a trash clean up, which included such "finds" as straws and pop tops.

A tasting experience was based on "surprise soup," a dish which turns out different every time. Each girl contributes a can of soup for the "surprise" taste which depends on the combination of soups.

"Surprise soup" is a favorite with many girls, but the adults aren't always as enthusiastic about the taste, according to Mrs. Geiger.

Mealtime is "primarily a fun-type activity" with the girls planning and preparing the menu, she said and noted meals have included chicken burritos, pigs-in-a-blanket, and fresh ice cream, which is a favorite.

Both scouts and leaders learn from the day camp, according to Mrs. Geiger, who noted scouts remember to include salt after leaving it out once and leaders learn that cooking over a charcoal fire takes longer than cooking at home.

Scouts also practice basic camp skills, work to fulfill badge requirements, and join in songfests and games.

A special advantage of the six-day

camp is meeting new people, she said. Scouts, who come with a "buddy or two," have friends from throughout the West End by the end of the camp period.

For some of the youngest girls day camp is their first experience with scouting. Mrs. Geiger said and noted group activities such as loud singing "bring out" even the shyest Brownies. Day camps are also open to non-scouts.

Day camp provides especially valuable learning for new leaders who receive the equivalent of a year's experience in six days, she said.

The leaders receive "a little bit of training and a lot of encouragement," according to Mrs. Geiger, who said the day camp program is flexible enough to allow leaders to plan activities they are comfortable leading and the girls enjoy doing.

She said the hardest job in camp is working with the mascot unit composed of younger children of the leaders. Mascot leaders are charged with entertaining, watching and teaching a group which ranges in age from 18 months to 6 years.

Mrs. Geiger has been assisted by codirector Bunny Janitell of Cucamonga; Shirley Blackburn of Upland, business and health; Lorraine Wamsley of Cucamonga, shopper and group leader; Nancy Bailey of Alta Loma, supplies and group leader; and Gregg Corn, staff supervisor.

Other leaders include Diane Belton and Janice Wold of Montclair; Linda Dyson, Lynnette Bragg and Marlene Sadler of Ontario; Susan Black of Alta Loma; and Evelyn Hartmetz of Upland.

Teenage aides are Robin Keller, Karen Hartmetz, Linda Greenwalt, Heidi Keller, Liz Maciel, Hope Smith, Kathy Blackburn, Debbie Greenwalt and Karyl Hartmetz, all of Upland.



DAY CAMP DINNER — Aide Linda Greenwald (left) of Upland Cadette troop 1159 shows Tracie Tuley of Montclair Brownie troop 1117 how to work with a charcoal fire at Pepper Grove twilight day camp. The six-day event at Upland's Memorial Park included singing, hiking, games, crafts, and outdoor skills highlighting the camp's theme: learning about the five senses of seeing, hearing, smelling, tasting, and touching. Day campers made friends from all over the West End. (Photo by Lynne Locke)

News Briefs

Planning Commission to meet

Upland Planning Commission will meet 7:30 p.m. tonight in the City Council Chambers to consider 11 amendments to Upland's General Plan, a zoning amendment which would raise and add fees for development, four zone changes and a conditional use permit for a restaurant and office building.

Artsale

Chaffey Communities Cultural Center will sponsor a sale of original prints 10 a.m. - 8 p.m. Friday at the museum, 525 W. 18th St., Upland. The Ferdinand Koten Galleries is offering contemporary and traditional prints ranging in price from \$10 - \$100. Ten per cent of the proceeds will benefit the Cultural Center.

Track club tryouts

The Quad Cities Cobras Girls Track Club, which includes Upland, will hold tryouts 5 p.m. tonight and Friday at Montclair High School for the 1976 cross-country season. Age divisions are 9 years and younger through 19 years and older. Girls unable to attend tryouts can arrange another time by calling 626-8054.

Football practice

Upland High School and Chaffey College football players are among athletes from eight local high schools and six colleges participating in night practice at Chaffey College through Aug. 5. High school athletes compete 6-8 p.m. Tuesdays and Thursdays with college players — including athletes from the University of Southern California — playing 6-8 p.m. Mondays and Wednesdays.

Moffet leads group

Mt. Baldy Aquatics AAU squad attended a recent A-B-C meet sponsored by the Glendora Swim Club at Citrus College.

John Moffet (age 11) continued his rapid rise in class A competition as he was clocked within the prestigious "Q" times for a first place in the 100-yard individual medley (1:03.9); plus seconds in the 100 free (37.0), 50 back and breast (32.0, 33.0).

The young Claremonter finished his program of events with a fourth place "Q" 2:09.6 in the 200 free.

Steven Weck (8) of Upland swam six events for the locals in A competition and scored in each.

Weck swam personal best times as he captured the gold in the 50 back (40.5) and the bronze in the 100 free (1:16.0). He went on to a first place 43.5 in the 50 breast, second 1:26.7 in the 100 IM and fourth and fifth in the 50 free and fly (35.4, 44.3).

Leila Fernandes (15) swam to a new AAA rating in the A 100 breast as she was clocked in a fast 1:17, good for second. The Upland lass added with a first place AA-rated 27.5 in the B 50 free for another personal best.

Swimming all six A events, Jennifer Weck (10) also scored in her complete program. Her 37.0 was good for gold in the 50 back, 38.5 for fourth in the 50 fly and 1:21 and 31.8 for fifths in the 100 IM and 50 free — the latter for a new AAA rank.

Miss Weck completed with sixths in the 50 breast (43.6) and 100 free (1:12.2).

Competing in only her second AAU meet, Gina Gomez (14) copped a first in the C 50 breast and moved into B class with a second place 30.1 in the 50 free.

Chris Ryan (10) swam into class A with a 33.0 in the B 50 free for the red ribbon. Hailing from Upland, Miss Ryan also earned fourth, fifth and sixth place awards in the B 100 IM (1:28.8), A 50 fly (39.4) and B 100 free (1:16.1).

Claremonter Chris Morandi, 13, clocked personal best times as she finished third with a AAA 1:19.1 in the A 100 breast and fourth with 37.5 in the C 50 back.

Gary Troyer of Pomona College has taken over the reins of Mt. Baldy Aquatics, replacing Tom Grall, formerly of CMC.

Troyer is assisted by Bruce Trahern and Yoel Kende and welcomes new members to the team, both AAU and novice. For workout and team information, contact Troyer at Pomona College, extension 2206, or Dolores Weck at (952-3430).

County plans map seminar

San Bernardino County Public Works Agency will sponsor a public seminar on subdivision map processing 9 a.m. - 4 p.m. Aug. 12 at the San Bernardino County Museum, Redlands.

For information and reservations call the County Surveyor's Office, 383-1036.

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MISS CONGENIALITY — Sue Anne Stewart of Upland was named Miss Congeniality by 5-9 year old participants in the National Little Miss Pageant. The 7-year-old student at Baldy View School will represent California until a new Little Miss is selected next year. She presented a key to the city of Upland and a scroll from the chamber of commerce to officials of the host city, Roanoke, Virginia, and gave other participants balloons from Disneyland, wooden

nickels from Knott's Berry Farm, Sunkist Products pens, and Sun-maid raisins. In return she received a macrame bracelet with a rattle snake vertebra, pine seeds from Idaho, and a National Little Miss tee-shirt. Sue Anne, daughter of Mr. and Mrs. Robert Stewart, competed wearing costumes and party dresses created by her grandmother, Mrs. Frank Walbaum of Upland. Courtney Tennant of Alta Loma represented California in last year's pageant.

Fair sets registration

The 1976 Farmers Fair of Riverside County is accepting entry registrations for feature exhibit booths, photographic print and color slide shows, model

show, table arrangements, fine arts; and flower arrangements. The fair will run Aug. 17-21 at Hemet.

For information and entry forms write to

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By Department of Motor Vehicles

Nine named to panel

Nine local residents have been appointed to the Department of Motor Vehicles "Backseat Driver" public panel in the Upland office, Manager Frank Smith announced today.

The Upland office serves the communities of Upland, Ontario, Cucamonga, Etiwanda, Claremont, Montclair, Guasti, Mt. Baldy and parts of Chino.

The newly appointed members are: Debbie Baxter, Anthony Bruce, Stan Collins, Lonita Davis, Henry Duran, Carl La Rue, Jeffrey Smith, Paul Soltis and Art Valadez.

Debbie Baxter is a waitress, a member of the Desert Daisy's Motorcycle Club and lives in Upland. Anthony Bruce is a student, is active in Chino High Band Boosters and lives in Ontario. Stan Collins is retired, active in church and civic affairs and lives in Upland. Lonita Davis, a student, is active in Job's Daughters and Demolay. She lives in Chino. Henry Duran, a warehouse supervisor for Claremont Unified School District, is active in numerous organizations and civic affairs. He lives in Upland. Carl La Rue is an insurance claims representative and lives in Ontario. Jeffrey Smith is a locomotive engineer, is chairman of the local Brotherhood of Engineers Union and lives in Upland. Paul Soltis, an insurance agent and former member of the Traffic Safety Commission in his home state of Ohio, lives in Ontario. Art Valadez, a retired grocery store owner, is involved in Little League Baseball and lives in Upland.

The public panel meets monthly to assist the state department in its service, safety, and consumer-protection responsibilities.

Sorority council installs leaders

Janet Scinto of Rho Chi has been installed as president of the Foothill Area Council, Beta Sigma Phi.

Betty Hopkins, retiring president, was installing officer for the ceremony depicting the 1976-77 theme of "Follow the Rainbow Road."

Others invested were: Margaret Thomsen of Beta Alpha Theta, vice president; Carolyn Malson of Xi Gamma Kappa, recording secretary; Sharon Pierce of Beta Alpha Theta, corresponding secretary; Ann Gleichner of Xi Theta Gamma, treasurer; Cindy Harrison of Beta Alpha Theta, civil awareness; and Dorothy De Silva, sponsor. Mrs. Hopkins will serve as parliamentarian.

For the program, a talk was given by a physician from the Brian Wesley Ray Center for Cystic Fibrosis. He told about the changes being planned for the center which is the major philanthropic project of Beta Sigma Phi. The Foothill Area Council and the other chapters donated \$785 to the physician to help with the center.

Committee chairmen named were: Phoebe Richards of Preceptor Upsilon and Theresa Vaughn of Xi Gamma Kappa, ways and means co-chairmen; Irene Rodriguez of Gamma Alpha Iota and Sue Cobb of Si Gamma Kappa, social co-chairmen; Sharrice Tuncay of Rho Chi, directory chairman; Joan Piesik and Edna Virene of Xi Gamma Kappa, scrapbook co-chairmen; Sharon Pierce of Beta Alpha Theta, Chapter Chatter editor; Mrs. Richards, cystic fibrosis board member; and Carolyn Surface of Epsilon Beta, press chairman.

The Foothill Area Council is a coordinating board made up of members of the nine local chapters of Beta Sigma Phi.

Perform a death-defying act. Stop smoking.

Give Heart Fund American Heart Association

Formation of the panel is part of a statewide program announced last month by DMV Director Hermanias to involve the public in government "by providing forum through which local residents can convey the community's concerns to the department."

The citizens group will provide input into departmental policies and programs at both the local and state levels. While the panelists will receive no remuneration for their services, Smith said that it is expected they will achieve satisfaction for playing a role in making the bureaucracy more responsive to their community.

Also serving as DMV resource personnel to the panel will be investigator Bill Montello of Upland, with expertise in consumer protection, and Driver Improvement Analyst Bob Lewis of West Covina, who works in the department's traffic safety program.

Retiring police chief honored

A dinner in honor of retiring Upland Police Chief John A. Wesely will be held July 30.

The dinner, which is open to the public, is scheduled for 7 p.m. at the Elks Lodge, 1180 W. Fourth St., Ontario. Wesely will retire officially as of Aug. 1, after 30 years with the Upland Police Department, more than 18 years of them as its chief. Coy D. Estes has been designated as his successor.

A charge per person will be levied for the dinner. It will include a gift, tax and tip.

Reservations for the dinner must be made by July 25. Further information may be obtained by calling the Upland Police Department at 952-1331.

Scholarship fund set

A scholarship fund at Chaffey College has an established in memory of Kent Dugan, a one-time Alta Loma High School varsity basketball captain who died in an auto accident Friday night.

Friends who plan to make contributions should address their letters to Chaffey College Memorial Fund care of Jenny Dannelley, Scholarship and Loan Office, 5685 Haven Ave., Alta Loma, 91701.

Donors who would like to be acknowledged are advised to include their names on the note in the envelope in which the contribution is enclosed, if the name is not already listed on the check.

Mr. Dugan, 24, was killed Friday night as he was trying to push his girl friend's disabled car off U.S. Highway 101 west of Santa Barbara. Another car struck him and fled. The driver is still at large.

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Health News...

The Ladies Are Leading the Headache League

By Dr. Wes Helzer, D.C.

Recently the magazine section of a Sunday paper included an item stating that women are more frequent victims of headache than men.

Quite frankly, I agree. It's certainly our experience that feminine headaches are more common than their male counterparts. And, when you examine the causes of headache, one can readily understand why.

First of all, 70% of all headaches involve irritation of the nerves in the neck or muscles in the neck.

Take the typical housewife in her daily chores. In her housework — cooking, washing dishes, sewing, cleaning, scrubbing — she is constantly bending forward, stooping, stretching, etc., thus straining the neck and developing a neck posture that irritates nerves. These numerous daily chores actually cause displacement of vertebrae in

the neck. And our clinical history shows that such displacements are the outstanding cause of headaches.

Incidentally, many women sleep on their abdomen and this, too, as surprising as it sounds, can contribute to frequent headaches. In this position the head must be turned to one side to breathe, changing the contour of the neck several hours a day and eventually causing a misalignment of vertebrae.

It goes without saying that the Doctor of Chiropractic is thought to be best equipped to deal with vertebrae displacement and its corresponding nerve irritation and muscle tension.

This is a competitive world. However, I'm sure headache is not something in which the ladies wish to excel. As a matter of fact, I would think they would try to reduce their advantage by immediate and effective treatment.

(Note: Dr. Helzer maintains chiropractic offices at 108 East "H" Street, Ontario, telephone 983-1711. (C)ABS 1976

Early history of SB County towns told in special study

The early struggles of San Bernardino County towns is indicated in an unusual research effort completed as the result of a special study by Treasure Index, a New York fact finding publication. The result gives a graphic picture of the towns that pioneered their way through the 1800's. Towns established in the 1900's are not included in the survey.

The study shows that 80 towns were established in the 1800's and 58.7% couldn't cope with the demands of progress. Twenty-five of the original total are still functioning fully. Eight experienced difficulties, lost public and commer-

cial facilities, populations ebbed and post offices suspended. Despite the loss of momentum these towns bravely continued to function.

The remaining 47 towns ran into real trouble and began to drop by the wayside. They are no longer to be found on recent maps and are now ghostly shells of their historic pasts. At least 26 of these are considered completely abandoned and unpopulated. It is interesting to note that more than 50 new towns, fully functioning, have been established in the 1900s.

"The San Bernardino County Report" (\$2) names the fully func-

tioning towns, the partially functioning towns, the ghost towns and the abandoned towns, all established in the 1800's. Other California county Reports completed include Riverside, Imperial, San Diego, Fresno, Kern, Tulare, Shasta, Siskiyou and dozens more in the state plus additional hundreds in other states.

A comprehensive guide of ghost town and abandoned town county maps for nearly 30 states is available free if the request is accompanied by a stamped, self-addressed envelope. Requests should be sent to: Treasure Index, Box 101, Bronx, N.Y. 10468.

Sewage, water tax rates cut

A 31 per cent sewer tax rate reduction is being planned by the Cucamonga County Water District (CCWD) for fiscal year 1976-77.

The district board anticipates lowering the sewer tax from 13 cents per \$100 assessed valuation to nine cents. This is the largest single tax reduction since the formation of the sewer improvement district in 1963, according to Lloyd Michael, general manager for the district.

The general tax rate for the entire water district for bond debt service will be lowered from 31 cents to 27 cents, an additional 13 per cent.

The final budget for the district will not be approved until August. At that time the new rates are to be put into effect.

The reduction is based on a 15 per cent increase in the assessed valuation for the district.

Michael said the district's current water service rates are lower than any of the surrounding communities and expects them to remain the

same for next year.

The reason the district can keep cutting its tax rate, Michael said, is because the taxes only pay off bond principal and indebtedness.

"We don't use any tax money for our general operations or capital improvements," Michael pointed out.

In the fiscal year 1957-58, the water tax rate was 83 cents per \$100 assessed valuation. A steady downward spiral has been the pattern for the district. The same has been true of the sewer tax rate, which is listed as a separate tax.

Proud of his district's achievement, Michael said the public should be aware "that some of us are fighting the inflation battle."

The district is not obligated under law to lower its tax rate at all, yet it voluntarily does so each year, he said.

"We are one of the few public agencies that has lowered its taxes," Michael said.

District will attorney talk

"Don't Give Away Your Rights" will be Josephine M. Gottuso's warning to those attending a summer conference and board meeting of the San Bernardino District 21, California Federation of Women's Clubs (CFWC).

She is scheduled to speak July 23 at the San Bernardino County Museum in Redlands.

Mrs. Claude La Baw of Fontana, district president, notes the summer conference will begin at 8:30 a.m. with a coffee hour. The meeting will be called to order at 9:30 and is expected to adjourn at 2:45 p.m. Members of the Highland Mentone clubs are hostesses.

Agenda items include a resume of executive minutes, a treasurer's report, state convention and state board meeting report and a report by Mrs. Charles Lybarger, president of the juniors in the district. A proposed budget also will be voted upon and standing rules discussed.



MEXICAN FLAG — A flag of Mexico was presented recently for use on one of the flagpoles in a permanent Bicentennial display in the Upland Civic Center plaza. From left are John Shoemaker, community relations coordinator and president of the Upland Sister City Association;

Rep. Jim Lloyd, (D-35); Mrs. Herberto Hinojosa; State Senator Ruben Ayala, (D-32); and Prof. Herberto Hinojosa, principal of Escuela Numero Seis (School No. 6) in Caborca, Mexico, one of Upland's sister cities.



READ TO ME — Six-year-old Kristine Ann Brown and her grandmother Mrs. Harold W. Kime enjoy reading "Guess What Grasses Do" at Upland Public Library. Kristine is one of 222 children in the summer Read-to-Me club. Another 603 elementary school-aged children

are participating in the "Hats Off to America" reading game. Children can register for the free reading games during July and August. The games will end with a program featuring the Reide Puppeteers Aug. 26.

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Dinner	\$2.62	COUPON HAMBURGER BUY 2 GET ONE FREE With this coupon	
First Cup of Coffee FREE with any meal			
FRIED CHICKEN			
21 Pieces	\$6.50		

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OPEN For Lunch 11:30 to 2:00 Tues. thru Fri.
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982-2070
Serving the community since 1950
8271 Foothill Blvd., Cucamonga
Your Host Bob Jong

MAKE EVERY KILOWATT COUNT.

Edison has over 80 conservation tips. Here are a few.

REDUCE YOUR COST OF COOLING.

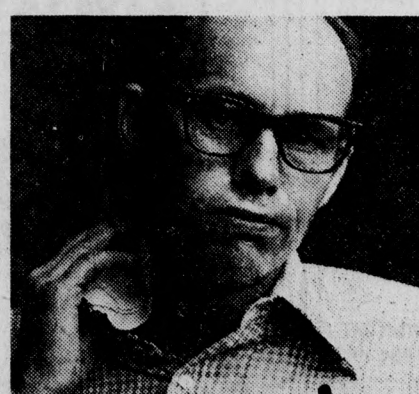
Here are 6 ways to do it.

1. Keep temperature at 78° or higher.

The less difference there is between inside and outside temperatures, the lower the air conditioning cost. If you have a room air conditioner, use a thermometer to see that the room temperature drops no lower than 78°. Remember: air conditioning is not to make you cold—just comfortable.

2. Insulate your attic. If your attic isn't properly insulated, you could be using too much energy for air conditioning. (Too much energy to heat your home, too.) For information, see your local insulation contractor.

3. Air condition only rooms in use. If you have a room unit, keep all doors closed to the room you're cooling. When the children (or family pet) go outside, don't forget to close the door. Keep the windows closed, too. And draw your draperies and blinds. Outside awnings or other sun screens will also reduce your cooling needs.



4. Consider an automatic timer. Timer attachments are available that will turn off your room air conditioner when you are away from home and turn it on before you return.

5. Keep equipment clean. Clean accessible parts, but be careful not to damage them. Check filters every month and clean or replace as needed.

6. Investigate an energy-saving unit. If you're in the market for a room air conditioner, compare the Energy Efficiency Ratio rating. The higher the efficiency, the more cooling you get from the electricity you use.

Free conservation booklet. For more of Edison's ways to conserve energy, write for our free booklet, "Conservation," Edison, P.O. Box 800, Rosemead, CA 91770.

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• SACRAMENTO |

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West End Weddings

McKee-Foody

The Northern Nevada Children's Home in Carson City, Nevada, was the setting for the marriage of Kathleen Susan McKee of Chula Vista, California, and John Thomas Foody of Carson City, Nevada, on June 16.

The bride, daughter of Mr. and Mrs. W.L. McKee of Chula Vista, attended the University of California at San Diego. She is associated with the Children's Home of the State of Nevada.

The son of Mr. and Mrs. Thomas Foody of Upland, the bridegroom graduated in 1964 from Upland High School, and in 1966 from Chaffey College. He attended San Diego State, and is employed by the Children's Home of the State of Nevada.

Fehlman-Doster

Newly married Mr. and Mrs. Richard Doster have established a home at 1550 W. 8th St., Upland, following their marriage on June 19 at the Church of the Nazarene in Upland.

The bride is the former Melinda Fehlman, daughter of Mr. and Mrs. Maurice (Bud) Fehlman of 1312 Stanford Ave., Upland.

The bridegroom is the son of Mrs. Kathryn Mann of Apple Valley.

The couple left a reception at the Ontario Elks Lodge for a wedding trip to Tahoe. The bride is a 1974 graduate of Chaffey College, and is the floor manager at Expressway Fabrics in Claremont.

A 1969 graduate of Montclair High School, the bridegroom is employed by Gregg Electric in Ontario. He served in the United States Navy for two years.

Burington-Vandenberg

St. George Catholic Church in Ontario was the setting for the marriage of Mary-Ellen Burington and Richard K. Vandenberg on June 12.

The bride, daughter of Mr. and Mrs. M.O. Burington of 704 West B St., Ontario, graduated from Chaffey College in 1972.

She is now appearing with the Ice Vanities on the Donny and Marie Osmond television Show. She is a skating instructor at the Ontario Ice Bowl.

The son of Mr. and Mrs. Milo B. Vandenberg of 1560 Carnation Way, Upland, the bridegroom graduated in 1969 from Upland High School. He is employed by the Riverside County School District, and is a skating instructor at the Ontario Ice Bowl.

Bastock-Carroll

Katherine Diana Bastock of Sunnyvale and Thomas Arthur Carroll of Sacramento were married in June in San Secondo D'Asti Catholic Church in Guasti.

United in the afternoon ceremony were the daughter of Noah B. Bastock of Salado, Ark., formerly of Ontario, and the late Mildred H. Bastock, and the son of Mr. and Mrs. Peter Carroll of Sacramento.

The bride graduated in 1971 from Alta Loma High School and is a majoring in business at De Anza Junior College in Cupertino.

The bridegroom is majoring in commercial art at the Art Academy of San Francisco.

Gould-Clevenger

Marsha Gould of Ontario and Coy Clevenger II of Alta Loma were married in June in the Chapel in the Wildwood in Upland.

United in the evening, double-ring ceremony were the daughter of Thomas Gould of Ontario and the son of Ruth Clevenger of Ontario and Coy Clevenger of Chino.

The bride graduated in 1971 from Chaffey High School and is a 1973 graduate of Chaffey College.

The bridegroom, a 1972 graduate of Ontario High School, is employed by Sunkist, Ontario.

Bolduan-Scott

Bonnie Lee Bolduan and Kendall Gregory Scott, both of Upland, were married at noon on June 26 in the Cathedral of the Foothills (First United Methodist Church) in Upland.

The double-ring ceremony united the daughter of Mr. and Mrs. Robert E. Bolduan of 946 Golden Rain St., Upland, and the son of Dr. and Mrs. Gordon W. Scott of 1646 N. Laurel Ave., Upland.

The bride is a graduate of Upland High School and La Verne College. She is a reading specialist with the Upland School District.

The bridegroom is a graduate of Upland High School and the University of Redlands. He is attending USC Medical School.

Craigmyle-Grimley

St. Peter and St. Paul Catholic Church in Alta Loma was the setting of the June 19 marriage of Victoria Ann Craigmyle of Alta Loma and Alan Erp Grimley of Alta Loma.

The bride is the daughter of Mr. and Mrs. John A. Craigmyle of 8979 Camellia Court, Alta Loma. She graduated in 1976 from Chaffey College and is a dental assistant in San Luis Obispo.

The son of Mr. and Mrs. Alan Grimley of Alta Loma, the bridegroom graduated in 1973 from Alta Loma High School. He is attending Cal Poly State University, San Luis Obispo, majoring in natural resource management.

Nytes-Borba

St. Margaret-Mary Catholic Church in Chino was the setting for the June 5 marriage of Nancy Nytes of Chino and Steve Borba of Upland.

The bride, daughter of Mr. and Mrs. Cyril Nytes of Hesperia, attended the Chino schools.

The son of Mr. and Mrs. John Borba of Upland, the bridegroom graduated in 1973 from Damien High School in La Verne. He is in partnership with family members at Dairy Farming in Chino.

Sanchez-Rogers

Karen Sanchez and Dennis Rogers, both of Ontario, were married in June in the Church of the Nazarene in Ontario.

United in the late afternoon, formal ceremony were the daughter of Mr. and Mrs. Charles E. Sanchez of 1279 Benson Ave., Ontario, and the son of Mrs. Irene Winsbury of Gold Hill, Ore.

The bride graduated in 1974 from Ontario High School and is attending California State University, Fullerton. She is a waitress at Farrell's in Montclair.

The bridegroom, a 1974 graduate of Upland High School, is a fireman at Norton Air Force Base and is employed by Mercy Ambulance in Fontana.

Morrison-Vogt

Newly married Gloria Jane Morrison and James Robert Vogt have established a home in Ontario following their marriage June 5 in the Claremont Presbyterian Church.

The bride, daughter of Mr. and Mrs. William Morrison of 1846 Calaveras Ave., Ontario, is a secretary for Mr.

Alta Loma's

new school

seeks books

Jasper Elementary School in Alta Loma is holding a drive to collect library books.

To donate books or for further information, call 987-1436, 987-8855 or 987-8311.

Bracey Construction Co.

The bridegroom, son of Mr. and Mrs. Robert Vogt of 2415 N. Burt Square, Upland, is employed by General Electric.

The bride is a 1974 graduate of Chaffey High School. The bridegroom graduated from Upland High School in 1968.

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811 NORTH MOUNTAIN AVE.
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18" BLACK & DECKER ELECTRIC LAWN MOWER

18" rotary blade offers smooth, quick, lightweight cutting. 4 position cutting height adjustment...1" to 2 1/2". Instant starting. No dangerous gasoline storage problems. Less maintenance than gas powered mowers.

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REG. 69.99
GRASS CATCHER AVAILABLE.

PREMIER CUSTOM CHAIR

An excellent quality vinyl tube wrap chair. Weather tested PVC tubing interlaced with co-polymer strapping. Non-tilt legs and white plastic arms.

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REG. 9.99 EA.



KRANSKO WATER LOUNGE

For comfort in or out of your pool. Model #WL90.

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5 INCH POTTED PLANTS

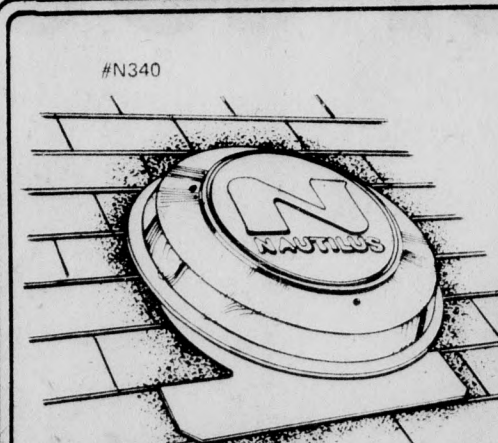
Choose from fluffy ruffie ferns, crotons dieffenbachia, pothos on a pole, philodendron pertusum, philodendron rubrum, philodendron panduræ forme and others.

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NAUTILUS POWERED ATTIC VENTILATOR

• Special styled dome of ABS with a Corad coating • Low profile design for eye appeal • 930 CFM, does up to 1325 sq. ft. attic.

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SPECIAL PURCHASE ALUMINUM COOKWARE

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9" WHITE PAPER PLATES

100 ct. Ribbed for durability

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Choose from a 9 oz. rock or 10 oz. tumbler. Hard plastic.

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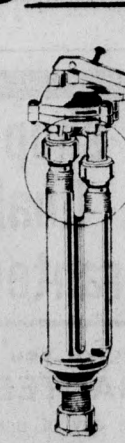
KIRK HILL ADJUSTABLE BALLCOCK

• Save money- conserve water • Stop toilet water waste • Adjusts from 10" to 14" • Fits most toilets • Fills your tank quickly and quietly.

SAVE 2.99

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THIS SATURDAY THE SUBJECT IS SLIDING DOORS AND WINDOWS.
Learn how to save and have fun by doing it yourself.

"We are constantly trying to have sufficient quantities on hand to meet all demands. However, we do run out from time to time. We will issue rainchecks for all items we run out of other than those items which are no longer being manufactured." ITEMS SUBJECT TO MANUFACTURER'S DELIVERIES

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People in the news

Varsity letters

Alta Loma High School has presented varsity athletic letters for gymnastics, tennis, golf, swimming and badminton. Gymnastics letters were presented to Lisa Bowser, Karen Dailey, Amy Ellingson, Lynn Hanover, Brenda Hooper, Jennifer Hunter, Jody Losquadro, Petra Merz, Lisa Morisset, Valerie Reckert, Stefani Rudolph, Tami Slocum, Terri Slocum, Toni Warren and Becky Woodring.

Tennis players who earned letters include Jamie Eagle, Mark Larson, Steve Colgrove, Jim Wilhelm, Cal Piper, Jim Doyle, Jim Meyer and Bob Staiger.

Letters in golf were presented to Ralph Agostini, John Conger, Rudy Cervantes, Frank Grehm, Bob Lovitt, Matt Roberts and Steve Yoder.

Swimmers who received letters include Kim Black, Pam Black, Stacy Lubeck, Kim Mitchell, Alice Hall, Chris Vennum, Cindy Scheel, Nancy Schiavoni, Julieanne Danzo and Karen Reckert.

Badminton letters were presented to Rose Corona, Jeanne Urquiza, Lisa Metcalf, Beth Van Antwerp, Ann Levy, Georgene Blanchard, Shawn Moore, Monica Lopez, Janelle Peterson, Laurene Levy, Barbi Lubecki, Kim Whitehead, Cheryl Cook, Cheryl Bohannon, Jackie Reese, Theresa Embry and Donna Thomas.

Retired

Alene (Mrs. J. Tilden) Abram of Upland has retired after teaching Spanish and Latin 29 years in California schools.

Mrs. Abram started her teaching career in 1945 at Chaffey High School even though Chaffey did not give tenure to married women at that time.

She taught Spanish and Latin for 13 years at Chino High School where she headed the Foreign Language Department for 10 years and served as adviser for the Latinam Amantes, the Chino chapter of the Junior Classical League.

Mrs. Abram also taught at Covina High School and Don Lugo High School. She has served as secretary of the Pomona Branch of American Association of University Women (AAUW) and is a member of Delta Kappa Gamma, the honor society for women educators of the Phi Beta Kappa Alumni Association of Southern California.

Mrs. Abram attended the University of California at Berkeley where she was elected to Phi Beta Kappa; Sigma Delta Pi, the national Spanish honorary society; and Pi Sigma, the national Latin honorary society.

She is parliamentarian and a past president of the Ontario American Legion Auxiliary, Unit 112.

Tree planting

The late Trenna Denio, and active member of Red Hill Country Club, will be honored by the planting of a magnolia tree.

The tree will be provided by the Red Hill's Women Golfers who individually donated funds for the memorial.

Mrs. Denio was a pioneer in the formation of women's team play in Southern California and a charter member of the Senior Women's Golf Association.

Director

Bob Plamondon has been named to fill a vacancy on the Cucamonga District Chamber of Commerce Board of Directors. He succeeds Bob Tino who resigned.

Degrees

Seventeen local residents were among 152 Claremont Graduate School students who earned degrees during 1976.

Donald Putnam of Upland earned a Ph.D. in economics and business economics.

Uplanders who earned master's degrees include Jeffrey Paulus, mathematics; William Ricci, management; and Craig Sexson, public policy studies.

Montclair residents who received master's degrees are Carl Brodt, international relations;

Deborah Cooksey, education; Anthony Hernandez, art; Annette Olivas, education; John Orr, English; and Norman Zeitchick, English.

Alta Lomans who earned master's degrees include Chris Torrence, philosophy; Mary Alderete, education; Constance Geislet, mathematics; Soledad Nittler, urban institutions and systems; Jeanette Ruckle, education; Carol Schreiber, education; and Kenneth Solomon, mathematics.

Honors

Nine local residents have been named for academic honors for the spring semester at Claremont Men's College.

Distinguished scholars include June graduate Joel Kolepp of Montclair; first-year student Matt Burkhardt of Montclair; and junior Jay Myers of Upland.

Students who were named to the dean's honor list are June graduates Mark Douglas and Theodore Pena, both of Montclair; first-year students Joel

Achramowicz and Russell Riley, both of Upland; sophomore Stuart DuVall of Upland; and junior Craig Van Arsdell of Upland.

Distinguished scholars must maintain a grade average of B plus or better, with dean's list students maintaining at least a B average.

Chairwoman

Upland Library Director Kathleen Bernath will chair the Inland Library System Executive Council for 1976-77 and will serve as deputy

councilor to the Council of the California Congress of Public Library Systems.

Other Upland Library employees who have been named to committee positions in the Inland Library System include Leslie Admire, system resources; Dorris Civile, children's services; Sandra Fraire, outreach; and Shirley Watts, circulation control.

Cub Pack 326

Cub Scout Pack 326 of Montclair presented awards at a family outing at Firestone Scout Reservation.

Awards were presented to Frank Taylor, bobcat; Shawn Lindstrom and Dan Lobo, Webelos colors; and

Billy Forsythe, arrows and Webelos colors.

Scout Expo '76 patches were presented to Dan Lobo, Robert Taylor, Mike McLaughlin, Billy Forsythe, and adult leader Pat McLaughlin.

Montclair parade participation awards were presented to David Chandler, Mike McLaughlin, Billy Forsythe, Robert Taylor, Shawn Lindstrom and Dan Lobo.

New Kiwanis sponsor patches were presented to Frank Taylor, Robert Taylor, David Chandler, Mike McLaughlin, Billy Forsythe, Shawn Lindstrom, Dan Lobo and Lynn Barnes.

Adults who received the

new sponsor patch include Pat McLaughlin, Rita Lobo, Elouise Lindstrom, Jack Lindstrom and Iota Chandler.

Woman golfers

Jackie Gardner has been chosen to head the Red Hill County Club Women Golfers. She will be assisted by Susan McPherson, secretary; Helen Ambrose, treasurer; Virginia McCullah, tournament coordinator; and JoAnn Caan, handicap coordinator.

Standing committees will be headed by Gwen Eagle, rules; Emily Borba, advisor and publicity; June Nelson, membership; and Nancy Miller assisted by

Susan McPherson, team captain.

Tournament committee is composed of Bonnie Simpkins, Didge Booth, Barbara Gurr and Emily Borba.

Dean's list

Six local residents have been named to the spring quarter dean's list at California Polytechnic State University, San Luis Obispo.

Honored students include Debra Bryant of Alta Loma, senior liberal studies major and Uplanders Lynne Althouse, junior biology major; Michael Musser, senior dairy science major;

(Cont. on next page)

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Mon.-Sat. 8-10
Sunday 9-8

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One Block West of Grove

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We Gladly Accept Gov't Food Stamps

Sweet Yellow FREESTONE PEACHES

4 lbs \$1.00

New Crop SEEDLESS GRAPES

39¢ lb

Fresh Picked Florida LIMES

5¢ each

WHITE ROSE POTATOES

10 lb cello bag 49¢

SPANISH BROWN ONIONS

4 LBS \$1.00

SWEET JUICY VALENCIA ORANGES

9 lbs 99¢

LARGE SLICING TOMATOES

19¢ LB

Hot House Grown MUSHROOMS

1/2 lb PKG. 49¢

Sweet Ripe HONEY DEW MELONS

19¢ lb

New Crop BARTLETT PEARS

19¢ lb

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5¢ EACH

TIDE DETERGENT 10 lbs

\$3.99

40¢ off Included
Other Store \$4.29 - SAVE 30¢

FRISKIES - BUFFET CAT FOOD Assorted

5 6 oz CANS \$1.00

IVORY Liquid Detergent

22 oz. 69¢ each

Sunshine HI-HO CRACKERS

10 oz. 49¢ each

HUNTS TOMATO JUICE

46 oz 49¢

Gingham FACIAL TISSUE

150 Ct. White 39¢ each

SKIPPY DOG FOOD Reg. Beef & Cheese, Liver

7 15 oz Cans \$1.00

Springfield Dill or Kosher Dill PICKLES

48 oz 79¢

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BONELESS RIB EYE

SPENCER STEAKS \$1.98 LB

USDA Inspected Beef

Boneless BEEF STEW

\$1.18 lb

ITALIAN - Seasoned Bulk PORK SAUSAGE

89¢ lb

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Farmer John Pork Shoulder FRESH PICNICS

79¢ lb

BEEF CHUCK STEAKS

69¢ lb

USDA CHOICE BEEF

BONELESS - BEEF CLOD ROASTS

\$1.29 lb

USDA CHOICE BEEF

DELICATESSEN SPECIALS

DUBUQUE - 12 OZ. ALL BEEF

WIENERS 59¢

Springfield - Colby LONGHORN

CHEESE 6 oz. 49¢

Gingham - Thick Sliced BOLOGNA 12 oz. 89¢

Springfield BISCUITS 8 oz. 11¢ each

Buttermilk - Homestyle - Limit 3

FREEZER FAVORITES

Cal-Fame LEMONADE 6 oz. 5 for \$1.00

Rosarita MEXICAN DINNERS 12 oz. 49¢

Beef-Cheese-Enchilada Mex. Combination Plate

Ore-Ida French or Crinkle Cut POTATOES 2 lb pkg. 69¢ each

Springfield POT PIES 8 oz. 5 for \$1.00

Beef, Chicken, Turkey, Mac. & Cheese

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8 A.M. - 10 P.M.

Monday thru Saturday

Sunday - 9 a.m. to 8 p.m.

Hanover's Coupon

Gingham - Frozen LEAF SPINACH

LIMIT 2

Other Mkt. 14¢

SAVE 18¢

5¢ EACH

With Coupon & \$5.00 Purchase

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Springfield MARGARINE

1/2 LB

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SAVE 4¢

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With Coupon & \$5.00 Purchase

Hanover's Coupon

FRESH CARROTS

ONE LB CELLO BAG

Adults Only

One Coupon per Family

Limit One

5¢ Each

Valuable Coupon

SPRINGFIELD BREAD

White - Wheat - Sandwich

16 oz.

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SAVE 45¢

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With Coupon & \$5.00 Purchase

Hanover's Coupon

GINGHAM - LIQUID DETERGENT

Lemon-Lime-Pink

Limit One

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SAVE 23¢

29¢ Qt.

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Hanover's Coupon

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Limit 2

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59¢ Dozen

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Above Coupons good thru July 20th.

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LOW - LOW - PRICE

KEG BEER

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LARGE 33.8 oz

Plus Deposit

3 for 87¢

J.F.J. CALIF. WINE

Burgandy - Chablis

Pink Chablis - Vin Rose

\$1.69 1/2 Gal.

FIRST CHOICE VODKA

\$7.29 1/2 Gal.

FALSTAFF BEER

\$1.19 6 PK. CANS

SEAGRAMS "7"

Save \$2.00 - Before Aug. 1st.

1/2 Gal.

\$10.99

People (Concluded)

and Richard Oyler and Pamela Wolfe, senior biology majors.

Cat Walk

Cat Walk, ridden by Hap Hansen, placed second in the working hunters under saddle division of the National Horse Show, Del Mar. Cat Walk is owned by Dr. Edward Cavanaugh of Upland.

Donation

The Ontario - Upland - Chino Board of Realtors has donated \$197 for winterizing a troop house at the Spanish Trails Girl Scout Council camp at Palomar.

Board members also collect real estate listing books, which the Girl Scout Council recycles.

Kiwanis plaque

The Upland Foothill Kiwanis Club won a plaque for the best Kiwanis bulletin, 30-members and fewer division.

President Al Canestro received the award at the 61st annual Kiwanis International convention in San Diego.

Chairman

Gene L. Alair of Upland, has been elected to serve as chairman of the foundation board of San Antonio Community Hospital. He will be assisted by Sherwin Grossman, vice chairman and George Vinnedge, secretary-treasurer.

The nine-member board is responsible for the stimulation and safeguarding of hospital-directed philanthropies. The Foundation Board receives, safeguards and invests those stocks.

West End Births

HULTBERG — A son, Michael Eugene, born June 6 to Mr. and Mrs. Michael E. Hultberg, 1340-D Springfield St., Upland.

WILLIAMS — A son, Sean Adam, born June 7 to Mr. and Mrs. Donald Ellis Williams, 4503 Berkeley St., Montclair.

BRITT — A daughter, Jennifer Rebecca, born June 22 to Mr. and Mrs. Craig Lee Britt, 253 S. Sultana Ave., Upland.

QUEEN — A daughter, Kelli Lynae, born June 22 to Mr. and Mrs. David L. Queen, 7905 Hillside Road, Alta Loma.

BORON — A son, Justin Dion, born June 21 to Mr. and Mrs. Russell E. Borbon, 910 W. Pine St., Apt. B, Upland.

FRANK — A daughter, Elaine, born June 8 to Mr. and Mrs. Michael Frank, 4120 Kingsley St., Montclair.

KOONTZ — A son, Brett Kenneth, born June 23 to Mr. and Mrs. Kenneth R. Koontz, 453 W. 13th St., Upland.

PHILLIPS — A son, Jacob Roland, born June 29 to Mr. and Mrs. Richard G. Phillips, 6241 Filkins St., Alta Loma.

PAYNE — A daughter, Deana Lee, born June 29 to Mr. and Mrs. Larry D. Payne, 7031 Napa Ave., Alta Loma.

GILES — A son, Jason Linden, born June 29 to Mr. and Mrs. Francis L. Giles, 7011 Opal St., Alta Loma.

GANGER — A daughter, Katherine Ann, born June 29 to Mr. and Mrs. James R. Ganger, 5672 Kingsley Ave., Montclair.

PERUCH — A daughter, Shayna Dawn, born June 30 to Mr. and Mrs. Daniel S. Peruch, 1909 Coolcrest Way, Upland.

GUTIERREZ — A daughter, Ilene Valerie Lena Lujan, born July 2 to Mr. and Mrs. Ruben John Gutierrez, 10246 Humboldt St., Cucamonga.

ALBERTS — A daughter, Dawn Christina, born July 1 to Mr. and Mrs. Reginald E. Alberts, 5208 Sapphire Road, Alta Loma.

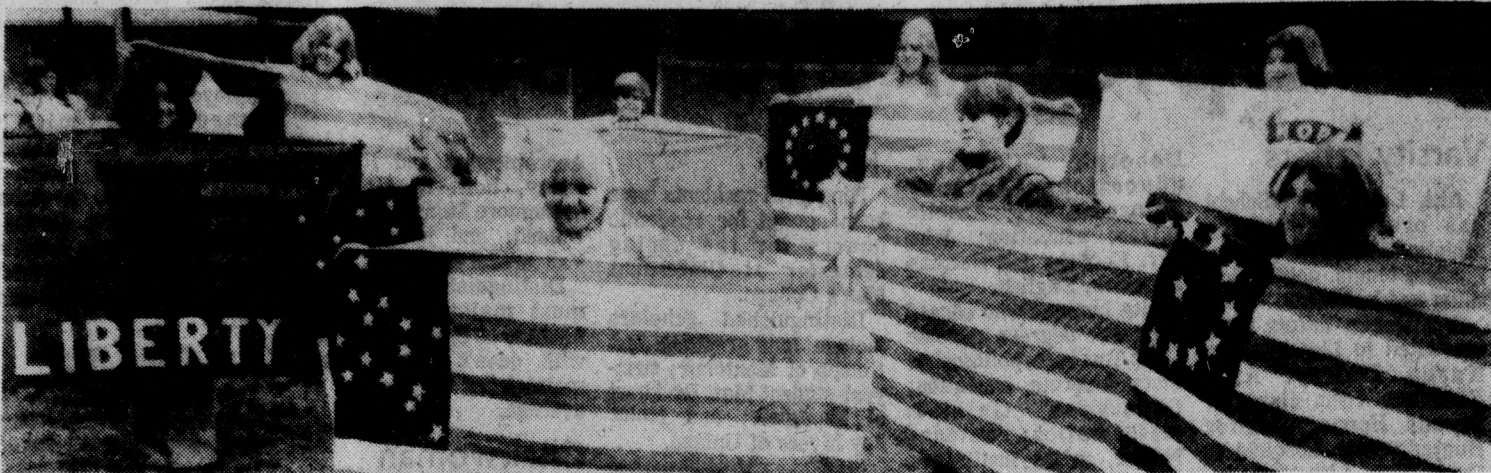
HAUCK — A son, Charles Ernest Hauck III, born July 2 to Mr. and Mrs. Charles E. Hauck, 952 Springfield St., Apt. D, Upland.

monies and properties that are donated to San Antonio Community Hospital.

Alair, president of the Pittenger-Alair Agency, an insurance brokerage firm in Ontario, has been associated with the hospital as an association member for 12 years. He has been chairman of the hospital's capital campaign. He is a member and a past president of the Ontario Rotary Club as well as serving in other community-related organizations such as Ontario Chamber of Commerce, Ontario - Upland YMCA, and West End Navy League.

Silver medal

Kevin Halton of Upland Explorer Post 2611 has earned a silver medal for placing second in the tennis competition at the 1976 National Explorer Bicentennial Olympics at Colorado State University. He is a senior at Upland High School.



Students in the Extended Learning Program at Alta Loma Elementary School hold up the handiwork of a Bicentennial flag project in progress at the school this year. Showing the flags are, front, Cheryl Liskey; second row from left, Tracy Wagers, Karen Liskey, Richard Leonard and Shari Gibbs;

third row from left, Nancy Austin, Jerry Marsh, Kim Brumfield and Anthea Hartig. The flags were presented this week to the school for display in the cafeteria. Teachers involved in the project were Jim Roller and Phil Malone.

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AD GOOD WED..
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JULY 27 ONLY!

SAVE 88¢ WITH COUPON

FOLGER'S COFFEE

1-LB. CAN WITH COUPON IN AD **\$1.29**

SAVE 20¢ WITH COUPON

CHEERIOS CEREAL

15-OZ. BOX WITH COUPON IN AD **68¢**

SAVE 10¢ ON TROPICAL, RED

HAWAIIAN PUNCH

64-OZ. SIZE **69¢**

SAVE 16¢ ... MAYFRESH

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4 1-LB. LVS. **\$1.00**

SAVE 4¢ ON MAYFRESH

FRENCH SLICED GREEN BEANS

NO. 303 CAN **23¢**

SAVE 9¢ ON RAGU, 4 VARIETIES

SPAGHETTI SAUCE

15 1/2-OZ. **55¢**

SAVE 4¢ MAYFRESH, 2-PLY

TOILET TISSUE

ROLL PACK **469¢**

SAVE 4¢ ... CHB WHOLE

TOMATOES

NO. 2 1/2 CAN **39¢**

"BUTCHER SHOP QUALITY" YOUR GUARANTEE OF SATISFACTION

TENDER, TASTY MIXED FRYER PARTS 45¢
*3 Forequarters with Backs
*3 Hindquarters with Backs
*3 Wings
*2 Necks
*6 Others

SMOKED HAM 88¢
Water Added
CUT HAM SLICES \$1.39

BLADE CUT, BONE-IN, BEEF CHUCK STEAKS 55¢
L B

CHICKEN LEGS 79¢
WHOLE, PELVIC BONE ATTACHED, FRYING

DRUMSTICKS 89¢
FRYING CHICKEN

THIGHS 85¢
FRYING CHICKEN

DELI CHEESE SPECTACULAR!

YOUR CHOICE ... LAKE TO LAKE BRAND

MILD CHEDDAR LONGHORN 95¢
9-OZ. PKG.

MONTEREY JACK 95¢
9-OZ. PKG.

NATURAL SLICED SWISS 79¢
11 to 14 Slices, Ends & Corners Mixed

LAKE TO LAKE, 9-OZ. SHARP CHEDDAR 99¢
LAND O' LAKES

AMERICAN 1.09
11-OZ.

LAND O' LAKES AGED CHEDDAR 1.89
LAND O' LAKES

MONTEREY JACK 1.79
11-OZ.

FAMILY PAK, QUARTER PORK LOIN CHOPS 1.49
11 to 14 Chops, Ends & Corners Mixed

7-BONE ROAST 74¢
L B

SLICED BACON 1.39
1-Lb. Vac. Pac.

SMALL END, MEATY & TENDER BEEF RIB ROAST 1.55
DELICIOUS EATING ... TRUE

FRESH COD FILLETS 1.59
ALASKAN SHOW ... BODY PORTIONS ATTACHED

GRAB LEGS & CLAWS 1.19
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FRESHER! BIGGER! BETTER PRODUCE!

SWEET JUICY FREESTONE PEACHES 25¢
YELLOW MEAT B

TOMATOES 59¢
24-OZ. PKG.

POTATOES 19¢
U.S. NO. 1, RUSSET EXTRA FANCY

SWEET CHERRIES 49¢
EXTRA FANCY LARGE NORTHWEST

ROMAINE LETTUCE 25¢
FANCY FRESH CRISP

BROWN ONIONS 10¢
SWEET MILD

FROZEN FOOD SPECIALS!

SAVE 25¢ ... MAYFRESH

ORANGE JUICE 5 6-OZ. CANS **\$1.00**

SAVE 74¢ ON LYNDEN FARMS

HASH BROWN POTATOES 3 32-OZ. PKGS. **\$1.00**

SAVE 14¢ ON 2 VARIETIES

OH BOY PIZZA 1.69
*PEPPERONI *SAUSAGE
2 16-OZ. PIZZAS

SAVE 20¢ ... SWANSON

PRE-FRIED CHICKEN 2.89
32-OZ. PKG.

MAYFRESH TASTY

WHIPPED TOPPING 29¢
5-OZ. SIZE

SAVE 14¢ ON 2 VARIETIES

RHODES WHITE BREAD DOUGH 2 16-OZ. LOAVES **49¢**

SAVE 20¢ ... ROYAL OCCASION

TABLE WINES 1.19
*BURGUNDY *CHARLIS BLANC *PINK CHARLIS *RHINE *VIN ROSE

DOONES FARM TICKLED PINK 1.09

SAVE 4¢ ON CHB BRAND

PORK & BEANS 43¢
NO. 2 1/2 CAN

GRAPE JELLY 79¢
28-OZ. JAR

SAVE 4¢ ON TREETOP

APPLE JUICE 49¢
32-OZ. SIZE

SUN ON WASHDAY ... 42-OZ.

SUN DRY DETERGENT 69¢
BOX

SAVE 10¢ ON TREESWEET PINK

GRAPEFRUIT JUICE 49¢
46-OZ. CAN

SAVE 10¢ ON MAYFRESH

PAPER NAPKINS 69¢
250 COUNT

SAVE 4¢ ON SCHILLING'S

BLACK PEPPER 65¢
4-OZ. SIZE

SAVE ON HOUSEHOLD

COMET CLEANSER 39¢
21-OZ. CAN

SAVE 14¢ ON BLUE BOY AUTOMATIC

BOWL CLEANER 49¢
9-OZ. SIZE

SAVE 3¢ ON ZEE

FAMILY NAPKINS 1.05
360 COUNT

TASTY BUITONI BRAND

MEAT RAVIOLI 79¢
24-OZ. SIZE

PLASTIC ... 600 FOOT ROLL

HANDI-WRAP 99¢
PKG.

OLD ENGLISH

YARDLEY SOAP 4 3-OZ. BARS **\$1.00**

BARBARA DEL. 1-LB. BAG

COOKIES 69¢
*BUTTER *COCOA CHIP *ASS'T. DAINTIES

DRY DOG FOOD

VET'S NUGGETS 25¢
1-LB. BAG

COUNTRY STYLE 28-OZ. BOX

FRENCH'S POTATOES 89¢

SAVE 4¢ ON PLAIN OR PEANUT

M&M CANDIES 95¢
12-OZ. BAG

SAVE 14¢ ALL FLAVORS

ARDEN YOGURT 4 1/2-PT. CUPS **\$1.00**

SAVE \$1.00 WITH COUPONS

MAYFAIR COUPON

WITH THIS COUPON & MINIMUM \$5.00 ORDER

FOLGER'S COFFEE 1-LB. CAN **\$1.29**

COUPON GOOD JULY 21 THRU JULY 27, 1976. WITH MINIMUM \$5.00 ORDER EXCLUDING DAIRY, LIQUOR & TOBACCO. LIMIT ONE.

MAYFAIR COUPON

WITH THIS COUPON & MINIMUM \$5.00 ORDER

CHEERIOS CEREAL 15-OZ. BOX **68¢**

COUPON GOOD JULY 21 THRU JULY 27, 1976. WITH MINIMUM \$5.00 ORDER EXCLUDING DAIRY, LIQUOR & TOBACCO. LIMIT ONE.

Church News

Church of the Brethren

Armen Sarafian will speak 10 a.m. Sunday at the La Verne Church of the Brethren, 2425 E. St., La Verne. He will speak on the theme "Quest for Truth and Value." Wayne Miller will be worship leader. Sarafian served 1960-1976 at Pasadena City College where he was college president. He has achieved wide recognition as an educator. As the 16th president of La Verne College, Sarafian has begun several new programs including a new Journalism Department.

Jesus Celebration

The First Southern Baptist Church of Cucamonga, 7450 Archibald Ave., will conduct a "Jesus Celebration" 7 p.m. Friday and Saturday and 11 a.m. Sunday, according to Pastor Maurice Sowell. An evangelism team sponsored by the Southern Baptist Convention of California will assist the church in the evangelistic outreach activity.

Keith Rankins, 20, of Manteca, will be the evangelist who will preach during all three services. He is a student at California Baptist College. He will conduct a witnessing and discipleship clinic 10 a.m. Saturday.

Music during the Celebration will be under the direction of 19-year-old Craig Shimasaki of Elk Grove, a student at California Baptist College. He plays the guitar and will present special music as well as lead in congregational singing in each service.

The fellowship leader will be Debbie Fercho, 18, of Chico, a student of California State University, Chico. She will conduct fellowships and rap sessions after the service Friday and Saturday.

Pastor Sowell emphasized that everyone is invited to participate in all of the activities during the celebration regardless of denomination or church affiliation or preference. Children under 4 will be provided for during all services of the celebration, he added.

Religious Science

"The Emperors' New Clothes" by the Ontario-Upland Summer Stock, Norman Rieck, director, will be presented 7 p.m. Sunday at the First Church of Religious Science, 509 S. College Ave., Claremont. "The Emperor's New Clothes," a family musical contains such songs as "Goodnight My Someone" from the "Music Man" and other songs adapted from famous musicals. An old fashioned Ice Cream Social will be offered at intermission with homemade cake and ice cream served. There will be a love offering to assist the children's church. "Religion and Science are Partners" is the subject the Rev. Dr. Mason D. Moore, minister at the 9:15 a.m. and 11 a.m. services. Bob Bjorklund will be soloist. Children's church and child care meet at 11 a.m. Luminites, senior youth group, meet 12:30 p.m. in the youth room.

First Brethren

Members of the First Brethren Church of La Verne, 2600 White Ave., have announced the purchase of a new Allen 120 Digital Computer Organ. An organ dedication is planned for 7 p.m. Sunday at the church. John Green of the Gould Music Company, Pasadena will be guest organist. Refreshments will be served following the program. All are invited.

ICPA Congress

The Second World Congress of the International Commission for Prevention of Alcoholism (ICPA) will convene at the Princess Hotel, Acapulco, Mexico Aug. 22-27, announced Dr. Alan Juhlman, temperance secretary for the Covina Seventh-day Adventist Church. The church serves San Dimas, La Verne and Walnut.

"Adventists have taken strong measures through education, prevention and rehabilitation program to encourage 'Positive Alternatives to False Dependencies,' the theme of the congress," Juhlman said. "That's why Adventists, along with people of all cultures and creeds who are eager to place their emphasis on better living without alcohol and drug dependencies, are invited to share their views and participate in the congress."

"Authoritative world lectures, plus group meetings and recreational opportunities in one of the most fabulous conference facilities in the world are on top for those in attendance," he added.

For information concerning accommodations and registration write to: ICPA Executive Director Ernest H. J. Steed, 6830 Laurel St., N.W., Washington, D.C. 20012.

Film Seminar

"Values and the American Film" is the subject of a two-week seminar Aug. 2-13 at the School of Theology at Claremont. The course will be taught by James M. Wall, editor of "The Christian Century." The seminar, 10 a.m.-noon daily, will analyze key moments in American film history with particular concern for cultural values, against the background of the U.S. Bicentennial celebration.

Eight films will be viewed, including "Citizen Kane," "Hud" and "They Shoot Horses, Don't They?" at 7:30 each evening at the Seeley G. Mudd auditorium. For those who wish only to see the films, there will be a charge of \$1 per film or \$5 for all eight.



CHRISTIAN PERFORMER — David Yantis, Christian composer, singer and guitarist, will appear at the United Methodist Church of La Verne 1 p.m. and 7:30 p.m. Saturday and again Sunday morning for

a musical workshop program, a concert and worship services. For more information contact the church, 3205 D St., La Verne, (714) 593-2013.

Christian composer to appear at LV Methodist

David Yantis, Christian composer-singer-guitarist, will appear at the United Methodist Church of La Verne Saturday and Sunday morning to present a workshop, concert and worship service.

An outstanding recording artist with Word Inc., Yantis' latest album, "Goin' Easy," was rated Nov. 2 in the Christian Broadcasting Radio Network survey of the top 25 gospel albums in America. In addition to this, he has recorded three other albums, and is the compiler of the popular "Contemporary Hymn Book," which is used by churches of many denominations across the country.

A former night club musician, Yantis dedicated himself to the full-time

ministry of music in 1967 after a tragic automobile accident that nearly took his life. Since that time, he has composed well over a hundred contemporary Christian songs, and has distinguished himself as one of the most outstanding Christian musicians in the U.S.

The workshop program will begin at 1 Saturday. In this session, popular and folk styles of guitar are taught, as well as stylistic vocal concepts and harmonies, all within the framework of contemporary Christian music. It is open to any interested instrumentalist or singer. A \$4 registration fee is required for workshop participants.

The concert will be held at 7:30 p.m. Saturday, preceded by an ice cream social sponsored by the Youth Fellowship Group.

Church to hold school

The United Methodist Church of La Verne, 3205 D St., will hold Vacation Church School 9:30 a.m.-noon Aug. 2-13.

All children from age 4-14 are invited to attend. The last day of the Bible School will be an all-school picnic at San Dimas Park.

For information and registration call (714) 593-2013, or Dixie Beutler, (714) 593-0613.

Church news

Church news to be published in The San Dimas Press, The La Verne Leader, The Bulletin (Diamond Bar - Rowland Heights - Walnut), The Cucamonga Times, The Upland News or The Montclair Tribune should be sent to the Church Editor, Bonita Publishing Co., P.O. Box 4000, Ontario, CA 91764 at least one week in advance of event.

CODE '76

Graham announces evangelism congress

The Greater San Diego Billy Graham Crusade has announced that CODE '76, the Congress on Discipleship and Evangelism, will be held Aug. 13-15 at San Diego State University.

In addition to Billy Graham and team, leadership at the congress will be provided by Jay Kesler, president of Youth for Christ; John MacArthur, pastor of Grace Community Church of the valley; Josh McDowell, Campus Crusade for Christ; and Ken Pour, director, Hume Lake Christian Conference Center.

CODE '76 will take place in conjunction with the Greater San Diego Billy Graham Crusade Aug. 13, 14 and 15 at San Diego State. Young people between the ages of 15 and 25 are invited to register as delegates.

According to an event

spokesperson, the Congress on Discipleship and Evangelism is an inspirational congress designed to accomplish the following objectives: to encourage young people in the wholeness of discipleship and evangelism; to train young people in how to disciple others to a life style of evangelism; to challenge young people to develop a mature witness; to impart a greater vision for evangelism on a local and worldwide scale; and to provide an inspirational three days through music, worship, study and fellowship.

"Billy Graham has pointed out that Jesus' last words on earth were to young adults," the spokesperson said. "Jesus said, 'Go forth to every part of the world and proclaim the good news.' Mr. Graham added that most of those original Jesus people

were young and they went out to share everywhere. The Lord worked with them and confirmed their words by miracles that followed."

Before coming to CODE '76 each of the delegates will receive communications that will be a part of their overall preparation for the congress. There will be four educational levels at the congress: large convocations, group meetings, teach-team meetings, and discussion sessions.

After leaving CODE '76, pastors and parents of the delegates as well as the delegates themselves will receive suggestions of additional studies and activities to continue the training begun at the congress.

Many young people are attending the Billy Graham Crusades. According to Graham, more than 50 per cent of all his crusade crowds are young people under 25 years of age.

"The crusade provides an excellent setting to bring thousands of young people together for training in discipleship and evangelism," the spokesperson concluded.

Services, film set

"It Only Takes One to Care" is the sermon topic Pastor Melvin DeVries will explore Sunday at both 8:30 a.m. and 11 a.m. worship services at the Valley Community Drive-In Church, Lone Hill Avenue and Covina Boulevard, San Dimas. Under the concept that "one with God is a majority," DeVries will share the Bible's teaching on the importance of the individual. "God works through people," he said, "but only if they are willing to let Him do so. By ourselves, we might not take time to help others, but with God's help, we can find the time to care."

Sunday school for all ages is conducted at 9:30 a.m.

The 8:30 hour is for the drive-in only and the 11 a.m. worship service is for both walk-in and drive-in congregations.

CHURCH SERVICES

ATTEND

The Church of Your Choice

FIRST SOUTHERN BAPTIST

Church of Cucamonga
7450 Archibald Ave.
Sunday Services

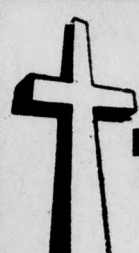
Bible Study	9:45 am
Morning Worship	11 am
Evening Worship	6 pm
Children Church	11 am
Wednesday Bible Study & Prayer	7 pm



Maurice Sowell Jr.
PASTOR

BEREAN BIBLE BAPTIST CHURCH

Sunday School	9:45
Morning Worship	11:00
Evening Service	6:00
Wed. Prayer Meeting	7:30



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Phone: 987-7329

7152 AMETHYST STREET
ALTA LOMA

Pastor: A.T. Johnson

CALVARY BAPTIST CHURCH

... a Christ-Centered and Bible Preaching ...

SUNDAY

Sunday School	8:45 am
Morning Worship	11:00 am
Training Service	8:00 pm
Evening Worship	7:00 pm

PRE-SCHOOL K-12

WEDNESDAY

Prayer and Bible Study	7:00 pm
------------------------	---------

Dr. Philip Bryan Pastor (714) 593-5346

2990 N. Damien Ave. La Verne (714) 593-4672

COME TO CHURCH THIS SUNDAY...

in the cool of the morning, 8:30 a.m.

DRIVE-IN WORSHIP

in the cool of the evening, 8:15 p.m.

DRIVE-IN CHRISTIAN MOVIE

VALLEY COMMUNITY DRIVE-IN CHURCH

Lone Hill Ave. and Covina Blvd.

San Dimas 714-593-6767

BURGER KING'S BICENTENNIAL FEAST



Two big broiled 100% beef burgers served your way with lettuce, tomatoes, onions, pickles, catsup and mayonnaise. All wedged into two toasted sesame seed buns.

2 WHOPPERS

\$1.19

FOR

with coupon — 1 per customer



Come on in. Bring a friend. Or just a big appetite. We'll be your Whopper.

OFFER GOOD

July 22 thru 29, '76

Have it your way

2 WHOPPERS

\$1.19

FOR

with coupon — 1 per customer



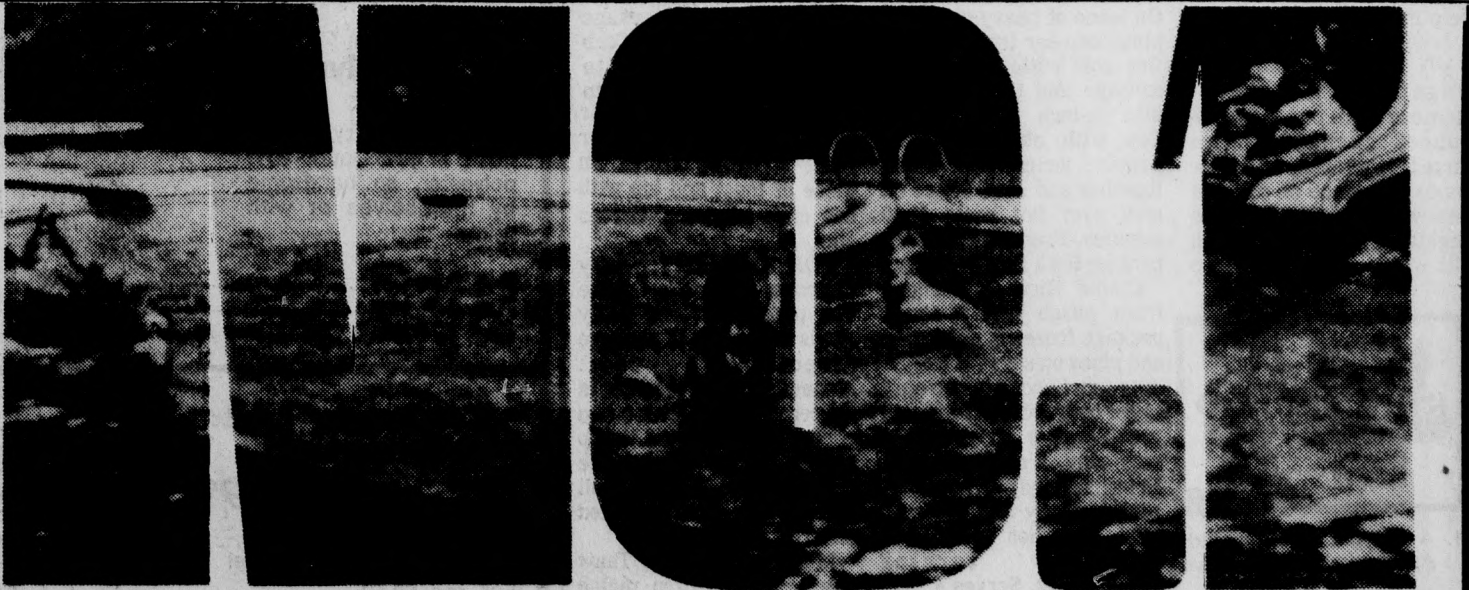
Here's another big bargain. Order your sandwiches any way you like. We want you to Have It Your Way.

OFFER GOOD

July 30 thru Aug. 8, '76

Have it your way

1245 E. HOLT • POMONA



Thank you, Southern California! According to the permit reports for the first four months of 1976...Sunset Pools is No. 1 in So. California! This exciting outcome has urged us to redouble our efforts in sales and service to maintain our position in the world's largest pool marketplace!

We'll continue our successful formula of providing the best pool at the best possible price...and standing behind our product all the way!

To celebrate this happy event, we're going to include this Automatic Pool Cleaner with every pool sold...for a limited time only!

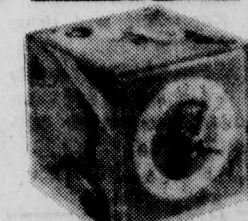


Now Included With Your Pool "Sunseep Cleaner"

Get us while we're hot! We're going all out to beat the competition...and our deals will never be better!

To give you the incentive to call, we're offering this beautiful Photo Holder/Cube Clock...a timely gift that also holds your favorite photos...absolutely FREE!...when you get our estimate in the privacy of your own home. (Both homeowners must be present).

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Shrimp Kabuki

Seafood is habit food

Fish and shellfish play a featured role in Japanese cooking.

Because of Japan's geography, seafood is as basic to the diet as rice, and everyone Japanese eats something from the sea every day. Although the islands of Japan are limited in land area, no waters are more bountiful than the seas surrounding Japan. This accounts for the astonishing variety of fish and seafood eaten by the Japanese. However, seafood never becomes monotonous because the Japanese have devised numerous ways of preparing it.

Suggested here is Shrimp Kabuki, batter-fried whole shrimp with a Japanese dip-

ping sauce. The butterflied shrimp are deep fried in peanut oil, the favorite choice in this country for oriental cuisine. Japanese cooks prefer peanut oil for their "agemono" (fried things) because it can be heated to the very high temperatures necessary to cook foods quickly without smoking or burning.

The light, delicate flavor of peanut oil also blends well with other ingredients in marinades and sauces.

Shrimp Kabuki
Makes 4 to 6 servings
1/2 cup chopped onion
1 large clove garlic, minced

2 tablespoons Planters Peanut Oil
1/2 cup soy sauce

1/3 cup water
1/4 cup dry red wine
2 tablespoons sugar
1 tablespoon cornstarch
1/4 teaspoon ground ginger
1 pound raw shrimp (approximately 24)
1 cup unsifted flour
1 teaspoon baking powder
1 teaspoon salt
2 eggs
1/2 cup milk
1 teaspoon Planters Peanut Oil

For sauce: In a small saucepan, cook onion and garlic in 2 tablespoons peanut oil until onion is tender. Add soy sauce, water, wine, sugar, cornstarch and ginger. Heat, stirring until thickened. Cook over low heat 5 minutes; stir occasionally.

Serve hot.

Peel shrimp and split butterfly fashion, leaving tails on; devein. In a large bowl, blend flour, baking powder and salt. Combine eggs, milk and 1 teaspoon peanut oil; add to dry ingredients. Beat with egg beater until smooth. Fold shrimp into batter, or let guests dip their own shrimp in batter before cooking. Fry in deep hot (375 degrees F.) peanut oil until golden brown. Serve shrimp with hot sauce.



Seafood is a staple of the Japanese diet. Here is Shrimp Kabuki, a batter-coated, deep fried in oil and served with a flavorful dipping sauce.

Shrimp may be a bit expensive, but for a treat once in awhile, this is a delicious dish.

Freezer to the table 'Cheese en Croute'

What does an imaginative hostess do when company's coming and she wants to serve something unusual but has no time to fuss?

Why! — She rummages through her freezer, comes out with some small french rolls, a package of frozen cheese souffle, ham slices and bacon. Presto — in no time she's whipped together a cheese souffle en croute (cheese souffle in a crust) that looks as good as it sounds, tastes delicious and is amazingly easy to prepare.

All of the ingredients store readily in the freezer, so with very little advance planning the harried hostess can calmly greet her guests knowing that all will be well.

The cheese souffle is easily prepared by scooping out small french rolls and burshing each inside and out with butter or margarine mixed with spices. These are then filled with the cheese mixture and baked. A slice of crisp bacon is added just before serving and as simply as that "dinner is served."

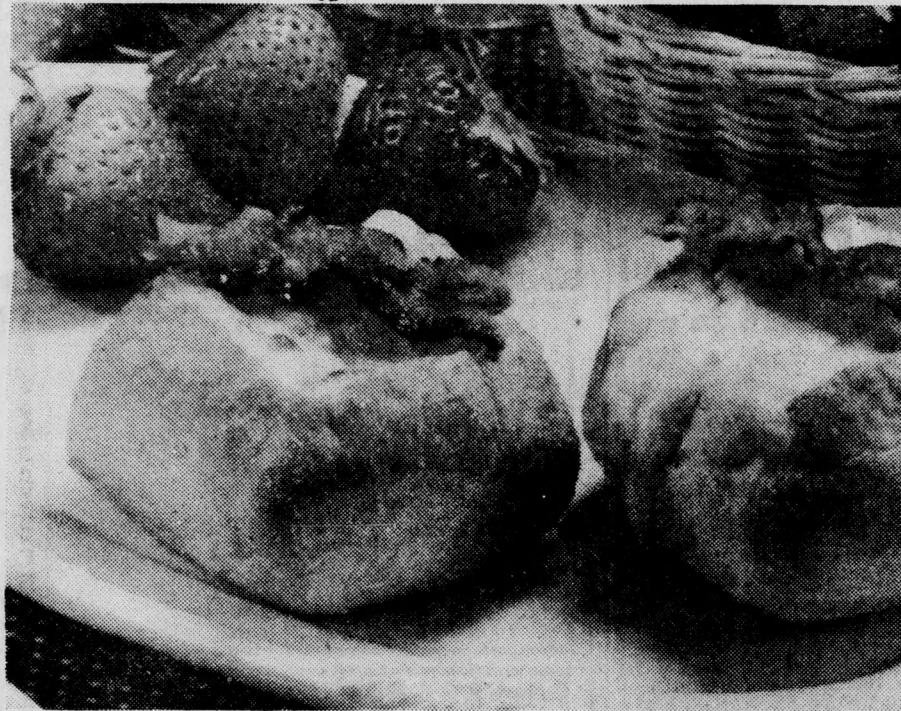
Cheese Souffle en Croute
(Cheese Souffle in a crust)

Makes 8
1/4 cup melted butter or margarine
1 teaspoon Italian herb blend
8 small frozen french rolls
1 package (12 ounces) frozen cheese souffle, thawed

1/2 cup chopped smoked ham

8 slices crisp bacon, each slice broken in half

In a small bowl mix butter and herbs. With a sharp knife, scoop out rolls, leaving a shell 1/2 inch thick. (Use bread removed for a stuffing, to make croutons, bread pudding, bread crumbs.) Brush each roll inside and out with butter mixture. In a bowl mix cheese souffle and ham. Place rolls on a cookie sheet. Spoon cheese souffle mixture into each roll. Bake in a preheated oven (350 degrees F) for 30 to 35 minutes or until cheese is puffed and brown. Top each roll with bacon and serve at once.



Tasty french rolls baked with cheese and topped with bacon is what is shown here. These can be made and popped into the freezer

then taken out and heated for serving. Delicious and nutritious so why not try. Ideal for summer outdoor living as a lunch or snack.

Cooking made cool with freezer foods

Hot summer days make simple meals a must. And with frozen foods in the freezer, it's never too hot for a good meal.

Here are some easy ideas with frozen foods that will help make summer cooking a breeze.

ON THE GRILL: Dilly Vegetable Medley — Remove from pouch one 10-ounce package frozen mixed vegetables in butter sauce and place on sheet of heavy-duty foil. Sprinkle vegetables with 1/2 teaspoon dill weed; bring foil edges

together and seal. Place on grill over hot coals 25-35 minutes, turning occasionally. Open foil, stir in 1/4 cup sour cream and heat through. Serves 3.

Corn Combo Cookout — On piece of heavy-duty foil, place one ear frozen corn in the cob with one Polish sausage and tomato sliced into 1/2-inch thick pieces. Top with chopped green pepper, bring foil edges together and seal. Place on grill over hot coals 45-60 minutes. Prepare four such packets for a family dinner.

Creole Rice — Remove from pouch one 12-ounce package frozen Spanish rice and place on sheet of heavy-duty foil. Spread 1/4 cup chili sauce over rice, top with six green pepper strips and 1/2 cup tiny frozen shrimp. Bring foil edges together, seal securely and place on grill over hot coals 30-35 minutes, turning occasionally. Serves 4.

COURSE: Herbed Chicken — Combine two teaspoons grated lemon rind with 1/2 teaspoon each crushed dill weed and pepper. Sprinkle over one 16-ounce package frozen batter-fried chicken. Bake according to package directions. Serves 4.

Hurry-Up Barbequed Chicken — Heat one 16-ounce package frozen batter-fried chicken according to package directions. After 15 minutes brush with barbeque sauce made by combining 1/2 cup ketchup, one teaspoon each

brown sugar and soy sauce, 1/4 teaspoon vinegar and generous dash onion powder. Bake 20 minutes more, basting several times with sauce. Serves 4.

Two Pear Newburg — Heat one 6-ounce package frozen Alaska King Crab Newburg according to package directions. Cut into thin slices one Bartlett pear half and one avocado pear half. Arrange slices on piece of toast and top with hot crab newburg. Serves one.

FOR DESSERT: Easy Cherries Jubilee — Bake one package frozen patty shells according to package directions; cool. Meanwhile, heat together in saucepan one 16-ounce can cherry pie filling and 1/4 cup brandy. Spoon vanilla ice cream into each patty shell and cover with brandied cherries. Serves 4-6.

Melon Ball Mix — Thaw one package frozen melon balls and combine with 1/2 cup green grapes. Mix in 1/2 cup frozen Florida orange juice or lemonade concentrate with 1/4 cup white wine and pour over fruit. Chill thoroughly. Serves 3-4.

French Crumb Shortcake — Thaw one 10-ounce package frozen French crumb cakes. Split cakes and spoon vanilla ice cream between layers. Thaw one 10-ounce package frozen raspberries and pour over ice cream-filled cakes. Garnish each with frozen non-dairy whipped topping. Serves 6.

McDonald's SUMMER WHITE SALE

Pick all that's new and beautiful for bed and bath—now you can stock up at savings!

Mariposa—Springmaid® Wondercale®

Twin flat or fitted, reg. \$7.00 **4⁹⁹**

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Queen flat or fitted	11.00	8.99
King flat or fitted	14.00	11.99
Standard Cases	6.00	4.79
King Cases	6.50	5.29

Fragrance—Fieldcrest wildflowers

Twin, flat or fitted, reg. \$7.50 **4⁹⁹**

	Reg.	Sale
Full fitted or flat	9.50	6.99
Queen fitted or flat	13.00	9.99
King fitted or flat	17.00	11.99

Gazebo towels—fems by Fieldcrest

Bath towel reg. \$4.75 **3⁹⁹**

Graceful jacquard pattern—Fieldcrest fashion! Thirsty cotton terry loops on both sides. In spearmint, sable, yellow, blue. Complete ensemble for getting or gifting!

	Reg.	Sale
Hand towel, reg. \$3	2.69	
Wash cloth, reg. \$1.40	1.29	

Eugenie Print Towels

Bath towel reg. \$6.50 **5⁴⁹**

Springmaid® multi-color floral on bone, from the Metropolitan Museum of Art designed collection! Soft, plush cotton terry on one side, loops on other. Coordinates with sheets!

	Reg.	Sale
Hand Towel, reg. \$3.50	2.99	
Wash Cloth, reg. 1.50	1.19	

Serene® Highness®—buoyant pillow

Standard size reg. \$8.98 **6⁹⁹**

You'll never enjoy a better night's sleep than you will with this thick, resilient pillow! Blue and white poly/cotton ticking filled with Fortrel® 7 polyester. Outfit all your beds at this saving-price!

	Reg.	Sale
Queen size, reg. \$10.98	8.99	
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Chateau—fitted mattress pad

Twin size reg. \$9 **7⁴⁹**

Pre-shrunk, long-lasting pad fits securely over mattress for comfort, protection. Of poly/cotton with bonded polyester fiberfill.

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Full size, reg. \$11	9.49	
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Serene® Highness® mattress pad

Twin size reg. \$17.50 **14⁴⁹**

Fitted pad of pre-shrunk poly/cotton with continuous filament Fortrel® fiberfill.

	Reg.	Sale
Full size, reg. \$19.50	16.49	
Queen size, reg. \$29	24.99	

Sonata—Dacron® polyester pillow

Standard size reg. \$6 **4⁹⁹**

Blue and white damask print ticking of poly/cotton plumped to perfection with Dacron® polyester Fiberfill II. Extra comfort and longer wear—resists matting down. Save now!

	Reg.	Sale
Queen size, reg. \$8	5.99	

Fieldcrest "Royal Velvet" Solids

Our finest terry towels made of 90% Cotton 10% polyester, so handsome by themselves or with prints

	Reg.	Sale
Reg. 9.50 Bath	8.49	
Reg. 5.00 Hand	4.49	
Reg. 1.79 Wash Cloth	1.79	

Breath of Spring—floral towels

Bath towel reg. \$5.75 **4⁶⁹**

Fieldcrest's refreshing flower print over jacquard design, softly sheared on one side, looped on the reverse. 90% cotton/10% polyester. Larkspur, seafoam, sable, Fringed.

	Reg.	Sale
Hand towel, reg. \$4	3.29	
Wash cloth, reg. \$1.75	1.49	

Wondercale® print by Springmaid®

Twin flat or fitted, reg. \$7.50 **5⁹⁹**

Eugenie poly/cotton florals!

	Reg.	Sale
Full, reg. \$9.50	7.49	
Queen, reg. \$13.00	9.99	
King, reg. \$17.00	13.49	
Standard Cases reg. \$6.00	4.99 pr.	
Standard Cases reg. \$7.00	5.99 pr.	

Sleater "Courtral"

A soil releasing no iron tablecloth All sizes in 10 colors

	Reg.	Sale
1.40 To 21.00	NOW 1 ¹⁹ TO 18 ⁴⁹	



- A bicycle rider should:
 - Keep right and drive with traffic.
 - Keep left and drive against traffic.
- Fuel can be added safely to a running or not lawn mower or marine outboard motor.

☐ True ☐ False

ANSWERS
Provided as a public service by Underwriters Laboratories

1. FALSE. Stop the engine, and let it cool first.
2. TRUE. A bicycle should be pushed, not ridden, in a car or on another bicycle.

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- BANK AMERICARD
- MASTER CHARGE
- LAY-A-WAY PLAN

The Town Crier

Volunteer work wanted

To help the citizens of Upland better understand their city's responsibilities and services and to get answers on city government, John Shoemaker, Upland community relations coordinator, is bringing City Hall to the people through the courtesy of the Upland News. The column "The Town Crier" is designed to be informative on all issues of city government.

To reach "The Town Crier," write: Community Relations, City of Upland, 460 N. Euclid Ave., Upland, CA 91786. Persons should include their name, address and telephone number. Only initials will be listed in the column.

QUESTION: There are several of us that would like to do volunteer work. Can you tell us of any place where we may apply? D.H.

ANSWER: There is a need for volunteers with the Upland Recreation Department. If you would contact Harry Sippel of the volunteer service section, 985-0994, he would be most happy to help you.

QUESTION: I had a person leave a notice on our door, attached with masking tape. It stated that if I wanted my house number painted on the side of the curb to take the notice off. If I did not, to leave the notice on the door. Cost for painting the numbers would be \$2 and they would

be around to collect. There was no name or address on the notice as to who was doing the work. Is this legal? C.P.

ANSWER: No. The person or persons that are engaged in this operation are in violation of the Upland Municipal Code as they have not procured a license from the city to transact any business. The Police Department has been alerted of this operation.

QUESTION: Is there a city law to make people clean-up their property? We have a neighbor that has two old cars, rags, wooden boxes and trash in their front yard. S.M.

ANSWER: Yes. The Upland Municipal Code has a section regarding the maintenance of property. Due to the numerous sub-sections it would be difficult to print them in this column. However, your problem has been investigated and it will be taken care of.

QUESTION: Can you tell us the duties of the recreation director? M.S.

ANSWER: Upland's Recreation Director is Fred Taunton. Under general direction he plans, organizes,

Upland News; Cucamonga Times; Montclair Tribune staffs, directs, coordinates, and prepares and administers the budget for the Recreation Department; analyzes community recreation needs, availability of resources, recreation programs, and a variety of other factors in developing communitywide recreation programs; coordinates activities of the Recreation Department with those of school districts, civic organizations, churches, and other agencies; meets with community leaders and groups to review policies of the Recreation Department and promote involvement and assistance in the conducting of recreation programs; directs the development of in-service training programs to increase departmental efficiency and prepare employees for advancement; establishes general policies, procedures, and guidelines to be observed by recreation staffs; conducts a continuing review of departmental activities and directs the correction of noted deficiencies; resolves citizen complaints or problems concerning activities of the department which cannot be handled by subordinates; keeps the city manager advised of departmental activities through oral and written reports; represents the Recreation Department at a variety of meetings where the subject affects or is of concern to the department and orders supplies and equipment needed for recreation programs.



Amber, a Peruvian Paso horse, was the latest visitor to Priscilla Hall's summer school class, "Horse Power," at Serrano Jr. High, Montclair. The horse — a 400-year-old breed developed by Spanish conquistadores, was ac-

companied by a Peruvian saddle and the attire of vaqueros, Peruvian cowboys. The popular class teaches students about horses, equestrian dress and the history of horses.

Montclair HS class plans reunion

The Montclair High School Class of 1971 will hold a five-year reunion on Aug. 7 at the Diamond Bar Country Club.

The following is a list of graduates not yet located. Any information concerning their whereabouts would be appreciated.

Cheryl Abney, Joan Alexander, Marilyn Angell, Mary Benavides, Elizabeth Bird, Constanc Bonser, Perry Cain, Renee Cantrell,

Rebecca Chastain, Silvana Chirinos, Jim Christy, Jim Cline, Greg Coast, Cindy Coggins, Pat Craford, John Crough, Charlys Crouse, Scott Davis, Steve Davis, Jill Doty, Avis Elze, Sonja Falk, Walter Feller, Arnold Fernandez, Susan Fields, Michael Flint, Russell Ford, Debra Franz and Becky Anne Galaudet.

Vivien Geier, Wally Golic, Bill Grant, Ken Greensweight, Joanne Graziano, Alice Guerreo,

Dennis Gunkel, Brooks Meador Hamer, Louanne Hampton, John Harper, Frances Harrison, Mary Hernandez, Dara Holt, Margo Holt, Deborah Horn, Nadine Houston, Steve Huston, Norvel Irvin, Diana Jew, Fanny Jew, Mike Johnson, Dan Jones, Nina Jones, Phyllis Kantor, Jean Kreiser, Warren Lawrence, Victoria Laygo, Becky Layton, Nancy Lease, Jane Lemmons, Gerald Lindenmuth, Nancy Lindsey, Tony Lopez, Zeld Low and Dan Macey.

Bill Marino, Mike Martin, Rex Mathre, Steve Mattingly, Marsha McAvoy, Dan McCaleb, Brenda McClellan, Steve Mecca, Richard Medina, Deborah Miller, Patricia Molina, Gary Monahan, Phillip Morris, Tony Mottola, Steve Mudge, Berry Munson, Jim Mash, Lucille Mevin, Pay Oyer, Eileen Palomino, Andy Paluchi, Laurie Patterson, Judith Paulsen, Steve Phillips, Darcie Pinto, Kathleen Pitts, Martha Porter, Ken Pothier, John Prosser, Cheryl Raby, Gary Reinhardt, Landa Rikkors, Dandy Riley, Larry Rodgers, Kim Rogers and Scott Rose.

Alson Ryan, Jeff Schwartz, Curt Sheffield, Randy Sheppard, Jill Shumaker, Mark Simmons, Steve Simmonds, Richard Solano, Mark Sorenson, Steve Spear, Don Spencer, Karen Stanley, Sara Stoddard, Dave Symonds, Jerry Tauber, Danny Truitt, Richard Truillo, Troy Tucker, Katherine Urganhart, Barbara Valentino, Sharon Walk, Doug Warner, Cheryl Vinnedge, Cathy Vinnedge, Lisa Waters, Don Watson, Richard Webster, Sally Webster, Gary Wheeler and Virginia Wilson.

Persons with information concerning the classmates or questions should contact Patti Glasgow Eggleston at 986-1941, or by mail at 132 W. 1 St., Ontario, Ca. 91762. The deadline for tickets, which may be purchased from Mrs. Eggleston, is July 31.



SPORTS FESTIVAL — Eight-year-old Terry Laspesa of Montclair registers at the Crippled Children's Society Sports Festival for the Handicapped before joining her friends in games and competition. More than 400 disabled children and young adults participated in the day-long event held recently at California State University at Northridge.

Have your blood pressure checked.

July

CLEARANCE

FASHIONS DEPT.



1/2 PRICE DRESS SALE

55 Junior Dresses

Reg. 28.00 To 40.00.....\$13⁹⁹ To \$19⁹⁹

74 Misses Dresses

Reg. 26.00.....\$12⁹⁹ To \$42⁹⁹
To 86.00.....

24 Half Size Dresses

Reg. 24.00.....\$11⁹⁹ To \$30⁹⁹
To 62.00.....

2 WEEKS ONLY FUR TRIMMED PANTCOATS REGULAR \$105.00

SPECIAL.....\$84⁰⁰

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CAPRIS

Misses Long Sleeve Print Blouses
Sizes 8 To 18.....\$9⁹⁹
Values To 22.00.....

JUNIOR JEANS

And Long Sleeve Blouses
Sizes 5 To 13.....\$7⁹⁹
Values to 18.00.....

MEN'S DEPT.



Large Group of

SUMMER SHIRTS

Most famous California Makers

Collar & Placket

Reg. 8.00.....\$5⁹⁹ To \$7⁹⁹

To 15.50.....

Crew-Neck.....\$5⁹⁹

Reg. 8.00 To 9.50.....\$4⁹⁹

Tank Tops.....\$4⁹⁹

Reg. 7.00 To 9.00.....\$10⁹⁹

Hawaiian Prints.....\$10⁹⁹

Reg. 16.00.....\$10⁹⁹

Terry Cloth Swim-Suit Tops.....\$10⁹⁹

Reg. 17.00 To 18.50.....

Short Sleeve

SPORT SHIRTS

Asst. Styles in

Solids & Fancies.....\$4⁹⁹

Reg. To 20.00.....

Long Sleeve

SPORT SHIRTS

Asst. Solids & Fancies.....\$5⁹⁹

Reg. To 24.00.....

MEN'S CLOTHING

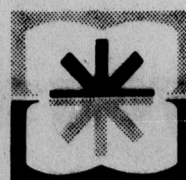
Reduced to clear

Broken Sizes.....\$29⁰⁰

Suits To 125.00.....

Sport Coats.....\$19⁰⁰

To 85.00.....



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- LAY-AWAY PLAN

Business Briefs

Upland Manor

The Upland Manor Retirement Center, 1125 W. Arrow Highway, broke ground May 16 to being construction on a 12-unit addition.

The Upland Manor, sponsored by the Pacific Conference of the Brethren in Christ Church, began operations in 1972. Woodrow Wiles, manager, reported that the 32 units of the original facility are constantly occupied. The success of the operation, plus the expanding waiting list prompted the board of directors to begin planning the present expansion project.

Dwight Bert of Upland Feed and Fuel serves as chairman of the board; Ray Musser, insurance agent, assistant chairman; and Mrs. Doris Hensley is secretary. Bert reports the plans, which were prepared by Harnish, Morgan and Causey, tie the new addition with its elevator, to the present facility as one unit.

General contractor in charge of construction is George Hostetler.

Groundbreaking

A ground-breaking ceremony marked the start of the construction of a \$300,000 permanent facility for the Cucamonga office of Wilmington Savings and Loan Association. The structure, located at 9590 Foothill Blvd., will be 4,800 square feet with drive-up window service and ample parking.

It is the first savings and loan to be located in Cucamonga. The office was originally opened on May 1, 1975, at the same site. Construction is expected to be completed by Nov. 1 and occupancy of the new building will be marked by a grand opening.

Bill Hansen of Alta Loma is the manager of the Cucamonga office. Cecelia Schultz, assistant manager, and Kim Fabian, teller, will complete the staff.

Manager

Lewis Realty announced this week the appointment of Richard Morse as the manager of their newest office in Upland. Morse lives in Ontario, attended Chaffey College two years and graduated from real estate school in 1975.

Lou Troncoso, owner of Lewis Realty Co., also announced the appointment of Chuck VanderLinden to be training officer for Lewis Realty's post-training school. This school is offered as an extension course to sales associates affiliated with the company.

Lewis is the only real estate company in the valley that offers this course within the local offices, according to Troncoso. They have offices in Montclair, Ontario and Upland.

The Ontario office also has a new manager, Bill Whitsett. Whitsett has been Kniffin.

Kniffin Ambulance, Inc., of Chino has opened a paramedic-ambulance station in Cucamonga, according to Homer L. Aerts, president of Kniffin.

The station is located at 8665 Baseline Road, in the Sunrize Shopping Center. Kniffin also has stations in Ontario and Chino.

Retired

Upland resident Grace A. Braatz retired from Southern California Gas Co. this month after more than 28 years with the utility.

Most of Mrs. Braatz' career was spent in the company's Pomona and Covina offices. Before retiring, she was senior customer services representative in Covina.

Mrs. Braatz came to California from Cleveland, Ohio, in 1946. She joined the

gas company in 1948.

"Now that I'm retired," Mrs. Braatz said, "I expect to travel with my husband, George, who has also retired. I expect to collect antiques, do needlepoint, read, bowl, golf and do volunteer work in the community."

New office

William J. Dowdell of Upland has opened a new office of Herbert Hawkins Realtors in Fullerton.

Dowdell, who is broker-owner for the new office, said the salespeople will serve the communities of

La Habra, Brea, Placentia and Yorba Linda as well as Fullerton.

Vice president

George T. Maloney of Upland, president of the Inspiron division, has been elected to the position of corporate group vice president of C. R. Bard Inc., Inspiron's parent company.

In his new position Maloney will be responsible for the Inspiron, American Membrane and William Harvey Research operations of the corporation.

Associated with Bard

since 1959, Maloney was promoted to his Upland post in 1974, having previously served as vice president, marketing - Medical Products Group in Murray Hill, N.J. He has also held a number of corporate and divisional positions including vice president of marketing of the USCI division and vice president of corporate planning.

He is a graduate of St. Bernardine of Siena College in 1955 with a degree in economics. C. R. Bard Inc., based in New Jersey, manufactures medical and surgical products.

Top employee

The LP-gas division of Petrolane Inc. has given special recognition to Cora C. Spencer of Alta Loma for outstanding performance as district office manager.

She was among 28 employees throughout the division's 47-state LP-gas retailing territory to receive award plaques. Mrs. Spencer works in the Ontario office and has been a Petrolane employee for two years.

Manager

Eldon B. French of Upland, has been appointed manager at Crocker Bank's East Pomona office.

French began his banking

career when he joined Crocker in 1963 as a trainee. He was named assistant manager in Montclair in 1969 and transferred to Wilmington where he was promoted to assistant vice president in 1973.

French is a graduate of Husson College, Bangor, Maine. He is past treasurer of the Montclair Lions Club and the Wilmington Rotary Club.

New members

New members of the Cucamonga District Chamber of Commerce include Red Hill Realty of Cucamonga, owned by Lucy Fransik; and Embree Electrical Maintenance Service of Cucamonga,

owned by Alfred Embree Jr.

Directory

The 1976 edition of the Industrial Directory for San Bernardino County has been completed by the county's Economic Development Department. The directory provides a local list of fabricating, manufacturing and processing industries, with titles, names, addresses, phone numbers and number of employees.

The directory's 70 pages list industrial firms only, and do not include retail outlets or stores. Each entry contains a brief description of the industry's product or service.

The directory can be

purchased at the Economic Development Department, 175 W. Fifth St., San Bernardino, 92415. Mail orders must include \$3 plus 18 cents tax.

Loan officer

Anita Cooper of Covina has been appointed consumer loan officer at the Cucamonga Bank of America, according to Manager Al Blessent.

Mrs. Cooper has served the past seven years at the West Covina office where she advanced from teller to loan officer. She succeeds Mary Mueller, now assigned to the La Verne office.

At Ralphs you get what you want at the right price



The Tender Meats You Want at The Right Price

U.S. Grade A-Southern Whole Fryers per lb. .44	Super Fresh Pack-5 Lb. Pkg. Ground Beef per lb. .58
Beef Chuck Boneless Swiss Steak per lb. .99	Beef Round Boneless Beef Tip Steak per lb. 1.49
Beef Chuck-Clod Style-Boneless Rolls Beef Roast per lb. 1.19	Body Portion Attached Alaskan Snow Crab Legs per lb. .99
Whole or Point Cut-Boneless Beef Brisket per lb. 1.28	Dieter's Delight Turbot Fillet per lb. 1.19
Beef Bottom or Top Round Steak per lb. 1.48	Shell On-Uncooked Small Shrimp per lb. 2.29
Super Fresh Pack-3 Lb. Pkg. Ground Chuck per lb. 1.29	Medium-Fine For Bar-B-Q Pork Spareribs per lb. 1.39
Beef Plate or Chuck English Short Ribs per lb. .79	Pork Loin Contains: 6 Center & 3 End Cut Chops Mixed Pork Chops per lb. 1.59
Super Fresh Pack-3 Lb. Pkg. Ground Round per lb. 1.39	U.S.D.A. Choice Rib or Lamb Loin Chops per lb. 2.89
Quick To Fix Beef Cube Steak per lb. 1.78	Farmer John or Huffy Shank Portion per lb. 1.19
Bite Size-Boneless Stew Beef per lb. 1.49	Farmer John-Hot or Mild-1 Lb. Pkg. Sausage ea. .98
Yearling Beef Chuck O-Bone Roast per lb. .99	Yearling Beef Loin T-Bone Steak per lb. 1.79

The Delicious Deli Foods You Want at The Right Price

Ralphs-Small or Large Curd Cottage Cheese pint carton .65	Ralphs Delicious Sour Cream pint carton .57
Kraft Summer Favorite Fruit Salad 3 lb. jar 2.29	Non-Dairy Imo Dressing pint carton .31
Ralphs-Bleu Cheese Salad Dressing 16 oz. jar .89	Minute Maid Orange Juice qt. .49
Ralphs-Aged Sharp New York Cheddar Cheese per lb. 2.19	Just Squeezed-Pure Orange Juice gal. .99
Meat or Beef Ralphs Wieners 1 lb. pkg. .79	Hebrew National Bologna or Salami Chubs 12 oz. 1.37

The Fresh Fruits and Vegetables You Want at The Right Price

Large California Vine-Ripened Cantaloupe per lb. .12	
Sweet, Mellow Flavored Honeydew Melons per lb. .15	
California-8 lb. Cello Bag Valencia Oranges each .89	
Fresh, Crisp Cucumbers each .15	
Mild, Sweet Brown Onions per lb. .10	
Thick, Yellow Meat Banana Squash per lb. .10	
	Super Flowers
	Fresh Cut Pompons bunch .97

Who's Right About Low Prices?

After the claims about low, lower, lowest prices have been made, you can depend on one thing. Whatever you buy at Ralphs, you'll get what you want at the right price.

Ralphs has the Right Price on Hundreds of Grocery Items You Want

Hunt's-Regular Tomato Sauce 8 oz. can .13	Quart Jar Best Foods Mayonnaise each .89
Ralphs-Regular or Pink Frozen Lemonade 6 oz. can .12	Old Fashioned Ralphs Ice Cream half gal. ctn. .89
Health & Beauty	Frozen Foods
Johnson's Baby Powder 14 oz. pkg. 1.19	Treesweet-Florida Orange Juice 12 oz. can .55
New From J & J O.B. Tampons pkg. of 30 1.25	Morton's-Apple, Cherry or Blueberry Pies 8 oz. pkg. .29
Medicated Clearasil Creme 1 oz. tube 1.25	Ore Ida-Crinkle Cut Potatoes or Golden Fries 2 lb. pkg. .77
Lecithin-Kelp-B-6 and Vinegar Ralphs Vitamins 100 ct. bottle 2.79	Minute Maid Lemonade 16 oz. can .59
Pantry Fillers	
Tuna & Meat or Tuna & Kidney Petuna Cat Food 6 oz. can .09	Treesweet-Pink Grapefruit Juice 46 oz. can .49
Jello-Assorted Flavors Gelatin Desserts 6 oz. pkg. .37	Pringle's Newfangled-Twin Pack Potato Chips 9 oz. pkg. .79
Van Camp's Pork & Beans 16 oz. can .31	Duncan Hines-Assorted Layer Cake Mixes 18 1/2 oz. pkg. .59
Weight Watchers-Assorted Flavors Canned Drinks 12 oz. can .14	Kool-Aid-Sugar Sweet Drink Mixes 2 qt. size .39
Del Monte-French Style or Cut Green Beans 16 oz. can .31	Del Monte Fruit Cocktail 17 oz. can .41
Betty Crocker Potato Buds 16 1/2 oz. pkg. .87	Mott's-Regular Apple Sauce 35 oz. jar .65
Kellogg's Corn Flakes 18 oz. pkg. .62	Assorted Flavors Hi C Drinks 46 oz. can .43
Evaporated Carnation Milk 13 oz. can .31	1000 Sheets Scott Toilet Tissue roll .26
Franco American Beef Gravy 10 1/2 oz. can .19	Skippy-Creamy or Chunky Peanut Butter 18 oz. jar .93
Pure Vegetable Crisco Shortening 3 lb. can 1.39	Macaroni & Cheese Kraft Dinners 7 1/2 oz. pkg. .25
Plastic Wrap Saran Wrap 100 ft. roll .83	Plain or Iodized Morton's Salt 26 oz. pkg. .18
Special-10 Off Pack Cheer Detergent 49 oz. pkg. 1.23	Special-25 Off Pack Bold Detergent 84 oz. pkg. 1.97

Bakery Treats at The Right Price

Ralphs Delicious Date Nut Loaves each .69	
White or Wheat All Star Bread 16 oz. loaf .29	
White or Wheat-Sandwich or Regular Ralphs Bread 24 oz. loaf .49	
Ralphs-With Sesame Seeds Hamburger Buns pkg. of 8 .49	



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Coupon Effective July 22 through July 28, 1976

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Glade-Assorted Fragrances
Air Fresheners .39

Limit One Item and One Coupon Per Customer
Coupon Effective July 22 through July 28, 1976

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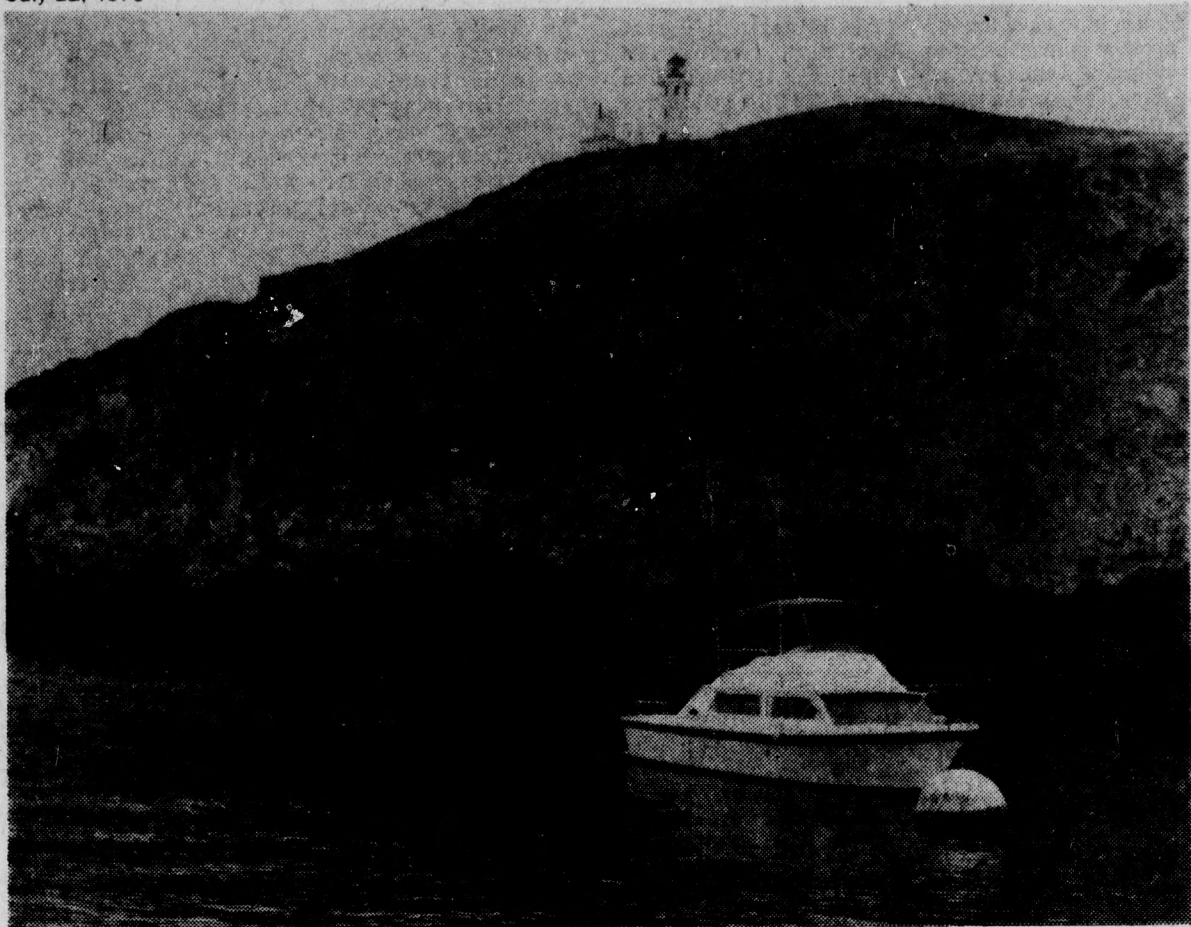
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NATIONAL MONUMENT — Anacapa Island's lighthouse and fog horn (left) sit on a mesa hundreds of feet above the ocean. The island, which is part of the Channel Islands National Monument, is reached by climbing more than 150 stairs from a seaside landing. Diver John Birto (right) prepares for an underwater trip to examine marine life such as sea urchins, star fish, and abalone.



Photos and story
by Lynne Locke

Channel Islands National Monument

Primitive, full of life



SEA LIFE — Diver John Birto displays a crab discovered on the ocean floor off Anacapa Island. Visitors also see sea lion colonies, nesting sea gulls, brown pelicans, and a variety of tide pool creatures.

A primitive environment, complete with sea lion colonies, giant coreopsis flowers, and Indian artifacts, lies 14 miles off the coast of California.

The Channel Islands National Monument draws scuba divers and other outdoors people as well as botanists, geologists, and historians to study the islands of Santa Barbara and Anacapa — called "Mirage" by the Indians.

The two islands are open for day visits and camping and can be reached by private and charter boat, as well as the Island Packers Co., which makes regularly scheduled trips to the islands.

Anacapa

The more accessible island is Anacapa, a desert-like mesa rising high above the ocean and covered with low plants including the prickly pear cactus and the giant coreopsis, a three-foot-tall relative of the sun flower.

The giant coreopsis, which grows only on the Channel Islands and the nearby coast, turns the island into green and gold landscape when it blooms in spring. For the rest of the year the giant coreopsis could pass for an ordinary weed.

The windswept island has only a few scraggly eucalyptus trees, so the gulls and other birds nest in crevices in the rocks or shallow depressions in the ground.

Visitors can walk to the edges of the sea gull rookery, close enough to see speckled eggs or young birds — and close enough to smell the distinctive "fragrance" of hundreds of birds.

The brown pelican rookery is off limits to visitors since the pelicans are perilously close to extinction. The pelicans are increasing in number, following the closing of the rookery area and the banning of DDT, which thins the egg shells.

Colonies of sea lions mate, fight,

and raise young on the island's few beaches and visitors can see the spouts of migrating whales in January and February.

Marine life

The tide pools are filled with marine animals such as star fish, sea urchins and abalone. An underwater nature trail for skin divers is planned for the future.

In addition to animal and plant life, a 1½-mile nature trail includes the remains of Indian habitation and a few buildings used by the resident ranger.

Chumash Indians, who made brief visits to the waterless islands, left "kitchen middens" — refuse dumps of shell fragments, bones and discarded tools. Their drinking water came from rain which dripped down the cave walls where it could be collected.

The islands are still waterless so visitors must bring their own water as well as fire wood, camping supplies and food. Campers are encouraged to "travel light" because everything must be carried up more than 150 steps from a seaside landing to the mesa camping area.

Modern buildings

Modern buildings on the island include an automated light house and fog horn — which is off limits since the noise is literally deafening. Other buildings are the ranger's home and buildings for equipment and a power generator.

A chapel-like structure houses two redwood tanks holding the water supply for the few people who live and work on the island. The churchlike exterior is camouflage for the tanks, repeatedly damaged by target shooters.

Anacapa Island itself is part of the westward extension of the Santa Monica Mountains. A few black sand beaches, visible at low tide, reveal the island's volcanic nature.

Centuries of water and 60-mile-

per-hour winds have carved the island cliffs into caves, arches, and blow holes. The island's trademark is the 40-foot-high Arch Rock, a natural bridge formed by sea erosion at the eastern edge of Anacapa.

The five-mile-long island is a chain of three islands with primitive camping and nature trail on East Island, and picnic area and tidepools at Frenchy's Cove on the central segment.

Limited camping

Campers are limited in the primitive campgrounds to 50 people at a time because of the islands' fragile environment.

Tide pool animals, shells, rocks and plants are protected and cannot be removed from the national monument. Rangers encourage all visitors "to leave only footprints and take away only photographs" so the treasures of the islands will remain for future visitors.

Of the eight-island chain, only Anacapa and Santa Barbara are open to monument visitors. San Clemente, San Nicolas and San Miguel are administered by the U.S. Navy. Santa Catalina, Santa Cruz and Santa Rosa are privately owned.

The official gateway to the monument is located in the Channel Islands Harbor, Ventura, but boats can be also chartered from Santa Barbara, Oxnard, Malibu and San Pedro. Private boats are discouraged because the islands lack safe anchorage.

The Island Packers Co., operating from Channel Islands Harbor, schedules summer trips daily to Anacapa Island and twice weekly to Santa Barbara island. Adult fare is \$12 for each full-day round trip.

For more information on the islands write to Channel Islands National Monument, 1699 Anchors Way Drive, Ventura, 93003 or Island Packers Co., P.O. Box 993, Ventura, 93003.



LANDMARKS — Points of interest on Anacapa Island include the lighthouse (left) a "church" housing the island's water supply and Arch Rock (right), a 40-foot-tall natural bridge formed by wind and water. The island also is home for the giant coreopsis, a three-foot-tall relative of the sunflower which grows only on the Channel Islands and adjacent coast.



Living With Your Heart

CPR training

By Wallace G. Frasher, Jr.
M.D., President
American Heart
Association
Greater Los Angeles
Affiliate

It's summer time in Southern California. Unfortunately, it's that season of the year when people's enthusiasm for

sports activities often surpasses their physical stamina. The result is a news story that "Jim Jones" or "Sue Smith" died of heart failure without benefit of immediate help at the scene.

More lives could be saved if the public were trained in

cardiopulmonary resuscitation (CPR). It is a vital part of emergency cardiac care.

For those not familiar with the procedure involved in this first aid, life-saving technique, the basic steps are simple.

First, let's describe the victim. He or she might have experienced a heart attack, choking on food, drug intoxication, electrocution, accidental drowning, or shock from an automobile accident. You must get the heart to resume its pumping action and get air to the lungs. This action must take place within four minutes or death will result.

The method for doing this is referred to as the ABC procedure. A for airway, B for breathing, and C for circulation. Sounds simple — and it is — but the procedure must be taught by certified instructors. The goal of the American Heart Association, Greater Los Angeles Affiliate,

is to train 20 per cent of the population over 14 years of age to administer CPR effectively.

Using the national standards for this training, set by the Heart Association, the Red Cross and the Los Angeles City Fire Department are holding classes for the general public.

During the course, the trainee observes a demonstration on a dummy of mouth-to-mouth resuscitation and the application of external pressure on the chest. Each trainee learns the proper technique by actual practice under the personal supervision of the instructor. The course takes less than a day. No fee is charged nor is any equipment required to be furnished by the trainee.

Once these procedures are mastered, the trainee is the recipient of a wallet card stating that he or she has successfully completed the CPR course according to the standards established by the American Heart Association.

Once learned, this knowledge is never forgotten. One of the most gratifying experiences persons can have in their

lifetimes is to save the life of another human being in an emergency situation. All too often we hear of a tragic drowning at a family outing, of a person choking to death in a restaurant, or of someone having a sudden heart attack on the street. Had prompt and proper CPR procedures been applied to the victim, a life might have been saved.

The American Heart Association, Greater Los Angeles Affiliate, has trained 350 CPR instructors this past year. These instructors, in turn, have trained 15,000 local residents. Besides the general public, this number includes personnel involved in rescue and emergency situations, medical and paramedical fields.

The Heart Association also conducts a program in advanced cardiac life support (advanced CPR) for physicians only. This involves training beyond the ABCs as mentioned earlier, and special equipment and medicines are used. There have been 100 emergency room physicians who have been certified to date as qualified to give advanced

CPR and to teach it to other physicians.

Write or call the American Heart Association, Greater Los Angeles Affiliate, 2405 W. Eighth St., Los Angeles CA 90057; (213) 388-4231, or your local Heart office, for more information and reference to a fire station or Red Cross unit providing CPR training.

Volunteers sought

Casa Colina Hospital for Rehabilitative Medicine needs men and women for weekly volunteer positions helping severely disabled patients and staff.

Volunteers can choose their own work according to interests and skills.

Helpers are needed with recreational activities, assistance in the dining room, in-house mail delivery, and in the children's development center.

Positions are also open as receptionist, adult day care center aides, and pool aides.

Don't smoke

Cigarette smoking is a health hazard for anyone and a special risk for people who have coronary disease, warns the American Heart Association.

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Liberation could shorten lives of women

Women will probably not continue to live longer than men if the women's movement is successful, according to gerontologist and author Morton Puner.

Women in western societies now tend to live five to seven years longer than men, who have a life expectancy at birth ranging from 67-70

years, Puner notes. But women have not always lived longer than men — particularly when there were more deaths in childbirth — and there is no solid genetic or hereditary reason yet established why they should live so much longer.

The fact that they do, he writes in

his new book "To The Good Long Life: What We Know About Growing Old" may be due entirely to differences in environment, roles and life styles between the two sexes.

"Women generally still have more protected environments, less dangerous or death-producing oc-

cupations, fewer violent deaths, accidents and suicides. They also suffer less from the consequences of smoking and lung cancer," he says.

"If women's lib changes women's life styles it also may change their life spans," he notes, by reducing them to the same length as men's. Puner says the rigors of running

a household and rearing children — together with worry about weight — may be just the things that keep women living longer than men.

Overweight is one of the great killers and men are less apt to watch their diets than women. Also, the sustained exercise of housework may be far more conducive to the long life than the physical life of urban or suburban man — often sedentary most of the week then abruptly

switching to hard physical exercise on weekends.

"Man suffers earlier from the great degenerative disease," Puner says.

To the Good Long Life reviews the latest findings in gerontology to explain what we know about and how we can improve the quality of each of the three major ways in which we age — biologically, socially, and psychologically.

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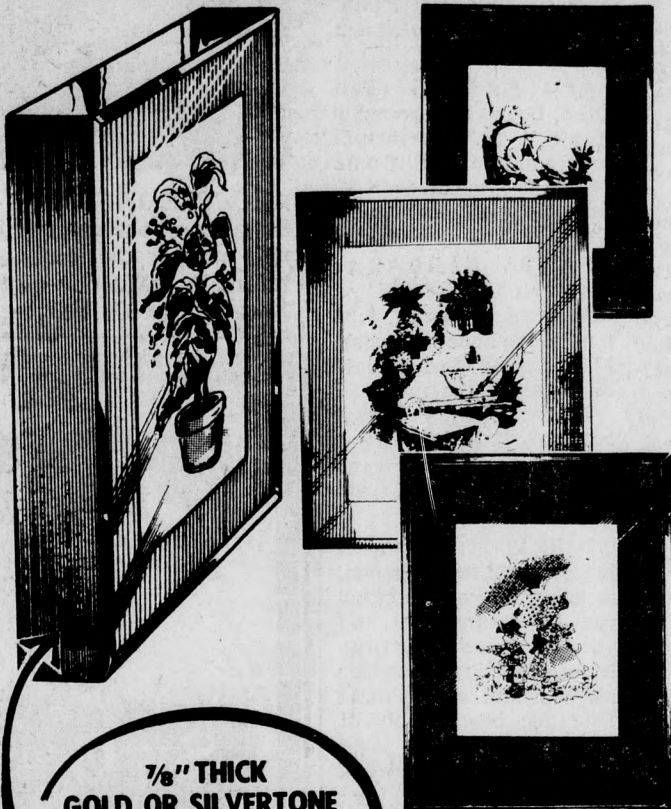
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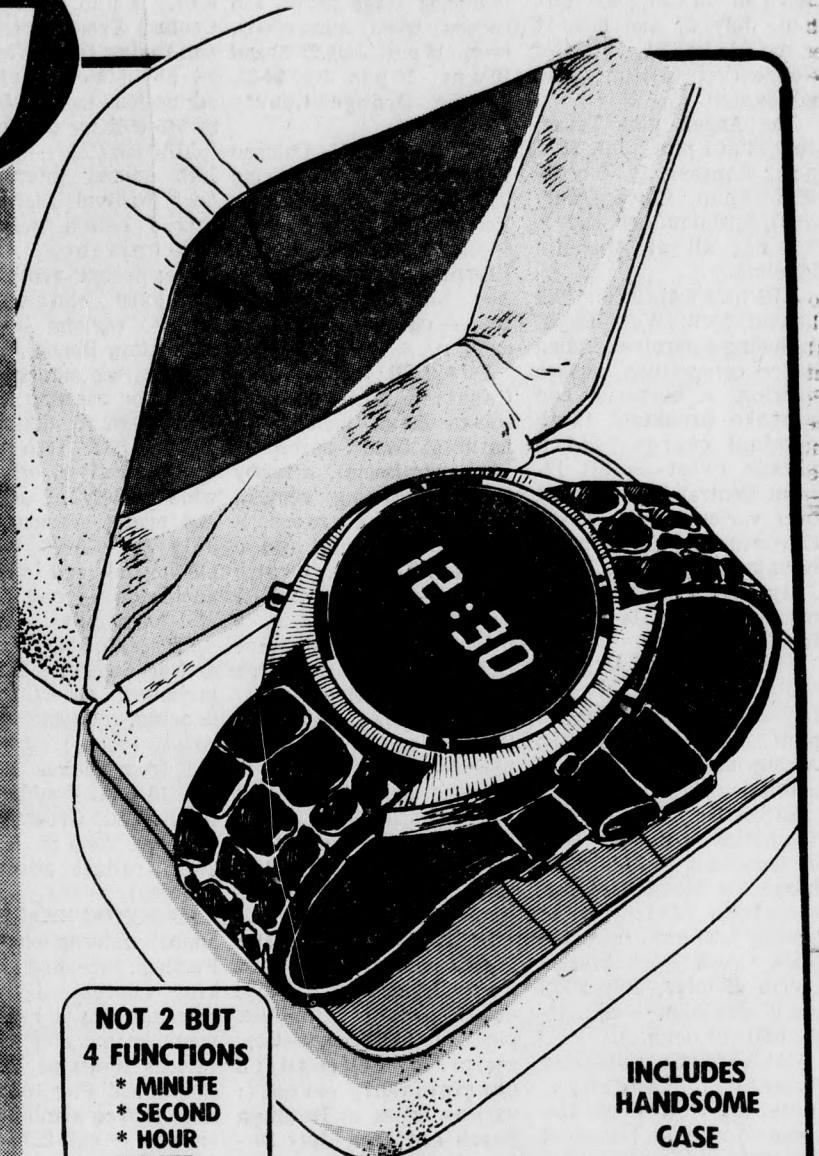
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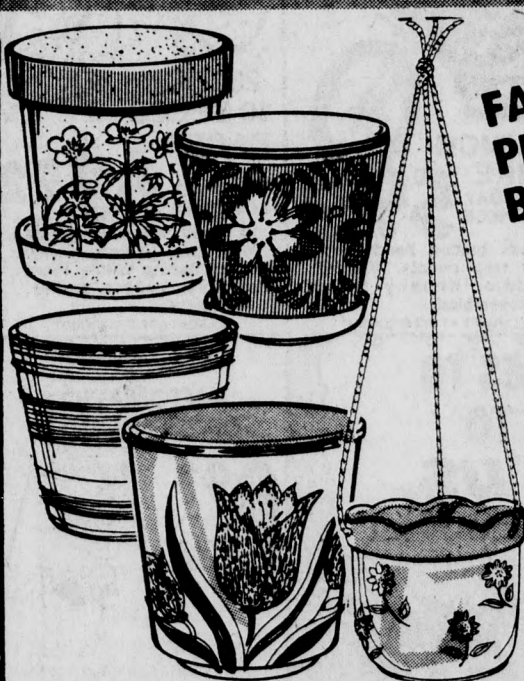
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Things to see and do in the Southland

Lifeguard championships, 19th century games and a trail ride are among the July 22 - Aug. 1 activities listed below (subject to change without notice), as compiled by the Automobile Club of Southern California.

Of special interest are Pearblossom's 21st annual Sunshine Festival; Frazier Park's ninth annual Fiesta Daze, and the ninth annual Mission Bay Sand Castle Contest in San Diego.

ANAHEIM: Model A Spirit of '76 Car Show 6-11 p.m. July 23 and noon-11 p.m. July 24, at the Convention Center (paid admission).

The Angels play Texas, July 24 at 5 p.m.; July 25, 1 p.m.; Kansas City, July 26-28, 7:30 p.m.; Chicago, July 30-31, 7:30 p.m. and Aug. 1, 1 p.m., all at Anaheim Stadium.

APPLE VALLEY: 29th annual Pow Wow Days, including a carnival, Indian dance competition, square dancing, a barbecue and pancake breakfast (both nominal charge) and a parade (west on SR 18, from Central Rd.) July 24 over various hours, at the Community Center on Navajo Rd., south of SR 18, July 23-25 (admission charged — call 714-242-2388 for details).

BAKERSFIELD: Seventh annual Royal Lipizzan Stallion Show, 8 p.m. at the Civic Auditorium July 27 (paid admission).

BISHOP: High Sierra Trail Ride, a five-day trek on horseback to Mammoth Lakes via Mono Pass and the John Muir Trail; leaving 7:30 a.m. from the Rock Creek Pack Station (north of city), July 26-30 (paid admission — call 714-872-8331 for details).

CALABASAS: California Rancho Fandango, including tours of the Leonis Adobe, an historical cultural monument, plus songs, dances and 19th century games; 6:30 p.m. at the Leonis Adobe, 23537 Calabasas Rd., just off the Ventura Fwy., July 24-25 (paid admission — call 213-464-7225 or 395-2025 for details).

CHERRY VALLEY (Riverside County): "U-Pick Cherry Harvesting," with growers supplying buckets and ladders (but not take-home containers),

at Mile High Ranch, five miles north of city, about 75 miles east of Los Angeles off Interstate 10 or Routes 60 and 79, thru Aug. 1.

CORONADO: Summer Sports Fiesta, including a rough water swim, surfing, skateboarding and barefoot softball, 8 a.m. - 5 p.m. at various places, July 24-25 (free spectator admission — call 714-435-8545 for details).

COSTA MESA: 28th annual Orange County Fair, featuring stage shows and rodeos (paid admission), noon - 10 p.m. July 22-23 and 10 a.m. - 10 p.m. July 24-25, at the Orange County Fairgrounds.

CULVER CITY: Chicano Film Festival, featuring "Yo Soy Chicano" and "Los Vendidos," both in English, 3 p.m. at the Culver City Library, 4975 Overland Ave., July 24 (admission free — call 213-559-1676 for details).

FRAZIER PARK (Kern County): Ninth annual Fiesta Daze, including a battle of bands, barbecues (paid admission), a hobby show, flycasting contest, model sailboat races, a community sing and a parade (11 a.m., through park, July 24), 11 a.m. - 7 p.m. July 23 and 10 a.m. - 6 p.m. July 24, Frazier Community Park (free grounds admission).

GRANADA HILLS: "Reflections on America," featuring songs and dances of eras and events that helped shape this nation and the world, 7:30 p.m. at the Knollwood Country Club, 12024 Balboa Blvd., July 25 (admission charged).

HERMOSA BEACH: 14th annual International Surf Festival, including a junior queen contest, two-mile, pier-to-pier, rough-water swim, and lifeguard championship events; various times at Hermosa Beach and Pier, July 30 - Aug. 1 (free admission and spectator viewing — call 213-545-4502 for details).

LOS ANGELES: National Mexican Rodeo, featuring Tony Aguilar's Mexican Charros, various times at the Sports Arena, July 23-25 (paid admission).

1976 Superbowl of Motocross, 1 p.m. (qualifications) and 8 p.m. (feature racing) at the Coliseum July 24 (paid admission).

31st annual Times Charity Football Game, pitting the Rams against Tampa Bay, 6:45 p.m. at the Coliseum July 31 (paid admission).

The Dodgers play San Diego July 22-23 at 7:30 p.m. at Dodger Stadium.

MALIBU: Fifth annual Malibu Festival, featuring antique and classic cars, a petting zoo, puppet shows, lifeguard championships and youth water events (both at Zuma Beach) plus a pancake breakfast, 10 a.m. - 5 p.m. at the Civic Center, Cross Creek Rd. and Civic Center Way, July 24-25 (free grounds admission — call 213-456-8832 or 545-4502 for details).

MANHATTAN BEACH: 14th annual International Surf Festival, including a mixed beach volleyball tournament, sand castle/design contest and lifeguard championship events, various times at Manhattan Beach July 29 - Aug. 1 (free admission and spectator viewing — call 213-545-4502 for details).

OXNARD: 16th annual Sports Festival, offering a wide variety of activities and events, various times July 24 - Aug. 9 (free participant and spectator admission — call 805-483-2481 for details).

PEARBLOSSOM: 21st annual Sunshine Festival, including entertainment, dancing, contests and a parade (noon, west on Ave. V-12 from 128th St. E., July 24), 10 a.m. - midnight at the Festival Grounds, Ave. V-10 and 128th St. E., July 23-25 (adult admission charged).

REDONDO BEACH: 14th annual International Surf Festival, including a junior king contest, Hawaiian outrigger canoe races and youth swims and paddles, various times at Redondo Beach and Pier, July 30 - Aug. 1 (free admission and viewing — call 213-545-4502 for details).

SAN BERNARDINO: Seventh annual Royal Lipizzan Stallion Show, 8 p.m. at Swing Auditorium, National Orange Show

Grounds, Mill and E streets, July 22 (paid admission).

SAN DIEGO: Ninth annual Mission Bay Sand Castle Contest, open to builders of all ages, 10 a.m. - 3 p.m. (registration at 9 a.m.) at Crown Pt. Shores, Mission Bay Aquatic Park, July 25 (admission free — call 714-276-2800 for details).

Seventh annual Royal Lipizzan Stallion Show, various times at the Civic Theatre, Convention and Performing Arts Center, July 23-25 (paid admission). The Jaws play San Jose July 23, and Miami July 30, both at 7:30 p.m. at Aztec Bowl, San Diego State University.

The Padres play Los Angeles, July 24 at 7 p.m. and July 25 at 1 p.m. at San Diego Stadium.

SAN MARCOS (San Diego County): "Spaceship Earth," a planetarium program, 7:15 and 8:30 p.m. (Wed.) at Palomar College, thru July 28 (admission free).

SANTA BARBARA: "American Spirit," a historical pageant, 8:30 p.m. at the Lobero Theatre, 33 E. Canon Perdido, July 28 (admission charged).

Seventh annual Royal Lipizzan Stallion Show, 8 p.m. at the Earl Warren Showgrounds, July 26 (paid admission).

TORRANCE: 14th annual International Surf Festival, including a two-mile beach run for youngsters and adults plus various lifeguard championship events, 9 a.m. and 8 p.m. at Torrance beach, July 31 (free admission and viewing — call 213-545-4502 for details).

The Aztecs play San Jose July 25 at 7:30 p.m. at El Camino College Stadium.

WEST LOS ANGELES: Israeli Festival, featuring music and dancing, 11 a.m. - 5 p.m. at the West Los Angeles Civic Center Bandshell, 1650 Purdue Ave., July 25 (admission free).



A COUPLE OF CLOWNS — Sandy (left) and Ron Severini, who were married in The Forum center ring and are the world only clown couple, will return to that same center ring as part of the 106th edition of Ringling Bros. and Barnum &

Bailey Circus 2:30 p.m. and 8 p.m. Tuesdays through Fridays, 10:30 a.m., 2:30 p.m. and 8 p.m. Saturdays, and 1:30 p.m. and 6 p.m. Sundays July 20-Aug. 4.

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TORRANCE 21220 Hawthorne Blvd. (corner of Torrance Blvd.)	CERRITOS 11346 South Street (across from Los Corrales Center)	ANAHEIM 2232 S. Harbor Blvd. at Chapman (1 mile S. of Disneyland)	ONTARIO 1317 N. Mountain Ave. (1 block S. of San Bernardino Fwy.)

SAN DIEGO MISSION BAY: 1240 West Marana Boulevard LA MESA: 8790 Grossmont Boulevard

Polar Bears featured

A troupe of eight colossal white Polar Bears will be featured for the first time in 30 years by the 106th Edition of Ringling Bros. and Barnum & Bailey Circus when the Greatest Show on Earth comes to the Anaheim Convention Center Aug. 5 to 17 and to the Long Beach Arena Aug. 18 to 22.

Featured as the opening act, the bears are manipulated by their diminutive blonde trainer Ursula Boettcher, the second artist in circus history to be sponsored in an American circus by the German Democratic Republic.

Polar bears are infrequently seen by the public because they are among the most ferocious and hazardous of animals. Fewer than a dozen Polar bear acts have been presented in this country during the past 75 years.

Where most bears are vegetarians and fish-eaters, the Polar bear lives mainly on seals and young walrus. Their power can be traced to their life habits; their forearms are strong enough to flip a full-grown seal out of the water. Their jaws are built to bite continuously until their prey are disarmed or devoured.

Trainers say that bears learn more tricks than other animals, but they are inclined to become moody or sullen. A good trainer must know the moods and temperaments of his bears.

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Lemon dessert treat

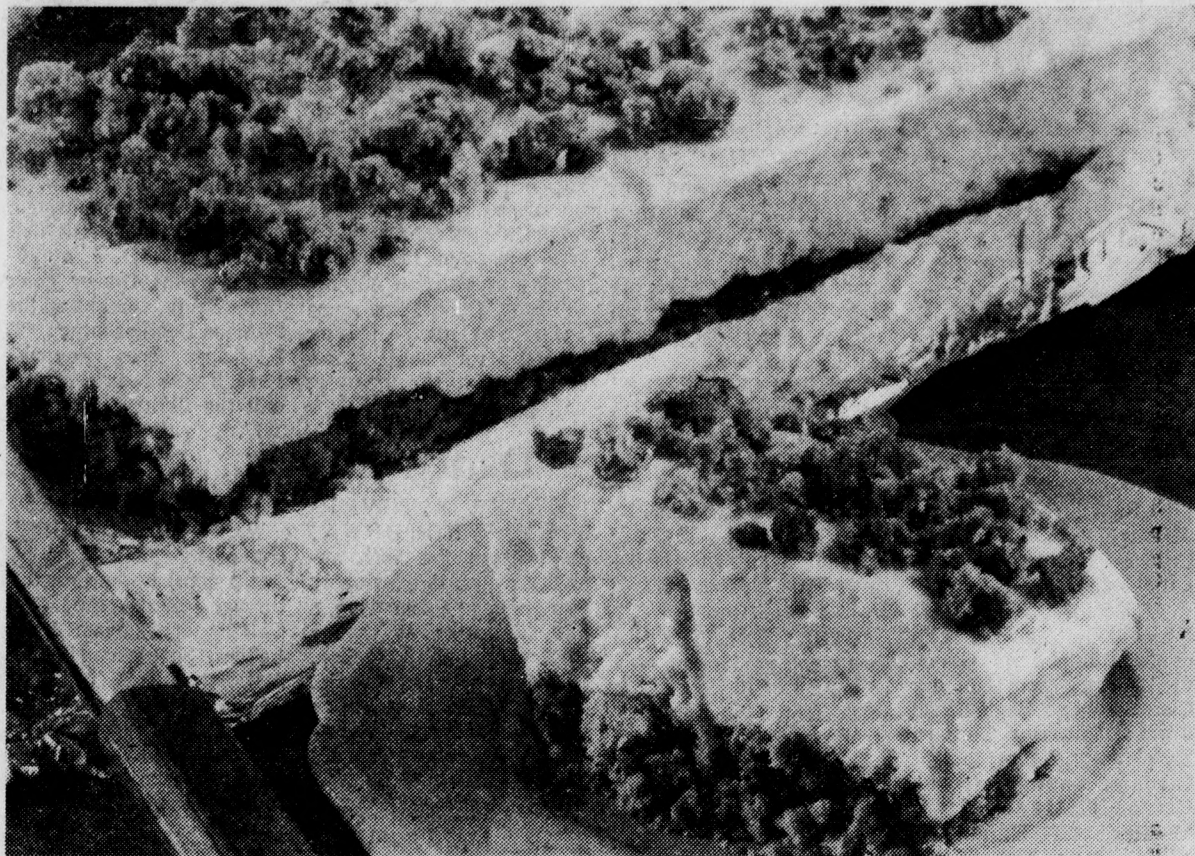
Delicious, eye appealing frozen desserts have been included in many American menus; however, the recipe idea did not originate with us. Did you know that according to one account, frozen desserts were popular with the early Chinese who used snow and

ice in their beverages and foods? And even Catherine de Medici at her wedding to France's future King, Henry II, in 1533, served a different frozen flavor delight each day of the festivities!

Today, frozen desserts

are a welcome treat at the end of any meal. Our Frozen Lemon Crumb Dessert is a creamy, light concoction that starts with a mixture of sweetened condensed milk, lemon juice and eggs. It thickens without cooking. The crumb crust contains a surprise ingredient — chopped pecans — a little different from the traditional graham cracker crust. The bottom of an ice cube tray is lined with aluminum wrap which also serves as a freezer wrap later.

3 tablespoons sugar
Mix flour, brown sugar, butter and nuts until crumbly. Spread on cookie sheet lined with Reynolds Wrap. Bake in 350 degree F. oven until crisp and golden, 13-15 minutes; stir occasionally to break up crumbs. Cool. Line ice cube tray with aluminum wrap, leaving 1/2-inch collar around edges; spread 2/3 of crumb mixture in bottom. Beat egg yolks until thick and lemon colored; blend in condensed milk. Add lemon juice and rind; stir until thickened. Beat egg whites until stiff but not dry. Gradually beat in 3 tablespoons sugar; fold into lemon mixture. Pour over crumbs in pan; sprinkle with reserved crumbs. Freeze until firm. When solid, lift from tray; cover with piece of foil large enough to seal with liner. Press liner and cover edges together; fold up and over to seal. Label; return to freezer. Cut into bars to serve.
Makes 6 servings.



Lemon Crumb Dessert is a real dessert treat anytime, but when hot weather hits hard, it is just the thing for a cooling moment. Serve as dessert or as an evening snack. Easy to make and

interesting to look at, this Lemon Crumb Dessert will get raves from all. Just don't take it on a picnic. It will melt.

Japanese chicken

As America observes its Bicentennial, chicken joins the celebration as one food which has been a part of the nation's culinary heritage for more than 200 years.

The first explorers brought chickens with them on ships from Europe. Some 500 domestically bred chickens were listed on an early Jamestown inventory — offspring of those which survived the trip from England with the colonists.

From the Indians, Colonial housewives learned to use corn in their cooking and soon a staple in their diets (especially in New England) was succotash — a thick, corn-bean soup which was probably served by Pilgrims at the first Thanksgiving dinner in 1621.

The oldest succotash recipe on record requires the boiling of two fowls in a large kettle of water.

Daniel Webster wrote that his mother was an artist at simmering together chicken and salt pork "in her own rare manner" and she always served it when he visited her in New Hampshire.

Chicken was on the menu when George Washington entertained General Lafayette at Mount Vernon. And Annette, the Monticello governess for Thomas Jefferson's children, left written instructions for making "Chicken Hash" when he moved into the White House, noting, "This dish is for breakfast."

Because of lack of refrigeration, chickens were herded live aboard luxury steamboats on the Mississippi and Ohio Rivers. These were often prepared by French chefs and served in the most elegant manner beneath chandeliers swaying to the boat's motion.

Mark Twain, traveling in Europe in 1878, became nostalgic for what he called

a "nourishing meal" and wrote out a lengthy menu of what he would like to have awaiting him when he arrived home.

This included "broiled chicken, American style." Fried chicken was typical not only in the South but in the country's mid-section as settlers moved West.

America has been called a "melting pot" of many nationalities and certainly American food has evolved from the favorite dishes of many lands.

Here's a favorite of Oriental cooks which could add an international note to your next party.

Japanese Chicken

1/2 cup soy sauce
1/4 cup sherry
1 tablespoon sugar
1 teaspoon ground ginger
1/4 cup water
1/2 pound chicken livers, cut in half

1 large whole chicken breast, split, skinned, boned and cut in 1-inch cubes
4 scallions cut in 1-inch lengths
1 cup rice, cooked
2 tablespoons white vinegar
2 tablespoons sugar
2 teaspoons dry sherry

Combine soy sauce, sherry, sugar, ginger and water. Boil 1 minute; cool. Marinate chicken livers, chicken cubes and scallion pieces in mixture 15-30 minutes, turning once. On short wooden skewers, thread a chicken cube, a chicken liver piece, a scallion piece, another liver piece and another chicken cube. Grill over hibachi 4-5 minutes per side, brushing occasionally with marinade. OR, even broil 3 to 6 inches for 7 to 10 minutes. Serve with rice prepared as follows: Cook rice according to package directions. Meanwhile, in small saucepan, combine vinegar, sugar and sherry. Bring to boil and stir into cooked rice. Serves 4 to 5.

Recipes right for diabetics

There are great foods which can be prepared for diabetics. Here are three recipes worth trying.

Cherry Sauce for Baked Ham

1 pound can sour pie cherries
2 tbsps cornstarch
1 tsp. grated orange rind
1/2 cup unsweetened orange juice

Artificial sweetener equivalent to 1/4 cup sugar
1 stock cinnamon
5 whole cloves
1/2 tsp salt
1/2 tsp red food coloring
Drain cherries; reserve liquid. Blend liquid with remaining ingredients in saucepan. Cook over medium heat, stirring constantly, until thick. Stir in cherries. Serve hot over ham. Yield: approx. 2 cups. 2 tbsps - 19 calories.

Spanish - Artichoke Salad

2 14 oz. cans artichoke hearts, drained
1 cup low-calorie Italian salad dressing
3 hard-cooked eggs
6 cups torn fresh spinach
6 cups torn lettuce
Halve artichoke hearts; marinate in salad dressing for 1 hour in the refrigerator, drain hearts, reserving dressing. Dice 2 hard-cooked eggs; sprinkle with salt. In large salad bowl place spinach, lettuce, artichoke hearts and diced eggs; toss lightly with reserved salad dressing. Slice remaining egg; arrange over salad. Serves 12; 78 calories/serving.

Grasshopper Pie

14 graham crackers
2 1/2 tbsps. dry, unsweetened cocoa
4 tbsps. corn oil or margarine, softened
1/3 cup water
2 envelopes unflavored gelatin
2 cups low-fat milk

1 1/2 tsp. vanilla extract
1/2 tsp. mint extract
2 drops green food coloring
sugar substitute - 3 tbsps. sugar

Roll the graham crackers with a rolling pin until they are fine crumbs. Put the graham crackers in a bowl and add the unsweetened cocoa. Using a pastry blender, mix graham crackers and cocoa with the softened margarine until completely mixed and the consistency of dough. Reserve 2 tbsps. of this mixture to use later.

Place the remaining mixture evenly on the bottom of a 9 inch pie pan. Place the reserved 2 tbsps. of the mixture in an ovenproof dish. Place both the pie plate and reserved crumbs in a 375 degrees oven for 8 min. Then, cool to room temperature.

Put the 1/3 cup water in a saucepan and add the two envelopes of unflavored gelatin. Allow the gelatin to soften in the water for at least 5 minutes. Heat the gelatin mixture over low heat, stirring constantly until the gelatin is completely dissolved in the water. DO NOT BOIL!

Add the 2 cups of low fat milk to the gelatin mixture and mix thoroughly. Place in the refrigerator for about a half hour or until mixture starts to thicken. Remove from the refrigerator and place the milk/gelatin mixture in a blender. Add the vanilla extract, mint extract, green food color and sugar substitute. Blend until a foamy consistency.

Pour the mixture into the cooled pie shell. Sprinkle reserved cooked crumbs over top of pie evenly. Place in refrigerator and chill at least 3 hours before serving. If possible, make a day ahead of time. Makes 8 servings; 167 calories/serving

Frozen Lemon Crumb Dessert

1/2 cup flour
2 tablespoons brown sugar
1/4 cup butter or margarine
1/4 cup finely chopped pecans
2 eggs, separated
1 1/3 cups (14 oz. can) sweetened condensed milk
1/3 cup fresh or bottled lemon juice
1 1/2 teaspoons grated lemon rind

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BONE-IN

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BONELESS SIRLOIN TIP STEAKS

BEEF ROUND

\$1.59 LB.

BONELESS ROUND STEAK

BEEF BOTTOM

\$1.39 LB.

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\$1.49 LB.

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FROZEN YOUNG HEN TURKEY

59¢ LB.

SMOKED BEEF BACON

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Weekly Calendar

Stage

"MY FAIR LADY," a musical - comedy, 8 p.m. Fridays and Saturdays through Sept. 18 at the Gallery Theatre, 126 E. C St., Ontario. For reservations call (714) 982-5357, call (714) 598-4546 or (714) 598-4549.

"MARY POPPINS," 1 p.m. Saturdays through August at the Peanut Gallery, a theater for children, the Gallery Theatre, 126 E. C St., Ontario. Reservations are not required.

"CUPID AND PSYCHE," a modern comedy based on Greek mythology written by Citrus College English and drama instructor Bernard Zavidovsky, 8 p.m. tonight through Sunday at the Citrus College Little Theater, 18824 E. Foothill Blvd., Azusa. Tickets will be sold at the door.

"SPOON RIVER ANTHOLOGY," by Edgar Lee Masters and "THE LOVER" by Harold Pinter, two student - directed plays, 8 p.m. July 30 and 31 and Aug. 5, 6 and 7 at California State Polytechnic University, Pomona studio theater, 3801 W. Temple Ave. For tickets call (714) 598-4546 or (714) 598-4549.

"1776," Sherman Edwards' musical based on Peter Stone's "1776," July 23, 24, 29, 30 and 31 and Aug. 1 at the Mt. San Antonio College Little Theater. Cosponsored by the college and the Walnut Lions Club.

"YOU'RE A GOOD MAN, CHARLIE BROWN!" 8:30 p.m. July 29, 30 and 31 at the Chaffey College Little Theater. For reservations call (714) 987-1745.

"A THOUSAND CLOWNS," 8:30 p.m. thru Aug. 1 in the summer theater at Muckenthaler Cultural Center, Fullerton. Sponsored by California State University, Fullerton and the center. For tickets call (714) 879-6865.

"SHERLOCK HOLMES," by William Gillette 8:15 p.m. July 22-24 and 29-31 in the campus little theater, California State College, San Bernardino, by the Players of the Pear Garden. Tickets may be obtained from the college Drama Department.

"STORY THEATRE," a theatrical production of a collection of 10 well known tales from the Brothers Grimm and the Fables of Aesop, 8:30 p.m. July 23, 24, 30 and 31 at the Valley Community Theater, 132 E. Third St., Pomona. Presented by the VC Teens. For information call (714) 622-8954.

"GODSPELL," a musical adaptation of the Gospel of St. Matthew, 8:30 p.m. July 21-24 and 28-31 and Aug. 4-7 at the Fontana Mimmers Community Playhouse, 16286 Foothill Blvd., Fontana. For tickets call the playhouse box office evenings, (714) 822-9154.

Music

CONCERT, featuring Teddy Buckner's Dixieland Group and the Big Band of Abe Most, 2:30 p.m. Sunday at the Ambassador Auditorium, 300 W. Green St., Pasadena. Free. For more information call the auditorium box office, (213) 577-5511.

"HOLLYWOOD BOWL OPEN HOUSE EAST," an admission-free five-day-a-week summer music

festival for children featuring entertainment, and workshops in celebration of America's arts and peoples, 9:15 a.m. and 10:15 a.m. Friday at Mt. San Antonio College, Walnut. For more information or for reservations call Joan Reynolds, (213) 972-7200, ext. 826 or 827.

Dance

SILVER ANNIVERSARY HOEDOWN, celebrating the 25th anniversary of the Swinging Stars Square Dance Club, 8 p.m. Saturday at Colony Park Community Center, 1240 W. Fourth St., Ontario. Garland and Carrie Freeman will be the callers. All square dancers are welcome.

Films

"THE ART OF AGE," the philosophy that "one is under an obligation to live as long as one is living," and **"ELSA THE LIONESS,"** which picks up where "Born Free" left off, showing Elsa returning from the jungle to her human family after being wounded, 7 p.m. Wednesday at the Ontario City Library, 215 E. C St., Ontario. They are the last of 14 outstanding motion pictures to be shown at the library's "Family Film Festival." Free.

"THE VICTORY OF DIEN BIEN PHU," a documentary film detailing the history and plans of the battle between the Vietnamese and the French expeditionary forces (completed in 1964 to mark the 10th anniversary of the victory at Dien Bien Phu) 7:30 p.m. Friday in room 123 of the humanities

building, California State University, Fullerton. A donation will be requested. **"LEGEND OF JOHNNY APPLESEED,"** a 20-minute Walt Disney color film, 7 p.m. tonight at the Pomona Public Library, 625 S. Garey Ave., Pomona. Free. For more information call the library, (714) 620-2017.

Art

WATERCOLOR SHOW, featuring paintings by Azusa artist Esther Martin, through July 30 at the Lobby Gallery at Pomona First Federal Savings and Loan Association, 399 N. Garey Ave., Pomona. The series of paintings is based on sketches and memories from the artist's recent trip to the Yucatan in Mexico.

ART EXHIBIT - SALE, presented by the Chaffey Communities Cultural Center, featuring about 600 original prints from the famed Ferdinand Roten Galleries collection, 10 a.m. in Swing Auditorium 8 p.m. Friday at 525 W. 18th St., Upland. Will include prints by such masters as Picasso, Goya, Renoir and Hogarth as well as contemporary American artists.

ART EXHIBIT, featuring 28 works by Don Gould focusing on portraits and mood studies of the American Indian and the Vietnamese in charcoal, oil pastel, pastel and acrylic, through July 31 at the Pomona Public Library, 625 S. Garey Ave., Pomona.

BICENTENNIAL INVITATIONAL ART SHOW, featuring photographs, sculptures, paintings, and other art forms, 10 a.m. - 5 p.m. Tuesdays through Saturdays and 1-5 p.m. Sundays through Aug. 1 at the O.J. and Della Fisk Auditorium, San Bernardino County Museum, 2024 Orange Tree Lane, Redlands. Free.

PETROGLYPHS, PICTOGRAPHS AND SAND PAINTINGS of Indian designs of the past, by John Lincoln, David Villaseñor and Wilson Turner, 10 a.m. - 5 p.m. Sundays through July.

Lectures

PLANETARIUM SHOWS - "Poetry of the Skies" 7 p.m. July 28 (\$1 admission) "Transit of Earth" by Arthur C. Clarke 7 p.m. July 22 and 29, (\$1 admission), and "Stars Along the Milky Way" (free) 8 p.m. July 28, at the Mt. San Antonio College Planetarium at the college in Walnut.

Exhibits

RECREATIONAL VE-

HICLE SHOW, sponsored by Louis C. Bell and San Gabriel Valley recreation vehicle dealers in cooperation with the 61 merchants of the Eastland Shopping Center, 2-9 p.m. weekdays and 10 a.m. - 9 p.m. weekends through Sunday at the shopping center, Covina. Free.

AMERICAN IMAGES BICENTENNIAL EXHIBITION, featuring a new display of radio receivers and 19th Century quilts, 8 a.m. - 10 p.m. Mondays through Thursdays, 8 a.m. - 5 p.m. Fridays and 9 a.m. - 5 p.m. Saturdays, at the Kennedy Library - North, California State University, Los Angeles. Free.

Special events

WEST COAST SHOWS QUARTER HORSE SHOW, beginning at 8 a.m. Friday-Sunday in the Carnation Ring at the Los Angeles County Fairgrounds, Pomona.

OPEN DOE SHOW sponsored by the Paradise Valley Dairy Association, 9 a.m. Saturday and Sunday in the goat barns at the Los Angeles County Fairgrounds, Pomona.

ESTATE SALE ANTIQUE AUCTION sponsored by Victor Buck of Upland, 10 a.m.-noon, 2-5 p.m. and 7-10 p.m. Saturday and Sunday in building 3A at the Los Angeles County Fairgrounds, Pomona.

"HELP FOR THE CHILD WITH LEARNING AND BEHAVIORAL PROBLEMS," a series of seminars for parents, clinicians and students who work with children, 7-9 p.m. tonight, July 29 and Aug. 5, 12 and 19 at the Scott Clinic, Family Guidance Center, Maxson Medical Building, 933 S. Sunset Ave., Suite 104, West Covina. Emphasis will be placed on learning techniques for early recognition and possible prevention of learning behavior problems of children. Discussion leader is Mary McConahay, licensed educational psychologist and marriage, family and child counselor. For more information call (213) 962-5137.

SUMMER YOUTH ART SEMINAR, sponsored by the Fontana Art Association, 9 a.m.-noon Saturdays July 24-Sept. 4 at the Fontana Art Gallery, 8536 Sierra Ave., Fontana. Four instructors will teach the basics of oil painting. Free with Art Association membership. For more information call (714) 823-6038.

SEMINAR ON ALCOHOL ABUSE, directed by Roger Vogler, professor of psychology at Pomona College, 9 a.m. - 5 p.m. July 28 and 29 in the Board of Fellow Room, Harper Hall, Claremont Graduate School, Claremont. Will cover means of detecting

San Dimas Press; LaVerne Leader; The Bulletin; Upland News; Cucamonga Times; Montclair Tribune

"WHAT DO YOU SAY AFTER YOU SAY 'HELLO?'" a lecture - workshop for singles by Arline Steiner, 7:30 - 9:30 p.m. and July 22 at the Valley Community Church, Lone Hill Avenue and Covina Boulevard. For information call the center, (213) 962-5137.

"PASCOPEX," the Pasadena Coin and Stamp Exposition, noon-10 p.m. Friday, 10 a.m.-10 p.m. Saturday and 10 a.m.-6 p.m. Sunday at the Pasadena Center Conference Building, 300 E. Green St., Pasadena. For more information call (213) 559-2121.

ALL-STAR FOOTBALL COACHING CLINIC, featuring six outstanding speakers, July 30 at Citrus College, Azusa. For more information call John Strycula, (213) 335-0521, ext. 304.

"THE WONDERFUL WORLD OF HORSES," featuring the Royal Lipizan Stallion Show, tonight in Swing Auditorium on the National Orange Show grounds, San Bernardino. For tickets call the Orange Show Ticket Agency, Harris company stores, Mutual and Liberty agencies and Ticketron outlets.

CITRUS COLLEGE MEMORABILIA SHOW, including Indian, gold mining, and citrus history of the San Gabriel Valley, 11 a.m. - 5 p.m. Sundays through Aug. 29 at the college art gallery, 18824 W. Foothill Blvd., Azusa. Free.

Rich Little

Impressionist Rich Little and Charo join forces at The New Greek Theatre Los Angeles opening Aug. 31 through Sept. 5. Both favorites on television talk and variety shows, the two will present a program of entertainment laced with Little's famous impersonations and Charo's infectious personality.

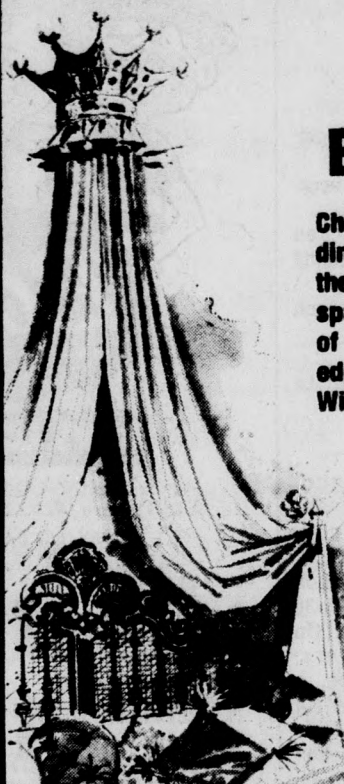
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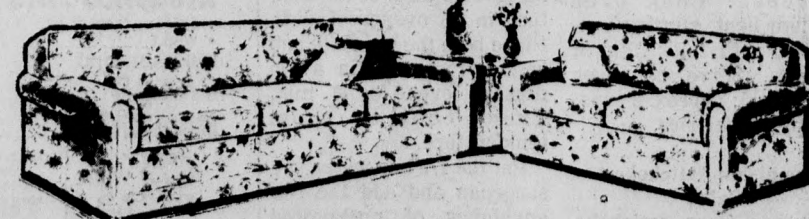
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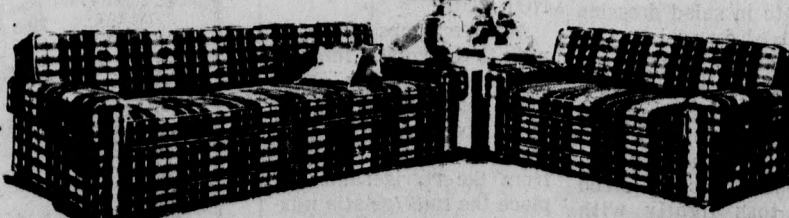
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MATTRESS FACTORY



SUMMER PRODUCTION - Bip York and Jeff Zupan rehearse for the VC Teens production of "Story Theatre," playing 8:30 p.m. Fridays and Saturdays through July 31 at the Valley Community Theatre, 132 E. Third St., Pomona.

Stories to be presented include "The Bremen Town Musicians," "The Robber Bridegroom," "Henny Penny," "Fisherman and His Wife" and "The Golden Goose." For tickets call (714) 622-8954.

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Newly decorated throughout. Small pet o.k. with deposit. Pleasant layout of 4 unit bldg. with plenty of play area.
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Quality Duplexes - Reasonable Cost. 1, 2, 3 Bdrms., 1, 2 Bath. Children, pets o.k. All extras included - yard, garage, patio, a/c. Gas, water, trash paid. \$125 up, unfurn. \$150 up, furn. Pomona, 624-5916 or 629-0721.

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For Sale: 1968 Renault, \$600; 1975 100cc Yamaha dirt, \$350; 1974 500cc Yamaha dirt, \$600. 985-7029.

70 Cadillac Sedan deVille, excellent condition, \$1800 or best offer. Call 987-8722 after 5.

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Of Chaffey Community
1010 E. Mission
Ontario 984-2427

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Collect Accounts Receivable. Evenings & Week-ends, responsible person. Call 987-3617 for interview, A.M. Cucamonga-Alta Loma area.

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Need Lady to care for 1 yr. old in my home. Prefer Spanish speaking. Salary open. (714) 593-9300.

Small publishing firm seeks artists, writers, editors, and photographers. Send resume to: F. P. Donadee, Jr., 212 E. Pasadena St., Pomona, Ca. 91767.

Woman or student to care for small child in my home. Mornings through Sept. 982-9673.

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Looking for Year Round Accounts in this area. Reasonable. (714) 985-5145

MISCELLANEOUS

ABORTION thoughts? Consider the alternatives. Free residential, medical, financial help. Right to 'line. 24 hours. 985-0205.

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TEXAS TAMALES, Zesty, Cornhusked, Delicious, Fresh, Ready to Steam, Old Formula. Made by Senior Citizens. Delivery by Dozen. Call (714) 599-6334.

Furniture Restoration-No Dip Strip, Stain & Finishing. A finish job which is a distinct credit to the finisher & a pleasure to the owner. KEN'S, 1910 White Ave., La Verne, (714) 593-1846.

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1 Steel Boat Tank, 17 gal., \$35. 1 Aluminum Holding Tank for Camper, \$35. (714) 598-2013.

FOR SALE Unclaimed Upholstered Furniture. SPIEGEL RUG & FURNITURE CLEANERS. 628-8988. Sofas, Chairs, Hide-a-beds.

SECONDS & FREIGHT DAMAGED CARPETS & PADS AVAILABLE. (213) 966-1222 or (714) 628-8988.

Brand New Sofa & Love Seat. Never Used, \$189.50. 628-8988.

GARAGE SALE
Sunday, July 25, 9 a.m. Furniture, games, clothes, etc. 1150 N. San Dimas Ave., San Dimas.

Schwinn Tandem, Deluxe Twin, 5 speed. Like new, \$100. 988-8788, 1187 Oak Ridge Dr., La Verne.

9 Drawer Dresser with mirror, dark wood, beautiful condition, \$20.00. (213) 331-5743.

GARAGE SALE: Furniture, Appliances, Toys, Office Equip., Light Fixtures. July 23-31, 7250 Sonoma, Alta Loma. (One block west of Camelian, one block north of Baseline.)

Astrology Parties - Lectures, Fund raiser, clubs, conventions. Also lessons. 985-3923.

Candance Kennels BILL KOEHLER'S

Day and night dog classes. Boarding and training. See our NEW CAT CABANAS. The finest facilities for vacationing cats. HOME OF "THAT DARN CAT."

EASILY REACHED
2 Blocks West of Central at 5659 W. State, Mont. 628-5371

MISCELLANEOUS

CUSTOM FITTED BRAS - \$8. Increase small bust, support full bust in comfort, (714) 599-1830, Sarah.

Chrome, glass, wood shelves. Three shelves plus storage cabinet, \$75.00. (714) 595-7325.

Dry Flower Arrangements, Custom Design. Creative Gift Items. Wedding Bouquets, Centerpieces, etc. "The 33rd Street Flower Works," 329 So. Rock River Road, Diamond Bar, (714) 598-1747.

Himalayan Kittens, blue & seal points, CFA, shots, \$90.00. Stud Service. 985-3923.

YARD SALE - MOVING
Household goods, furniture, sickroom equipment, television, records, mandolin, melodia, harmonica, dishes, games, hair dryer, roller skates, shotgun, new pool table, utensils, ladders, power lawn tools, many misc. items. Saturday & Sunday, 10 a.m.-5 p.m. 940 West Fifth Street, Ontario.

LARGE YARD SALE
July 23, 24, 25, 9558 Monte Vista, Alta Loma. Watch for signs.

GOING OUT OF BUSINESS
Women's Wear Store. Fixtures for sale, make offer. Pazzaz Too, 187 N. San Dimas Canyon Rd., San Dimas. 599-4110.

Boys 5-speed Spider bike. Good condition, \$25. (213) 331-5743.

G. E. Room Air Conditioner, 4000 BTU per hour, \$75. like new. Also 3 speed fan, \$10. Call 593-1282.

MOBILE HOMES

1974 12x60 2 bedroom. Set up in Villa Montclair Park, front spade. 985-3518.

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FIVE BEDROOMS
Three baths, family room, efficient kitchen with built-ins. Over 2100 sq. ft. in this ten year old house that is close to schools and the Little League Park.

IF YOU WANT LAND AROUND YOUR HOME
Come see this beautiful 1/2 acre corner lot in lovely Covina. The 2300 sq. ft. house boasts 4 bedrooms, 3 baths, a huge kitchen and a living room big enough to really LIVE in! All of this and so much more; you must see it to appreciate it. Call Mary Lou now for an appointment to view.

593-7544
593-3798

MOBILE HOMES

"Before you sell or buy, see us first. K and B Mobile Homes 14838 Foothill Blvd. Fontana, Ca. 92421 or 929-0206."

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MUSICAL

See the New IBANEZ GUITARS The Guitar Store 489 W. Holt, Pomona 623-6614

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PROFESSIONAL DOG GROOMING
Lee's Pet Shop, 621-1516. 4714 Holt Blvd., Montclair. Between Ramona & Monte Vista.

RENEE'S GROOMING. All Breeds - Poodles, Terriers, Heinz 57s, 15 yrs. experience. Supplies, pick up, delivery. Also horse trailer and trailer for rent. 2723 E. Valley at Nogales, W. Covina, 213-964-9500. Thank you.

FREE PUPS. Mixed breed. 599-9157.

SILKY TERRIER. One female pup. Call after 6 p.m. 628-0081.

FRY REALTORS

DIRTY DANDY!
A little paint & a little fixin' & this 3 bdrm., 1 1/2 bath home will be a doll house. Approx. 1400 sq. ft. with forced air, fireplace, built-ins, laundry room & landscaping, also, very good UPLAND location, close to schools & shopping. ONLY \$35,930 As is. Call now for apt. to look.

COOL POOL JUST LISTED
Happiness is this lovely 2 bdrm + family room + custom pool with Jacuzzi. See it to believe it. FHA & VA terms available. Only \$27,950.

KNOW YOUR HOME EQUITY?
We will give you a current market analysis for the asking, no high pressure, no obligation. We would like to be your agent when you have the need...CALL TODAY.

917 W. Foothill, Upland 985-9748 Anytime

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4 bedroom house in San Dimas, 2 bath, large living room and kitchen. Pool & Jacuzzi with service. Children o.k. \$400 per month. (213) 965-6279.

REAL ESTATE

"LITTLE WHITE COTTAGE" in Hi-Desert Joshua Tree. Small 2 bedroom, five year old home on half acre. Completely fenced. 2 fruit trees, grape arbor. Utilities. Unbelievable price of only \$12,500 with terms. LELA BUTLER, 61731 29 Palms Hwy., Joshua Tree, Ca. 92532. Call anytime: (714) 366-8091.

HOME and INCOME in Hi-Desert Joshua Tree. 2 bedroom furnished older home, newly painted and carpeted. Workshop. Fenced area. Natural gas, TV Cable. Close in, near beautiful park. ALSO adjoining one bedroom rental, large lots. BOTH HOMES for only \$22,500 cash. A good investment or tax shelter. LELA BUTLER, Realtor, 61731 29 Palms Hwy., Joshua Tree, Ca. 92532. Call anytime: (714) 366-8091.

KAMANSKY REALTY

NEW HOME
SAN ANTONIO HEIGHTS on 1/2 acre view lot. Spanish Style, 3 large bdrms, 26x15 family rm with beautiful fireplace, bit-in bookcases, sunken living rm w/walnut ceilings, dining rm and all elec kitchen, central air with purifier. Attic is planned for extra storage, pull down ladder, large covered patio. Plenty of room for two horses, tennis court and pool. House just completed, buy now and choose your own carpet color. Well priced at \$65,000.

OLDER
UPLAND, Charming, older home in nice condition. 3 bdrms, family rm, living rm, modern kitchen and bath, nice carpeting throughout. Roof less than a year old. Storage shed and 2 car garage. Property in nice older area of town. Well priced, \$28,500.

Please call today
Call day or night
982-8868
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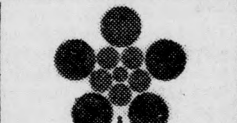
An Invitation
To live graciously. Living room, dining room and family room with a feel for entertaining. A kitchen you'll love to cook in. Features 5 bedrooms, bath and plaster construction, central air conditioning and large rear yard. Choice NW Upland location. Best Upland schools. \$69,900. U-55. CALL ANYTIME.
Calif. Preferred Properties
985-2771



Enchanting Custom
Home close to foothills offering sweeping view of valley & mountains. Has 3 bedrooms, utility-sewing room, central air, small Japanese garden, sunset pool with heater & filter. Room for camper or boat. Offers you most desired seclusion. Choice Upland schools. \$68,500. U-66. CALL ANYTIME.
Calif. Preferred Properties
985-2771



Camper or Boat?
If you have recreational vehicles, here is a 3 bedroom home that has room to park your vehicles. The home offers you over 2,000 sq. ft. of living space, family room with wet bar, separate den & hardwood floors. Nice tree shaded yard. \$45,000. U-59. CALL ANYTIME.
Calif. Preferred Properties
985-2771



N.W. ONTARIO
This large 3 bdrm & den home has new W/W carpeting over hwd floors. Refurbished kitchen with self cleaning oven & new dishwasher. Formal dining room, FA heat, central air. Large covered patio, block wall, wrought iron fence & gate. RV parking & many other extras. Only \$46,950.

YOUR PERSONAL TOUCH
Is all that is needed to bring this 2 bdrm. older home to life. Rambling rose, grape arbor, apple & walnut trees. Completely chain link fenced. Double detached garage, large metal barn. Built-ins in kitchen with cheer dining area \$29,000.

WANTED
Realtor - Associate
* Prof. Modern office
* Best location
* Aver. Trans. \$50,000+
* 75% trans. no-gov't
* Call Bob Young

CHAIANNE REALTY
9310 Baseline, Alta Loma
987-6305

PUBLIC NOTICE

NOTICE OF TRUSTEE'S SALE
T.S. No. 147
On August 5, 1976, at 11:30 A.M., Western States Title Co. Inc., a California Corporation, as duly appointed Trustee under and pursuant to Deed of Trust recorded November 14, 1974, as inst. No. 327, in book 8557, page 492, of Official Records in the office of the County Recorder of San Bernardino County, State of California WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the north entrance to the County Courthouse in the City of San Bernardino all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:
Lots 3, 4, 7, 8, 9, and 10 of Tract No. 6584 in the City of Montclair, as per map recorded in Book 62, Pages 80 and 81 of Maps, in the office of the county recorder of said county.
The street address and other common designation, if any, of the real property described above is purported to be: 10340 at al Kimberly Ave., Montclair, California.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.
Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$ Pro Tanto, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.
Date: July 6, 1976
WESTERN STATES
TITLE CO. INC.
as said Trustee,
By M. SULLIVAN
Authorized Signature
Montclair Tribune 3106
Publish: July 15, 22, 29, 1976
51525

PUBLIC NOTICE

NOTICE OF PUBLIC HEARINGS BEFORE LA VERNE CITY COUNCIL
NOTICE IS HEREBY GIVEN of public hearings to be held before the La Verne City Council, on Monday, August 2, 1976, at 7:30 P.M. in the City Council Chambers of the La Verne City Hall, 2061 Third Street. The City Council will consider the following applications:
A. An application by Raymond J. Arbutnot for a General Plan Amendment to change the General Plan designation from Agricultural and P-R-3-D (Planned Residential 3 detached dwelling units per acre) to P-R-4-5-D (Planned Residential 4.5 dwelling units per acre) on a 16+/- acre parcel of land located on the south side of Base Line Road, east of Marshall Canyon Channel and north of the future freeway alignment.

B. An application by Occidental Research Corp., for a General Plan Amendment to change the General Plan designation from Official to Industrial on a 1.24+/- acre parcel of land located generally east of the Puddingstone Wash, between Arrow Highway and Puddingstone Drive.
C. An application by Hughes Development Corp., for a General Plan Amendment to change the General Plan designation from P-R-3-D (Planned Residential 3 detached dwelling units per acre) to P-R-4-5-D (Planned Residential 4.5 detached dwelling units per acre) on an 8.3+/- acre parcel of land located at the southwest corner of Base Line Road and Emerald Avenue.

D. An application for pre-zoning, initiated by the City of La Verne on the following described parcels:
1. A 7.2+/- acre parcel of land, owned by the City of La Verne, located westerly of Williams Avenue between Amherst Street and the westerly prolongation of Dartmouth Street to be pre-zoned P-R-3-D (Planned Residential 3 detached dwelling units per acre).
2. A 1.84+/- acre land mass consisting of four (4) separate parcels, located at the southeast corner of Bradford and Amherst Streets to be pre-zoned to P-R-3-D (Planned Residential 3 detached dwelling units per acre).
No. 2080

E. An application for a change of zone from A-1 (Limited Agricultural) to P-R-3-D (Planned Residential 3 detached dwelling units per acre) on a 5+/- acre parcel of land located on the north side of Bowdoin Street between Emerald Avenue and the Emerald Wash.
No. 2081
All maps and information pertinent to the above applications are on file in the office of the City Clerk. Any person interested in the above proceedings may appear at the time and place indicated to testify in support of or in opposition to the subject application.
DATED: June 28, 1976
RUTH S. HOGAN
City Clerk
La Verne Leader 4940
Publish: July 22, 1976

NOTICE OF HEARING ON PROPOSED CHANGE OF ZONE FOR ALTA LOMA AREA

NOTICE IS HEREBY GIVEN that the Board of Supervisors of the County of San Bernardino, State of California, will hold a public hearing on the petition of Dominion Capital Corp., requesting that a portion of the unincorporated area of said County, hereinafter described, be rezoned from R-1-1 (Single Family Residence with 1 acre minimum parcel size) to R-1-20-000 (Single Family Residence with 20,000 square feet minimum parcel size), as said zones are described in Title 6, Division 1, Chapter 2, of the San Bernardino County Zoning Code, and/or such other zone classifications as the Board of Supervisors deems appropriate after public hearing. Said proposed rezoning has been recommended to said Board of Supervisors by the Planning Commission of said County for change of zone to R-1-20-000-T (Single Family Residence with 20,000 sq. ft. minimum parcel size Transitional).
SAID HEARING will be held on MONDAY, AUGUST 2, 1976 at 3:00 p.m., by said Board of Supervisors at its regular meeting place in the County Civic Bldg. (second floor), 175 West Fifth Street, San Bernardino, California, when and where all interested persons may appear and be heard. Said proceedings are being conducted in accordance with Title 6, Division 1, Chapter 2, of San Bernardino County Zoning Code, as amended.
The unincorporated area hereinabove referred to and affected by said proceedings is located in the Alta Loma area and is described as:
Ptn. NE1/4 & ptn SE1/4, SE1/4 Section 22, T1N, R7W, S2M, GENERALLY LOCATED WEST SIDE OF ARCHIBALD AVE., APPROX. 1/2 MILE NORTH OF WILSON AVENUE, Tentative Tract No. 9333, consisting of 44 lots on 27+ acres.
Detailed maps showing the proposed zoning are on file in the office of the Clerk of the Board of Supervisors (175 W. Fifth St.) and the County Planning Commission (1111 E. Mill St., Bldg. No. 1), San Bernardino, California.
LEONA RAPOPORT,
Clerk of the Board of Supervisors
By Esther Hockenbraugh,
Deputy
Clerk, Board of Supervisors
175 W. 5th St.
San Bernardino, CA 92415
Telephone 383-1918
Cucamonga Times 2145
Publish: July 22, 1976

FICTITIOUS BUSINESS NAME STATEMENT

The following persons are doing business as:
MONTCLAIR MEDICAL SQUARE, 4950 San Bernardino Street, Montclair, California 91763.
National Medical Enterprises, Inc., a Nevada corporation.
This business is conducted by a corporation.
NATIONAL MEDICAL ENTERPRISES, INC.
/s/ John C. Bedrosian
Secretary
This statement was filed with the County Clerk of San Bernardino County on June 30, 1976.
File No. FBN 16296
Expires Dec. 31, 1981
Montclair Tribune 3106
Publish: July 15, 22, 29, Aug. 5, 1976
525468

PUBLIC NOTICE

NOTICE OF TRUSTEE'S SALE

NO. 1-71-76082

On Friday, August 6, 1976, at two o'clock p.m., at the Northern Entrance to the County Courthouse, in the City of San Bernardino, California, UNITED CALIFORNIA BANK, Trustee under the Deed of Trust made by Ross P. Lansing and Doris H. Lansing, husband and wife, and recorded July 5, 1972, in Book 7970, Page 61 of Official Records of San Bernardino County, California given to secure an indebtedness in favor of Alexander E. Cymrot, by reason of the breach of certain obligations secured thereby, notice of which breach was recorded March 26, 1976, in Book 8892, Page 28, of said Official Records, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States at the time of sale, without warranty as to title, possession or encumbrances, the interest conveyed to and now held by said Trustee under said Deed of Trust in the property situated in San Bernardino County, California, described as: The North 1/2 of Lot 21, Section 13, Township 1 South, Range 7 West, San Bernardino Base and Meridian, according to Cucamonga Lands, as per plat recorded in Book 4 of Maps, page 9 records of said County. Excepting therefrom the Westerly 101 feet thereof.
The street address and other common designation, if any, of the real property described above is purported to be: Haven Avenue and Fourth Street, Ontario, California.
The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein, for the purpose of paying obligations secured by said Deed, including fees, charges and expenses of the Trustee, advances, if any, under the terms of said Deed, interest thereon, and \$50,000.00 in unpaid principal of Note secured by said Deed with interest thereon from September 1, 1975, as in said Note provided.
DATED: June 30, 1976
UNITED CALIFORNIA BANK,
Trustee
/s/ HAROLD S. BAUER
Cucamonga Times 2134
Publish: July 6, 15, 22, 1976
5-27768.

The City of San Dimas hereby notifies all bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, sex or national origin in consideration for an award.
Proposals must be submitted on the form prepared and furnished for that purpose, which may be obtained at the San Dimas City Hall, City Clerk's Office.
The City Council reserves the right to reject any and all bids received and to compare the relative merits of the respective bids and to choose that which in the opinion of said City Council will best serve the interests or needs of said City and to take all bids received under advisement for a period of not to exceed sixty (60) days, after the declaration thereof.
This notice is hereby given and published by order of the City Council of the City of San Dimas, California and is dated this 15th day of July, 1976.
RUTH V. FOSTER
City Clerk
City of San Dimas,
California
San Dimas Press 4465
Publish: July 22, 29, 1976

PUBLIC NOTICE

CITY OF SAN DIMAS PURCHASE OF MOTOR VEHICLES

NOTICE INVITING BIDS

NOTICE IS HEREBY GIVEN that the City Council of the City of San Dimas, County of Los Angeles, State of California, hereby invites sealed proposals or bids for the furnishing of motor vehicle equipment, as outlined on the attached proposal sheets, to the City of San Dimas.
Said proposals or bids shall be delivered to the City Clerk of the City of San Dimas on or before 10:00 A.M. of the 4th day of August, 1976, at the office of the City Clerk, City Hall, 245 East Bonita Avenue, San Dimas, California. The City Clerk will at said time, in open session received and open, examine and declare said bids.
The City of San Dimas hereby notifies all bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, sex or national origin in consideration for an award.
Proposals must be submitted on the form prepared and furnished for that purpose, which may be obtained at the San Dimas City Hall, City Clerk's Office.
The City Council reserves the right to reject any and all bids received and to compare the relative merits of the respective bids and to choose that which in the opinion of said City Council will best serve the interests or needs of said City and to take all bids received under advisement for a period of not to exceed sixty (60) days, after the declaration thereof.
This notice is hereby given and published by order of the City Council of the City of San Dimas, California and is dated this 15th day of July, 1976.
RUTH V. FOSTER
City Clerk
City of San Dimas,
California
San Dimas Press 4465
Publish: July 22, 29, 1976

PUBLIC NOTICE

NOTICE TO CREDITORS

(Secs. 6101-6107 U.C.C.)

A bulk transfer is about to be made.

The names and business addresses of the transferor are: Oral W. Flora - SS No. 552-28-3780 and Caroline H. Flora - SS No. 547-22-7814, 1733 3rd Street, La Verne, California 91750.

The names and business addresses of the transferee are: John Robert Wigginton - SS No. 511-22-0043, and Joyce L. Wigginton, SS No. 528-38-5024, 2230 "D" Street, La Verne, California 91750.

All other business names and addresses used by the transferor within three years last past so far as known to the transferee are: SAME.

The location and general description of the property to be transferred are: All stock in trade, fixtures, inventory and good will of that certain Men's Clothing and Accessories business known as Oral's Cuff & Collar, located at 2230 "D" Street, La Verne, California 91750, Los Angeles County.

The place, and the date on or after which, the bulk transfer is to be consummated are: Bank of America NT & SA, 135 West Bonita Avenue, San Dimas, Los Angeles County, State of California, on or after July 30, 1976.
DATED July 8, 1976.
/s/ ORAL W. FLORA
/s/ CAROLINE H. FLORA
Transferor
/s/ JOHN ROBERT WIGGINGTON
/s/ JOYCE L. WIGGINGTON
Transferee

Bank of America
San Dimas No. 185
135 West Bonita Avenue
San Dimas, California 91773
Escrow No. 185-3655
La Verne Leader 4941
Publish: July 22, 1976

PUBLIC NOTICE

CITY OF SAN DIMAS NOTICE OF PUBLIC HEARING

SUBJECT: Zone Change Case No. 173

PROPERTY LOCATION: South side of Via Verde between Camino Del Sur and Camino Del Cerritos (Tentative Tract No. 32818), consisting of 7+/- acres.

PROPOSAL: Request for a change of zone from SF-15,000 (Single-Family Residential, 15,000 square foot minimum lot size) Zone to SF-7,500 (Single-Family Residential, 7,500 square foot minimum lot size) Zone.

PUBLIC HEARING LOCATION: San Dimas City Hall, Council Chambers, 245 East Bonita Avenue, San Dimas, CA 91773.

HEARING TIME: WEDNESDAY, AUGUST 4, 1976, 7:30 p.m.

A detailed description of the subject change of zone is on file in the Planning Department at City Hall. If you would like more information about this proposed amendment prior to the public hearing, please contact Pay Meyer, Ron Smith, or Mark Goldberg in person or by phoning 599-6713 and asking for information on Zone Change Case No. 173.

The Planning Commission is requesting your participation. If you are unable, or do not desire to attend, you may submit written comments in favor or in opposition to the proposal to the Planning Department at City Hall (245 East Bonita Avenue, San Dimas, CA 91773).

Donald G. Haefler,
Chairman
Planning Commission
City of San Dimas
July 19, 1976
San Dimas Press 4469
Publish: July 22, 1976

PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as:

INLAND WEST PSYCHIATRIC MEDICAL GROUP, 933 South Sunset, Suite 204, West Covina, California 91790.
Gary J. Voorman, M.D., 1663 North 1st Avenue, Upland, California 91786.
This business is conducted by an individual.
/s/ GARY J. VOORMAN, M.D.
This statement was filed with the County Clerk of Los Angeles County on July 16, 1976.
File No. 78-37463
San Dimas Press 4470
Publish: July 22, 29, Aug. 5, 12, 1976

PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as:

MONTES DIE AND ENGINEERING, 4752 Building C, Mission Blvd., Ontario, California 91761.
Charles Montes, 7570 Leucite, Cucamonga, California 91730.
This business is conducted by an individual.
This statement was filed with the County Clerk of San Bernardino County on June 30, 1976.
File No. FBN 16295
Expires Dec. 31, 1981
Montclair Tribune 3107
Publish: July 15, 22, 29, Aug. 5, 1976
525460

FOR YOUR INSPECTION

PRICED REDUCED

this is a wonderful opportunity for the handy man. Just a little fixing up and you will have a lovely 3 bedroom, 1 1/2 bath home with POOL. Owner anxious. NOW ONLY \$32,500.

EXECUTIVE SPECIAL

Elegance and charm will beset you as you enter this custom built home in San Antonio Heights. Features 4 bedrooms, 3 1/2 baths, 2 fireplaces with electric BBQ. All the amenities you could wish for including private office, 2 1/2 car finished garage. The entry gardens with reflection pool are professionally landscaped. Assumable loan. \$87,000.

TOP OF THE WORLD

Heaven for horses and people - situated on 1/4 acre high in San Antonio Heights with spectacular view of the valley and even CATALINA (somedays). This modern contemporary 4 bedroom home highlights wall of glass, 10' wood beamed ceilings, & quality carpeting throughout. It's custom built and one of a kind. \$130,000.



WHEELER STEFFEN GARRISON
REALTORS
733 W. FOOTHILL, UPLAND
REMEMBER 982-1595 ANYTIME
MEMBER HOMES FOR LIVING NETWORK

CALL FOR FREE APPRAISAL Without Charge or Obligation

UPLAND Area

OPEN SUNDAY 1-5 PM \$56,500

1316 N. San Antonio, Upland
In one of Upland's finest neighborhoods, we are proud to hold this lovely home. Open for your viewing convenience on Sunday. Over 2100 Feet of living comfort with custom features everywhere. DRIVE BY NOW!

JUST REDUCED \$86,950

EXTRA Large 5 Bedroom Home on quiet cul-de-sac Street, in excellent North Upland Area. Beautiful Florida type lanai with three walls of glass overlooking a fine heated filtered Swimming Pool. This Home is ideal for your large family or executive entertaining. Call for details today!

POMONA VALLEY Area

HOT SPOT \$62,000

Prime corner location with about 1 Acre. 2300 Feet of rambling older Home complete with professional zoning. Potential for Business use is unlimited. Great opportunity for investor with an eye to the future.

FREEWAY CLOSE \$27,950

Good location in prime Pomona Area north of Lincoln Park. Assume existing LOW interest loan with payments much less than rent. 3 Bedrooms and 2 full baths, complete with a large family room. Just listed! CALL NOW!



In appraising property MAGNUM includes EVERYTHING!

magnum
CALL NOW

1919 FOOTHILL La Verne

593-7555

9464 FOOTHILL Cucamonga

987-8988

We can GUARANTEE to sell your property or we will buy it OURSELVES!!

Take the questions and risk out of Buying or Selling! Buy with the confidence of knowing you won't end up with (2) Homes or lose the Home you're buying with needless contingencies. CALL TODAY AND FIND OUT ABOUT OUR GUARANTEED SALES PROGRAM.

V.A. APPRAISED \$39,950

Already appraised at listed price this Home is truly extraordinary. The Spacious rooms, the IMMACULATE condition plus built-in everything makes this an outstanding opportunity. Excellent East Valley location. Don't Wait! CALL NOW

LAKE ELSINORE Area

LAKE ELSINORE \$22,500

Lovely retirement Home near Lake. Very large lot . . . 2 Bedrooms, nice for 2nd Home or retirement. Call for details today!

SAN DIMAS Area

NEAR NEW \$39,000

4 Bedroom planned unit development only 100 Ft from swimming pool and recreational facilities. Truly an ideal set-up, with all the fun and no work. No sign up yet! DON'T MISS OUT! Call now!

CATRON MOTORS, Inc.

Open Sundays "Serving YOU Since '52"

The ALL NEW 1977 Porsche 924 is Here!!

COME IN FOR A DEMO RIDE . . . The Price is right

Sales — Leasing • Porsche • Audi • Subaru

NEW CAR DEPT. 800 E. Holt, POMONA 629-9761 629-9765

USED CAR DEPT. 700 E. Holt, POMONA 629-5796

74 COURIER Pickup Automatic, Heater, White in color. HARD TO FIND . . . Extra Nice! Lic 89735X \$2776

73 DATSUN Coupe 4 Speed AIR CONDITIONED, AM/FM Stereo. Red with white vinyl top. LOW Mileage. Lic 701HHN \$2576

74 MONTEGO Brougham 2 Door Hardtop Automatic, AIR CONDITIONED, Power Steering, Brakes, Individual from seats and Vinyl Roof. You'll LOVE it! Lic 284NJB \$3576

74 VOLKSWAGEN 4 Speed Heater, and cassette player. Light blue. Great Economy. Lic 154KRR \$2476

70 VOLKSWAGEN Convertible. Stick, Automatic, Radio, Heater, Orange with black top. SHARP CAR! Lic 614BRB \$1876

72 FIREBIRD Esprit Automatic AIR CONDITIONED, Power Steering, Brakes, Silver with black Vinyl Roof. Lic 229FKC \$3376

74 PLYMOUTH Custer 2 Door Hardtop 6 cyl, economy with popular stick shift. Radio, Heater. ONLY 20,000 miles. Lic 083KEE \$2276

74 DATSUN 710 4 Door Automatic, Radio, Heater and mags. Nice family car. Lic 409HKD \$2576

CLASSIFIED & LEGALS

PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE	PUBLIC NOTICE
CITY OF SAN DIMAS NOTICE OF PUBLIC HEARING SUBJECT: Zone Change Case No. 17 PROPERTY LOCATION: An irregularly-shaped parcel of land consisting of 4+/- acres situated on the west side of Amelia Avenue between Highland Place and the Atchison, Topeka and Santa Fe railroad tracks, in the City of San Dimas. PROPOSAL: Request for a change of zone from M-1 (Light Manufacturing) to MF-15 (Multiple Family, 15 dwelling units per acre) for development of an apartment project in conjunction with the 14 acres to the east. PUBLIC HEARING LOCATION: San Dimas City Hall, Council Chambers, 245 East Bonita Avenue, San Dimas, CA 91773. HEARING TIME: WEDNESDAY, AUGUST 4, 1976, 7:30 P.M. A detailed description of the subject change of zone is on file in the Planning Department at City Hall. If you would like more information about this proposed amendment prior to the public hearing, please contact Pat Meyer, Ron Smith, or Mark Goldberg in person or by phoning 599-6713 and asking for information on Zone Change Case No. 17. The Planning Commission is requesting your participation. If you are unable, or do not desire to attend, you may submit written comments in favor or in opposition to the proposal to the Planning Department at City Hall (245 East Bonita Avenue, San Dimas, CA 91773). Donald G. Haefler, Chairman, Planning Commission City of San Dimas July 19, 1976 San Dimas Press 4468 Publish July 22, 1976	FICTITIOUS BUSINESS NAME STATEMENT The following person is doing business as: BEN LITTLE'S TIME AND DECOR, 4761 Holt Blvd., Montclair, CA 91763. Robert Lee Swart, 7299 Midhurst Dr., Highland, CA 92346. This business is conducted by an individual. /s/ROBERT L. SWART This statement was filed with the County Clerk of San Bernardino County on July 9, 1976. File No. FBN 16381 Montclair Tribune 3109 Publish July 15, 22, 29, Aug. 5, 1976	NOTICE OF INTENTION TO DISPOSE OF PERSONAL PROPERTY NOTICE IS HEREBY GIVEN THAT a public auction of personal property will be held on Monday, August 9, 1976, at 10:00 AM, for the disposal of garage contents located at 9886 Helena Avenue, city of Montclair, county of San Bernardino, state of California. Questions regarding the above procedure should be directed to Bernice Y. Green, c/o Erwin, Anderholt & Scherrotter P.O. Drawer H, Indio, California 92201. Montclair Tribune 3113 Publish: July 22, 29, Aug. 5, 1976	FICTITIOUS BUSINESS NAME STATEMENT The following person is doing business as: ACCENT ON BEAUTY, 9484 Lomita Dr., Alta Loma, Calif. 91701. Towana Claudine Combs, 9892 La Vina St., Alta Loma, Ca. 91701. This business is conducted by an individual. /s/ TOWANA COMBS This statement was filed with the County Clerk of San Bernardino County on July 7, 1976. File No. FBN 16387 EXPIRES Dec. 31, 1981 Cucamonga Times 2136 Publish July 15, 22, 29, Aug. 5, 1976	FICTITIOUS BUSINESS NAME STATEMENT The following persons are doing business as: M & N DRIVE IN DAIRY, 105 E. Arrow Highway, San Dimas, 91773. Fouad D. Nassar, 15252 Adams Dr., Baldwin Park, Calif. 91706 Stephen Maroun, 438 S. Fremont No. A, Alhambra, Calif. 28018 This business is conducted by a general partnership 1/2 per cent. /s/ FOUAD D. NASSAR This statement was filed with the County Clerk of Los Angeles County on June 17, 1976. File No. 76-33359 San Dimas Press 4462 Publish: July 1, 8, 15, 22, 1976	FICTITIOUS BUSINESS NAME STATEMENT The following person is doing business as: DIAMOND BAR CUSTOM DRAPES at 22914 Dry Creek Rd., Diamond Bar, Calif. 91765. Patricia Ann Pagel, 22914 Dry Creek Rd., Diamond Bar, Calif. 91765. This business is conducted by an individual. /s/ PATRICIA ANN PAGEL This statement was filed with the County Clerk of Los Angeles County on June 16, 1976. File No. 76-32871 San Dimas Press 4461 Publish: July 1, 8, 15, 22, 1976	CITY OF MONTCLAIR NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that a public hearing will be held before the Montclair City Council on Monday, August 2, 1976, at 7:30 p.m. in the Council Chambers of City Hall, 5111 Benito Street, Montclair, California, concerning a proposed ordinance entitled: "AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF MONTCLAIR AMENDING SECTION 9-4.701 OF ARTICLE 7 OF CHAPTER 4 OF TITLE 9 OF THE MONTCLAIR MUNICIPAL CODE RELATING TO SINGLE	FAMILY RESIDENTIAL ZONES (R-1)" Any person interested in the proceedings may appear at the time and place indicated above and testify in favor of or in opposition to the proposed ordinance. All pertinent data may be inspected at the office of the City Clerk any time prior to the public hearing. Dated: July 19, 1976 GERTRUDE L. HILL City Clerk Montclair Tribune 3112 Publish: July 22, 1976

Century 21

Over 2300 offices
Nationwide to serve you!!!
REAL ESTATE

EXCELLENT VALUE
4 bedroom 1 1/2 bath family room fireplace Forced air heat CAC, built-in carpet & Drapes Dishwasher see this sharp home Price \$42,900 Ont. CALL 988-6421 D-50

SHARP HOME
See this near new home with 4 bedrooms Family room 1 1/2 bath built-in dishwasher Forced air heat CAC, fireplace landscaped Front and rear with sprinklers plus Doughboy Pool. Price \$47,000 CALL 988-6421 D-51

EXTRA SPECIAL
Beautiful well kept home with 1500 Sq. Ft. has 3 bedrooms 1 1/2 bath built-in Dishwasher fireplace forced air heat Landscaped front and rear with sprinklers Covered patio close to schools and shopping Price \$37,500 CALL 988-6421 D-52

PRICED RIGHT
Nice 4 bedroom home with 1 1/2 bath forced Air heat landscaped, and fenced close to Schools and shopping. Price \$30,000. CALL 988-6421. D-52

A PERSONAL INVITATION
May we have the pleasure of your company so that we may show you this lovely 2 Story home that we have just listed in a most desirable area of North Upland. Space will not permit us to adequately describe this 5 bedroom home with large family room, C.A.C., lovely POOL and Patio, and much, much, more. Call for appointment. \$73,900. List No. S-233. CALL 985-0918

LIVE IT UP
There's 2400 sq. ft. of LIVING in this lovely 4 bedroom Upland home with Family Room, 15x20 Rec. Room, formal dining, C.A.C., luxurious Master Bedroom, and heated POOL. Call now, see this well decorated home. \$69,500. List No. S-206. CALL 985-0918.

ROOM TO G-R-O-W
LOOKING for a 5 Bedroom, 2 Story home in N.W. Upland with family room, formal dining, 3 1/2 baths, C.A.C., and large pool sized yard? Then call to see this at \$69,500. List No. S-202. CALL 985-0918.

NORTH UPLAND
Beauty above Foothill with real hwd floors, 15x25 covered patio with BBQ, 3 bdrms., 1 1/2 baths, built-in range & oven and dishwasher. Fireplace & cent air, separate laundry & sewing rm. Hurry won't last. Only \$49,950. A-98D. CALL 987-6343

IMMACULATE 2 STORY
With 2200 sq. ft., 4 bdrms., 2 ba., all the kitchen built-ins. Gigantic family rm. Beautiful fireplace & CAC. Huge lot enclosed with a block wall, landscaped with sprinklers front & rear. Priced for fast sale at only \$56,900 A-56D CALL 987-6343

SPLIT LEVEL
3 bdrm. home with 1 1/2 ba. + 1/2 ba. Huge corner lot with plenty of off street parking for R.V.s & boat. Kitchen has all the built-ins with separate dining area off kit. C.A.C., used brick fireplace. Huge fam rm with bar & office. Separate laundry rm, breezeway & screened patio. Only \$59,900 A-19D CALL 987-6343

NW ONTARIO
New property posting, 4 bdrms., 1 1/2 ba., bttin R & O & dishwasher, cent air conditioning, Swedish fireplace, covered patio. Won't last at this low price. A-15D \$35,500. CALL 987-6343

A BEAUTIFUL ATRIUM
Greets you as you enter this lovely 4 bedroom, 1 1/2 bath home in an excellent location in Cucamonga. Plenty of room for a large family. Lots of extras too. We'll be happy to arrange an appointment for you. Only \$35,500. FHA/VA CALL 983-0455 T-60-D

CONDO
Lovely 2 bedroom in one of Upland's best areas - pool, CAC, all built-ins. Only 3 1/2 years young. Hurry on this one! Only \$27,500. CALL 983-0455 T-56-D

VA ASSUMABLE
3 bedrooms, 1 1/2 bath, CAC, fireplace, large covered patio. Super. Super sharp in a good neighborhood. Close to school and shopping. All this for only \$34,000. CALL 983-0455 T-55-D

HAWTHORNE SCHOOLS
3 bedroom home with fully assumable loan. Plenty of room for RV parking. Close to Chaffey High and Vina Danks. \$35,500. T-65. CALL 983-0455

SWIM WHILE IT SIZZLES
This home offers you a pool to enjoy and cool off with a nice cool swim! 3 bedroom home with over 2,000 sq. ft. of living space, with family room, den, dining room. Room to park your boat or trailer. \$45,000. U-59 CALL ANY TIME 985-2771

SPARKLING PRETTY
Freshly painted inside & outside in soft colors. Newly carpeted. Spacious 3 bdrm. home with open-flowing floor plan. Ready to move-in. Close to shopping & Upland schools. \$35,000. U-85 CALL ANY TIME 985-2771

RURAL SOLITUDE
lands a peaceful setting for this 3 bdrm. home situated in the mountains on 2.9 acres. Comes with separate dining room, family room. Has corral & stalls \$75,000. U-82 CALL ANY TIME 985-2771

COUNTRY CHARM
Is abundant in this 4 bdrm. home high in the foothills. Comes with family room, dining area, formal dining room & central air. Pool with sweeper & heater. Fruit trees, Corral for your horses. \$96,000. U-88 CALL ANY TIME 985-2771

NEW FRONTIER
This newly listed Etiwanda home is in an area that is just beginning to develop. 3 bedrooms, a large family room and dining room are part of the 1485 sq. ft. of living area. A block wall encloses the back yard and has quiet country atmosphere with all advantages of having close friendly neighbors. \$44,950. H-193 CALL 987-1704

THREE BEDROOM & DEN
Home in nice Cucamonga neighborhood. This may be what you've been looking for if you're the discriminating buyer with small children. This home features a covered patio, fireplace, built-in oven & range and fencing around the rear yard. \$35,500. H-190 CALL 987-1704

SUPER DELUXE HORSE PROPERTY WITH SPARKLING HEATED POOL
This home is for the discriminating buyer desiring all the luxuries. This 3 year new home with 2285 sq. ft. has 4 1/2-bd bedrooms & 2 full baths, plush carpets & drapes. Located in prestigious area of Alta Loma with tree lined riding trails, 2 cozy fireplaces and central air. Huge covered patio & beautiful landscaping and much more. Enjoy the better life. Call now. \$75,000 H-192. CALL 987-1704.

POOL SIDE
Back & swim in this 15x30' solar heated pool. Also this home is sharp! It has 3 bdrms., 1 1/2 ba, covered patio, fenced yard, quiet street & real good NE Ontario area. Many extras. Low down FHA, closing costs only \$1. M 69. \$34,900. CALL 621-4993

DIAMOND BAR VIEW
Is FANTASTIC! This home has 4 bdrms., 1 1/2 ba., family room, built-ins, carpets & drapes, fireplace, dishwasher, fenced yard & shows tender loving care. Priced for fast sale! M 70 \$46,500 CALL 621-4993

NE ONTARIO
What a lovely young home this is! It has 4 bdrms., 1 1/2 ba., built-ins, dishwasher, carpets & drapes, fireplace, patio, & fenced yard. Low down FHA, closing costs only \$1. M 68. \$37,000. CALL 621-4993

ALTA LOMA HI
Above Baseline, in excellent area. This home has 3 bdrms. (one used as den), 1 1/2 ba., wall AC, built-ins, fireplace, carpets & drapes, block fenced yard, enclosed patio, dining room, & corner lot. Low down FHA, closing costs only \$1. M 61 \$35,000. CALL 621-4993

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We're National But We're Neighborly

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REALTOR

ONTARIO
HANSON
REALTY
855 N. Mountain
988-6421

UPLAND
VIRGINIA SMITH
REALTY
1043 W. Foothill
985-0918

CUCAMONGA
HEMBREE REALTY
The "A" frame on Foothill
8746 Foothill
987-6343

ONTARIO
TOM SHIRLEY
REALTY
802 N. Euclid
983-0455

UPLAND
CALIF. PREFERRED
PROPERTIES
UPLANDER HOTEL
985-2771

ALTA LOMA
REALTORS
8649 Baseline
987-1704

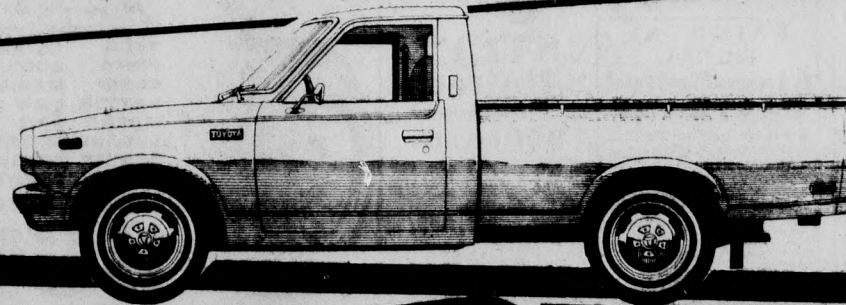
MONTCLAIR
CENTRAL
REALTORS
10368 Central
621-4993

YOU ASKED FOR IT . . .
WE'VE GOT IT!

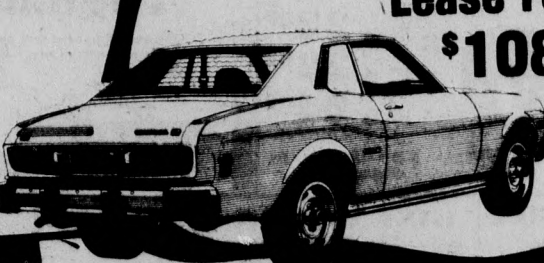
TOYOTA



'76 CORONA 2-door
\$190 DN. \$105.33 MO.
48 mos. APR 15.95 Cash Price \$3600 + T.&L. Deferred Price \$5245.84 On Approved Credit. No. RT105-029511



1/2 TON PICKUP
\$174 DN. \$99.64 MO.
48 mos. APR 15.95 Cash Price \$3400 + T.&L. Deferred Price \$5245.84 On Approved Credit. No. RN23-034357



'76 CELICA ST
Lease For:
\$108.12 Per Month
Equipped with Rally Deck Rack, Carpet Protectors, Door Guards, Side Moldings, AM/FM Radio, 4-speed Trans., Air Conditioning & Speed Breaker. No. RA24-030664
36 mo. Open End Lease \$108.12 + Tax Down (Pre-Rated) Cap Cost \$5100 Residual Value \$2605 Comparable Low Rates On All Toyotas.

'76 COROLLA
2-door
\$88 DN. \$83.70 MO.
48 mos. APR 15.95 Cash Price \$2800 + T.&L. Deferred Price \$4105.80 On Approved Credit. No. TE31-173859



'73 CHARGER SE
Beautiful Car with Vinyl Roof, Power Windows. Lic 740JLQ

'74 AUDI Fox
4 Speed Trans. Air Conditioning. Hard to Find, Like New! Sunroof. Lic 939KPY
\$3495

'74 DATSUN B210
Sport Coupe, Near Little Blue Car w/Automatic Trans. Lic 613KGG
\$1995

'73 PLYM Cust. Sub.
Stationwagon, V8, Automatic Trans, Extra Nice Metallic Brown, Family Wagon. Lic 628GWM
\$2195

'74 CAMARO
Automatic Trans., Air Conditioning, Low Miles, Double Sharp! 860LOE
\$4495

'73 FORD Pinto
2 Door, Bright Red with Black Vinyl Roof. Lic. 117-GVB
\$1595

'70 CHEVY 3/4 Ton
Pickup, V8, Automatic Trans, Factory Air, Power Steering, Camper. Lic 81715G
\$3295

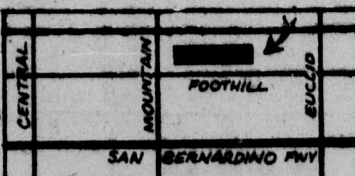
'75 CHEVY Van
V8, Stereo Radio, Automatic Trans, Carpeting, Paneling, Special Paint. Lic 93750Z
\$5695

'75 PLYMOUTH Scamp
6 Cylinder, Automatic Trans, Air Conditioning, Power Steering, Extra Clean! Lic 864HYM
\$3395

'75 FORD
Pickup, V8, Standard Trans, Air Conditioning, Beautiful Bright Orange. Ser No. 1A93178
\$4495

1151 W. FOOTHILL BLVD.
UPLAND 985-9701

TOYOTA



SERVICE DEPARTMENT
NOW OPEN TUES & THURS. TILL 9:00 P.M.
For Your Convenience

Dick and Jane — again

standards. Guess which agency the official works for?

Not to be outdone, that other diligent guardian of our safety (if not our sanity), the Consumer Product Safety Commission, is still laboring away trying to write a standard that will prevent matches from burning your fingers (or much of anything else). But not to worry: In three years, it has managed to produce only one standard, dealing with swimming pool slides.

That's enough for now, folks. Keep smiling through your tears. And until we meet again, try hard not to fall into those manure pits.

Walking advised

Improve your circulation by walking briskly each day, advises the American Heart Association.

**FICTITIOUS BUSINESS
NAME STATEMENT**
The following persons are doing
business as:
DIAMOND BAR ESCROW
COMPANY, INC., 230 South
Diamond Bar Blvd., Diamond Bar,
CA 91765.
Rex Reason, 20105 Rhapso-
dy Drive, Walnut, California, 91789.
Dell Gares, 533 E. Poviendence
Apt. 8, Burbank, California 91501.
This business is conducted by
general partnership.
/s/ REX REASON
This statement was filed with the
County Clerk of Los Angeles County
on July 7, 1976.
File No. 76-36087
San Dimas Press 4464
Publish: July 22, 29, Aug. 5, 12, 19
S 25901

**OPEN 7 DAYS A WEEK
DAILY 8:30-9
WED. 8:30-7 SUN. 9-6**

K C. BLOOME